

THE MICHIGAN BANNER

Leading in Diversity

“Empowering Communities and Changing Lives”



Congratulations
P 2



Community Legacy
P 3



Congratulations
P 4



DHS Releases...
P LB 3



STEMpowered
P 16

Impact Saginaw

Family FUN DAY

AUG 9th, 2015

FREE Family Fun Day
with **inflatables,**
games & activities
for all ages!

Sunday, August 9th
1:00 - 4:00pm
FirstMerit Bank Event Park

FREE

Impact Saginaw consists of local credit unions that help support & showcase positive events in the city of Saginaw and the downtown area.
For information on our Family Fun Day & other great events, visit ImpactSaginaw.org

We are Celebrating 13 Years of POSITIVE NEWS!



David Hall

There is an old Spanish proverb that says, "If you want something done right, do it yourself." You conceived the idea and executed with professionalism. As a result, today, we have a Michigan Banner Newspaper that is community oriented and growing.

Congratulations on your 13th anniversary. All the best in all of your future endeavors.

David M. Hall, Ph.D.
Retired U.S. Air Force Brigadier General



Lisa Coney

The Michigan Banner has become a valuable and constant form of communication and priceless resource in our community. Thank you for continuing to report the positive, inspiring, and enlightening news while educating our community on vital issues.

Congratulations and Happy 13th Anniversary I wish you continued success!

Lisa Coney, Project Manager Safe Schools Healthy Students
Saginaw Public School District

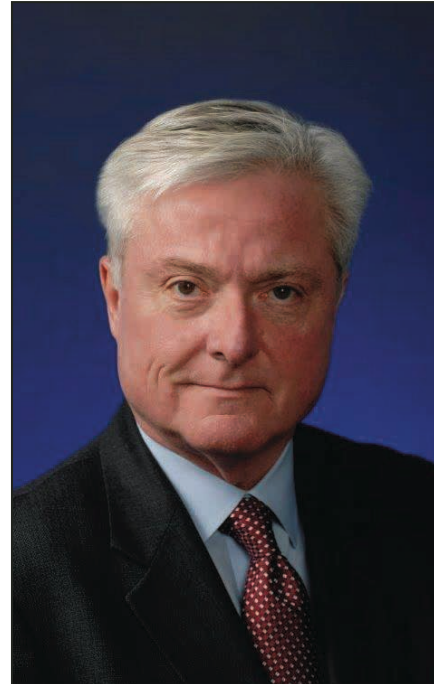


Michael T. Marsh

Congratulations to the Michigan Banner on your 13th anniversary. The Banner has been a valuable information resource for the citizens of Mid-Michigan for all of these years, with its in-depth coverage of local events and local citizens.

Keep up the excellent work, Jerome. I look forward to many more years of success in the future, as you continue your mission.

Michael T. Marsh, Attorney



Mike Hanley

Congratulations and thanks to the Michigan Banner for 13 years of great service to the Saginaw area! There have been many changes in our local print media landscape over the last 13 years, and the Banner has emerged as a major outlet for news coverage, from current events to deep analysis of challenges and opportunities that present themselves to our local communities, state and nation.

Editor and Publisher Jerome Buckley and his staff deserve great credit for this publication's emphasis on positive coverage, and also on promoting causes from youth leadership development to broad economic growth to move greater Saginaw forward.

Thanks for shining light where there's darkness and relentlessly reminding all of us about the great opportunities to work together for community progress! Keep up the great work!

Mike Hanley
Chair, Saginaw County
Board of Commissioners



Karen L. Lawrence-Webster

Congratulations to Jerome Buckley and the Michigan Banner on 13 years of bringing relevant news and information to the greater Saginaw community.

As a Delta College Board of Trustee, the printed press is a valuable source to inform and educate our citizens and keep elected officials accountable. Stay true to the community and the community will stay true to you.

Karen L. Lawrence-Webster, CPA

The Michigan Banner

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Sales

Staff

Mission:

The Michigan Banner operates and serves as a print and online media venue committed to educating, informing and enlightening our readership regarding events and news that directly and indirectly affect the communities regionally and globally. Furthermore, to serve as a catalyst and a link for cultivating young adults as entrepreneurial and business leaders for the future.

Disclaimer:

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Remembering a Community Legacy, Sr. Lois Ann Sheaffer



Sr. Lois and Mr. MacMillan at a Saginaw Shiawassee Habitat for Humanity Build Site.

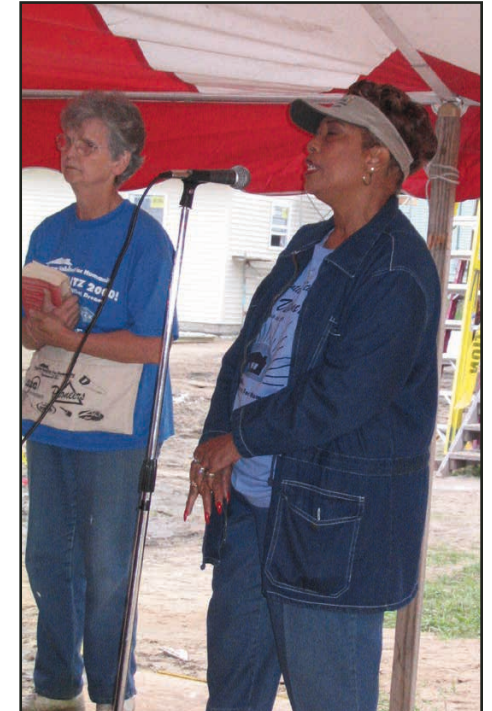
Photo Credit: Saginaw Shiawassee Habitat for Humanity

Saginaw - Sr. Lois Ann Sheaffer began her work with Saginaw Habitat for Humanity as Family Relations Coordinator part-time in October, 1998 and became full-time one year later, serving faithfully through April, 2008.

She believed intensely in the mission of Habitat for Humanity and even after leaving the ministry for ministry in other areas of the community, Sr. Lois continued to be available to volunteer in assisting families as needed.

Her leadership helped select and nurture more than 120 families for the process and demands of home purchase and homeownership and helped countless others prepare for that journey.

Sr. Lois' legacy will continue to be felt within Habitat for Humanity through all of the



Sr. Lois with Bobbie Davis at a Saginaw Shiawassee Habitat for Humanity Build Site

Photo Credit: Saginaw Shiawassee Habitat for Humanity

successful, mortgage-paying and tax-paying homeowners she served. Mortgages originated in 1998 are nearly paid-off now and payments from other homeowners continue to fund the work of our ministry.

Her thoughts, ideals and passion are things we value. We missed Sr. Lois the day she left our affiliate, but were comforted in knowing that she was still serving our community in her unique, tenacious and fearless way.

We thank God for asking her to serve Saginaw and for her moral compass that will continue to guide us.

Cameron Brady

Executive Director at Saginaw-Shiawassee Habitat for Humanity

In This Issue

We are Celebrating!	Page 2
The Latino Banner	LB 1 - LB 4
Business	Page 10
Education	Page 15
Health.....	Page 21
Praise Connections and Life	Page 29



Carol Cottrell

Congratulations on your 13th anniversary!

Thank you for providing a clear, objective view on the important news that impacts our community.

May the coming years bring you further success as you continue to inform our citizens and expand our awareness. Best wishes!!

Carol Cottrell, Director
 Covenant HealthCare Foundation



Lynn Schutter

Congratulations Jerome Buckley and the entire staff at The Michigan Banner for 13 years of service to our region. The Michigan Banner brings news, insight and a tremendously positive perspective regarding the events and happenings around our Great Lakes Bay region.

MMR has recently forged a relationship with Jerome and the Michigan Banner and value his outreach, perspective and friendship. We look

forward to our continued partnership and being a part of this important publication!

Lynn Schutter
 Director of Community Relations/Strategic Planning, MMR



Brian Booker

Congratulations on 13 years of supporting the concerns of the residents of Saginaw County. The safety and quality of life of Saginaw County residents is critical to our growth. I look forward to working with you and other grass root leaders as we strive for leadership by the book.

Brian Booker



Pastor Dempsey Allen

I want to take this opportunity to thank Mr. Jerome Buckley and the Michigan Banner for a banner year of news reporting and information sharing with the Saginaw and surrounding communities.

I always find interesting articles and thought provoking commentary in the Michigan Banner. We need this relevant accurate source of print media....it continues to validate us as community.

Pastor Dempsey Allen
 Jacob's Ladder



Jeri Darby

"I can always rely on the Michigan Banner for the spiritual, social and recreational pulse of the community. Your coverage serves the needs of every age group and you also provide cultural diversity.

Jerome Buckley you do an outstanding job of keeping us informed and elevating our thoughts to the good things occurring in our community every day. Congratulations for thirteen years of excellent service!"

Jeri Darby, Intake
 Great Lakes PACE

THE LATINO BANNER

Líder en la diversidad

Vamos Adelante

National Hispanic Christian Leaders Speak Out Against a Nuclear Iran



Rev. Samuel Rodriguez

The following is a statement from Rev. Samuel Rodriguez and Rev. Mario Bramnick:

Calif. - We stand at the brink. As leaders in the National Hispanic Christian Leadership Conference and the Hispanic Israel Leadership Coalition, we speak on behalf of more than 40,000 Hispanic evangelical churches.

The United States and other members of the “P5+1” – Britain, France, Germany, Russia and China – are currently negotiating with the Islamic Republic of Iran on an agreement to curtail its nuclear program. For more than 20 years, the United States and many of our allies have warned of Iran’s secret interest in building a nuclear weapons capability. The question today is whether we have the will to stop them.

Iran today threatens the United States,

our ally Israel and others in the Middle East. America is our country; Israel is our spiritual home. As Americans and Christians, we care deeply about both, and these two great nations represent the greatest hope for the future of the world.

The Iranian regime is an enemy of the very values we hold dear. Its venom spreads far and wide. At home, the Iranian government persecutes Christians, denying them the basic right to worship and often punishing them for doing so.

Iran spews forth anti-Semitic lies, crassly denies the Holocaust and calls Israel a cancer that must be destroyed. Beyond its borders, Iran is the chief state sponsor of terrorism, impacting both America and Israel. Iran supplied Iraqi insurgents with the weapons that killed and maimed American soldiers, and Iran-backed Hezbollah killed more Americans than any foreign terrorist group prior to 9-11.

An Iran with the ability to build nuclear weapons – even if it does not actually do so – is a global game-changer that puts all of us at risk. It is not acceptable.

The P5+1 agreement must prevent Iran from having any pathway to nuclear weapons. They must not waver at this precipitous moment. Rather, they must gather their strength and insist on an agreement that meets this goal. The Administration has said that no deal is better than a bad deal. Let’s hold them to their word.

Iran cannot be trusted. It has proven this again and again. It will make an agreement and then reinterpret it; it will break its promises on a pretense. Iran has a long history of manipulation and cheating – often playing a game of hide and seek with international atomic inspectors. Even after clandestine nuclear work has been

discovered, Iran has sought to cover it up.

We represent millions of evangelical Hispanic Christians across the United States who, like us, have a moral duty to fight anti-Semitism, support Israel and defend America. We have an obligation to speak out and tell the president and Congress not to allow Iran to have the ability to produce nuclear weapons. This is not a partisan issue; it is a moral imperative.

Any agreement with Iran must include five critical elements.

First, any agreement must provide the ability to know what Iran is doing through anywhere, anytime inspections. International inspectors must be able to access suspected nuclear sites, including military installations, on short notice. Otherwise, the entire agreement will fall apart, leaving Iran with safe havens for nefarious nuclear work.

Second, any agreement must require the Iranians to come clean, finally, on their past research and development efforts on nuclear weapons. Without this information, we won’t have a baseline from which to judge whether they are cheating (again) in the future.

Third, any agreement must provide sanctions relief over time and only after full, sustained compliance by Iran. The Supreme Leader and his cronies should not get a signing bonus just for making promises, and Iran should not have access to billions of dollars to continue to fund anti-American and anti-Israel terrorism.

Fourth, any agreement must last for decades to ensure that Iran not become a nuclear threshold state. The ten-year timeframe suggested in the framework agreement would simply start the clock towards Iran becoming a nuclear weapons power.
SEE P LB 2, National Hispanic Christian Leaders



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FROM P LB 1, National Hispanic Christian Leaders

Fifth, Iran must be required to dismantle, not merely mothball, its nuclear infrastructure. Leaving the equipment intact creates a built-in opportunity for Iran to cheat before we can discover it.

I encourage our Hispanic evangelical community across America to call their members of Congress on both sides of the aisle and urge them to use these five critical elements as guideposts in evaluating any agreement. Let them know that we want a diplomatic solution

that actually solves the problem – no nuclear weapons pathway for Iran now or in the future.

As our numbers grow in the evangelical Hispanic community, our determination will grow as proud Americans and as pro-Israel Christians to stand up against anti-Semitism and hatred toward Israel and America.

Rev. Samuel Rodriguez is the President of the National Hispanic Christian Leadership Conference, NHCLC/CONEL, which is the world's largest Hispanic Christian organization. It serves as a representative voice for the more than 100 million Hispanic Evangelicals assembled in

over 40,000 U.S. churches, and another 500,000 congregations spread throughout the Spanish-speaking diaspora. For additional information, visit <http://www.nhclc.org>

Rev. Mario Bramnick is the President of Hispanic Israel Leadership Coalition (HIL). The Hispanic Israel Leadership Coalitions vision is to build a firewall against anti-Semitism and the Campaign to Delegitimize the Nation of Israel, raise awareness of the critical intersection of Israel and America's future.

Source: National Hispanic Christian Leadership Conference

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We encourage readers to send letters, story ideas, comments and questions.

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Submission Procedure:

Mailed or e-mailed to the latinobanner@gmail.com. Preferred format: Jpeg or PDF

DHS Releases Detained Asylum Seekers



Michelle Brané

Wash. - The Department of Homeland Security (DHS) has announced the release of families who have been detained while seeking asylum in the United States. DHS announced that it would immediately begin the release of asylum seekers who have passed an initial credible or reasonable fear screening.

The move comes as a result of a concerted effort on the part of the Women's Refugee Commission and other organizations to end detention practices that violated the rights of individuals.

"The reforms announced today are welcome news for families languishing in remote detention facilities simply because they sought refuge in the U.S.," said Michelle Brané, director of the Migrant Rights and Justice Program. "While DHS's announcement is a critical step forward,

we continue to believe that families seeking protection at our border should not be detained at all."

"Even short periods of detention have been shown to cause harm to asylum-seekers and especially children," said Brané. "Instead, the government should either reunite mothers and children with relatives in the United States or turn to proven and cost-effective alternatives to detention to mitigate possible flight risk."

The Women's Refugee Commission has long documented that there is no humane way to detain families. Most recently, they submitted a joint complaint to DHS's Office of Civil Rights and Civil Liberties highlighting the devastating and long-lasting impact that confinement creates or exacerbates in families, many of whom have already survived trauma and violence.

<http://newamericamedia.org/>

Incarcerated children and mothers denied due process and critical information before release

Texas - Recently, the Catholic Legal Immigration Network (CLINIC), the American Immigration Council, Refugee and Immigrant Center for Education and Legal Services (RAICES), and the American Immigration Lawyers Association (AILA) called Immigration and Customs Enforcement (ICE) to account for the cascade of due process violations and detrimental practices at the South Texas Family Residential Center in Dilley, Texas, and at the Karnes County Residential Center in Karnes City, Texas.

To read the concerns detailed in the letter, visit <https://cliniclegal.org>.

Congratulations



David Gamez

The Banner under the leadership of Jerome Buckley, has had a significant impact in the awareness of issues related to our Latino and African American communities.

The publisher's commitment in providing relevant information to our community is noteworthy.

I compliment Jerome and the entire staff of "The Banner" for their thirteen years of service and trust they will continue their fine efforts.

Respectfully,
Dave Gamez, RN, MA
MHIA, Inc. Board of Directors



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Resource Parent Training

Learn about Trauma Awareness



WHAT: Resource Parent Training for Parents—

Caring for Children Who Have Experienced Trauma:

A Workshop for

PARENTS CURRENTLY CARING FOR CHILDREN

WHEN: Thursdays

August 13 and 20

(must attend both Classes for certificate)

TIME: 9:30am—3:30pm (Lunch included)

WHERE: Family Resource Center,

1901 Maple Rd, Saginaw

SPACE LIMITED TO 12 PARTICIPANTS!!

Resource Parent Training Curriculum includes:

- Trauma 101
- Understanding Trauma's Effects
- Dealing with Feelings and Behaviors
- Building a Safe Place
- The Importance of Connection
- Becoming an Advocate
- Taking Care of Yourself



Resource Parent Training is a curriculum that was developed out of the work of the National Children's Traumatic Stress Network. It is an 8-module training format that is led by a parent and clinician.

This Training was initially developed for foster parents; however, it has since been adapted to train all forms of caregivers, including the community at large as well as system partners.

This program is presented in cooperation with Saginaw County Community Mental Health Authority, Saginaw MAX System of Care, and parent partners.

For more information, contact Ashley Wilcox at 989-272-7229 or awilcox@sccmha.org

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INTERSECTION OF BUSINESS & WEALTH

John Hill: 'Crain's Detroit top CFO for government



John Hill

By Roz Edward
Detroit
- Award is recognition of Detroit's progress returning to fiscal strength and sound practices Detroit's Chief Financial Officer, John Hill, recently was presented

an award by Crain's Detroit Business as the region's top government CFO.

In its selection of Hill, Crain's cited his handling of the City's bankruptcy finance process

and his efforts to transform the City's finance operations.

"For the CFO of the City of Detroit to earn this honor less than a year after the City exited bankruptcy is a testament to John's masterful handling of our City's finances," said Mayor Mike Duggan. "He has brought a level of professionalism and respect to the City's financial operation that is being recognized nationally."

Hill was hired just five months after the City filed bankruptcy. Since that time, he helped navigate the City through that process and has been systematically implementing structural reforms to improve the City's financial management systems, revenue collection efforts and restructuring the City's financial functions.

In conjunction with CIO Beth Niblock and her team, he also has been moving the City toward more accessible information for the public. Later this year the City will make

all City financial transactions available online through its open data portal on the City website at www.DetroitMi.gov.

"John is an exceptional financial professional who is sensitive to the political economy," said City Council President Pro Tem George Cushingberry, who chairs the finance committee. "We are well served by his ability to communicate clearly with all stakeholders. I congratulate him on this award and look forward to a continued great partnership on behalf of the people of Detroit."

One of the most recent accomplishments the City has achieved during Hill's tenure has been to reduce the amount of bankruptcy exit financing by \$30 million from initial projections. That savings was realized as a result of the City's successful efforts to have many of the City's bankruptcy consultants reduce their fees.

SEE P 11, John Hill

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SVRC Industries Welcomes Andrea Bridgewater



Andrea Bridgewater

Saginaw – Andrea Bridgewater has joined SVRC Industries as Director of Industrial Operations. Bridgewater has over 20 years’ experience in leadership, business to business solutions, and organizational development. Prior to coming to SVRC, she was the State Director for Experience Works.

Bridgewater received her Masters of Administrative Science degree from Saginaw Valley State University. Bridgewater lives in Kawkawlin with her husband, Matt.

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In Case You Missed It

Starting a Business Seminar

Saginaw - The Michigan Small Business Development Center Great Lakes Bay Region will offer a Starting a Business seminar at the Hoyt Library at 505 Janes Avenue in Saginaw on Wednesday, August 12, 2015 from 1 p.m. to 4 p.m. There is no cost to attend.

For more information

about Michigan SBDC, online resources, business education seminars and registration, go to www.SBDCMichigan.org or call (989) 686-9597.

Pre-registration is required and reasonable arrangements for persons with disabilities will be made if requested at least two weeks in advance.

FROM P 10, John Hill

This reduction in borrowing means that for the next 30 years, the City will have roughly \$3.5 million per year less debt and related interest to pay, which can instead be used to make sure the budget is balanced and to pay for vital City services.

“I truly appreciate this

recognition, which I accept on behalf of the great team we have in place,” Hill said. “Working for a Mayor and City Council that are deeply engaged and personally committed to moving our City forward as a model of financial excellence and integrity has allowed us to make real progress.”

The Michigan Chronicle

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- Brian Pruitt, Founder - Power of Dad

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Saginaw, MI 48607
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–Kenyita Witherspoon
Delta College management student
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Watch Kenyita, and others, tell their story.

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EDUCATION



CMU medical students make STEM learning fun for Detroit girls



Madeline Pallmer and a STEMpowered participant.



STEMpowered participant with STEMpowered mentor.

Mount Pleasant - The bare concrete floor and brick walls of the warehouse in Detroit echoed the chatter and laughter of 19 fourth-grade girls as they manufactured gas bubbles from dry ice, created vacuums in straws while competing in a relay race and performed other experiments.

Welcome to STEMpowered, a weeklong science, technology, engineering and math camp for Detroit girls and the result of a vision of the nonprofit group's co-founders, Madeline Palmer and Erika Brockberg.

Palmer, part of the inaugural class of the Central Michigan College of Medicine and now in her third year as a medical student, said articles detailing how women are under-represented as professionals in STEM fields and studies showing girls self-select out STEM topics in elementary school led to the creation of STEMpowered in 2013.

Online fundraising and sponsorship from

Big Boy Restaurants allowed every girl in the inaugural camp to attend for free.

This year, Palmer, from Birmingham, and Brockberg secured sponsorship from Fox Sports Detroit. They also extended the camp to two weeks – one week for first-time campers and a second for girls who attended in 2014.

“The goal of STEMpowered is to build confidence, build excitement and foster curiosity,” Palmer said. “I think one of the most amazing things you can start to do is explore the world and explore how it works and why things react the way they do.”

Palmer and Brockberg recruited friends to serve as mentors. Fellow CMU College of Medicine students Emily Fortin of Ann Arbor, Stefanie Digiandomenico of Livonia and Leela Chandrasekar of Grosse Pointe are part of the 10-woman team who picked up girls from their homes, led them through morning experiments

and afternoon field trips and drove them home.

This year, half of the girls used a variety of materials to craft containers to cradle an egg so it would not break when dropped from the top of a tall ladder. The other girls used supplies to create Rube Goldberg machines.

Palmer and the other mentors said they plan to recruit more leaders for next year and continue STEMpowered. For now, Palmer, Fortin and Digiandomenico are back to medical school in a year filled with clinical rotations and a half-year of a community clerkship with internal and family medicine doctors.

The third class of 104 CMU College of Medicine students arrives in Mount Pleasant on Aug. 3, bringing the number of medical students at CMU to 272. Of that total, 85 percent are from Michigan, reflecting the mission of the College of Medicine to provide quality physicians for underserved areas in the state and the Midwest.

Creating a Career Focus



*Supt. Douglas Trombley
Saginaw Township Schools*

By Douglas Trombley
Superintendent
Saginaw Township Community Schools

Saginaw - Our region has long been known for career fields that require science, technology, engineering and math (STEM). Manufacturing and healthcare are just two of the more prominent career fields that support our region's economy.

In recent years, though, the stigma associated with the collapse of the auto industry and the overall economy has caused our graduates to naturally steer clear of these areas of employment preparation. Students have been guided away from pursuing many STEM fields due to a belief that there are no jobs available.

As the economy improved and the area's business realigned to supply and demand, though, careers in STEM related fields are not only available, employers are having a difficult time finding qualified candidates to

fill openings.

The Great Lakes Bay Regional Alliance has undertaken a STEM Impact Initiative to aid our region with aligning our educational practices with career opportunities. During the study, the needs of our region became very apparent. The annual mean wage for a STEM job is \$79,395 — nearly 71 percent higher than the average for all occupations and industries, according to data from the Bureau of Labor Statistics.

These are not just jobs requiring a college degree, but also many skilled trades and certificated programs that provide a substantial income. Manufacturing and healthcare drive roughly 38 percent of our region's economic output, but only 16 percent of graduates major in STEM related fields.

Thus, there is a large gap between the number of openings and the available work force. It is our job as educators to prepare tomorrow's workforce. This means aligning our focus with the needs of our region's employers.

This doesn't mean just telling our students to go into STEM fields because there are jobs. It means graduating students that are proficient in math and science. This is easier said than done. Most students are not fond of mathematics because it's essentially its own language, and is most often taught separately from other subjects and content.

Students often do not see the relevance of mathematics to their world. Science has historically been taught as a subject with a great deal of content and facts with very little focus on processes and application. These areas of instructional practice are where schools can shift their thinking and make learning math and science more meaningful for students.

We have seen successes with our student engagement through several initiatives and plan to build upon them. Our district STEM coordinator hosted a very successful STEM day for kids this past year. The students and parents found the day to be very rewarding and beneficial. We implemented a Project Based Learning (PBL) coach into our after-school programs where students enjoyed the hands-on activities provided.

Along with Dow Chemical's generous financial support of these initiatives, they have also provided guests in our classrooms that our students found to be helpful in making math and science more relevant.

Our industrial technology programs produce outstanding results and are at capacity because so many students are requesting to be a part of the programs. We have also provided our teachers with professional development opportunities in STEM areas with a focus on increasing student engagement through more applied learning opportunities.

In each of these initiatives, the point of emphasis is the engagement of students in activities that apply math, science and technology in order to learn them. Along with continuing our successful initiatives in these areas, we will also be expanding the use of more project based learning with a STEM focus throughout our district.

We will be undertaking a substantial endeavor at the third through fifth grade level that will provide our students with more opportunities to engage in STEM through project based learning. It's at this age where students really begin applying literacy and math skills in other subject areas, and we want our students to find the application of their newly acquired skills to be meaningful, engaging and rewarding.

Finding purpose and success with math and science at a young age will lead to future success and engagement as each student progresses through school and into the workforce.

With helping students be career and college ready as our purpose, STCS will continue to focus on the individual needs of our students as they prepare to successfully contribute and compete in a rapidly changing global society.

STCS is preparing for another fantastic year by finalizing staffing, schedules and plans, as well as further implementing programs and practices that will help to keep students engaged, motivated and successful.

As summer begins winding down and the school year approaches, we will be ready and excited to welcome our students, staff, parents and our community back to our campuses.

SVSU to offer new endorsement for special education students

University Center, MI - Saginaw Valley State University has received renewed authorization from the Michigan Department of Education to offer an endorsement for students in its teacher preparation and special education programs. SVSU will begin offering an updated curriculum for the endorsement in cognitive impairment this fall for students pursuing bachelor's and master's degrees.

"This endorsement will help us better prepare educators to meet the unique learning needs of youth who have a cognitive impairment," said Dorothy Millar, SVSU professor of teacher education. "There is a shortage of teachers in Michigan with this specialization."

Cognitive impairment, previously referred to as mental impairment or mental retardation, is a broad and complex classification regarding intellectual and developmental disabilities.

Under the Michigan Administrative Rules for Special Education, students are eligible to receive individualized special education programming when they are determined to have a cognitive impairment.

When identifying the students' strengths and needs, and when provided effective instruction and support, students with cognitive impairments can reach their full potential in academics and in all aspects of living resulting in a high quality of life.

Millar said SVSU graduates of the program will be well-prepared.

"We have designed our program to be

heavy on field experience, collaborating with school districts in urban and rural settings to ensure our students receive a well-rounded education," she said.

"We also have placed an emphasis on connecting course work to the leading evidence-based instructional practices in the field, so that our graduates are using the most effective methods to teach their students."

SVSU will begin offering courses in the program in August. For more information, contact Millar at dmmillar@svsu.edu, or Kathy Lopez, SVSU certification officer at 989-964-4057 or klopez@svsu.edu.

X = Independently Organized TED Event

TEDxSVSU

University Center, MI - On Saturday, August 1, SVSU is hosting a speaker

series and technology showcase in the style of the TED Talks videos made popular on social media.

TEDxSVSU is scheduled from 9 a.m. to 3:40 p.m. in SVSU's Rhea Miller Recital Hall. Limited tickets (\$25) are still available for this independently organized TED event.

SVSU Students Construct Playground Equipment for local Child Care Center



University Center, MI - A group of Saginaw Valley State University students will devote a summer to a service project, as they build and install playground equipment at Great Beginnings Christian Childcare Center in Saginaw County's Kochville Township.

The work was started on Saturday, July 25 and will continue

until the project is completed.

The students are members of Alpha Phi Omega, a national coed service fraternity. The SVSU chapter has more than 40 members, and event organizer Anna Nowak, an elementary education major from Garden City, expects more than a dozen students to participate as well as a few alumni.

SVSU students selected Great Beginnings after learning of the facility's needs from two of the chapter's advisers. Mike Major, director of Career Services, and Bob Tuttle, professor of mechanical engineering, both use the center for their children.

Congratulations Jerome and The Michigan Banner!

I applaud you for the tenacity, perseverance, commitment and excellence you have provided to the communities, region and state of Michigan. *The Michigan Banner* is a beacon of hope and light for the community bringing informative news and happenings from around the world. We appreciate and celebrate you for your leadership and wish you many more successful years to come.



Lisa J. Lindsay Wicker, PhD, President & CEO
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About Saginaw ISD HE/EHS

Established in 1965, Head Start promotes school readiness for children, ages three to five, in low-income families by offering educational, nutritional, health, social and other services.

Head Start programs promote school readiness by enhancing the social and cognitive development of children through the provision of educational, health, nutritional, social and other services to enrolled children and families.

Early Head Start, launched in 1995, provides support to low-income infants, toddlers, pregnant women and their families.

EHS programs enhance children's physical, social, emotional, and intellectual development; assist pregnant women to access comprehensive prenatal and postpartum care; support parents' efforts to fulfill their parental roles; and help parents move toward self-sufficiency.

Together Head Start and Early Head Start have served tens of millions of children and their families.

At Saginaw ISD Head Start our attentive staff is available Monday through Friday to answer all your questions and make every effort to ensure you are 100% satisfied.

Saginaw ISD Head Start
Claytor Administrative Building
3200 Perkins Street
Saginaw, MI 48601
Phone 989.752.2193
Fax 989.921.7146

Office Hours

Monday: 8 AM - 4:30 PM
Tuesday: 8 AM - 4:30 PM
Wednesday: 8 AM - 4:30 PM
Thursday: 8 AM - 4:30 PM
Friday: 8 AM - 4:30 PM
Saturday: 8 AM - 4:30 PM
Sunday: 8 AM - 4:30 PM

For additional information concerning
Saginaw ISD Head Start visit:
www.saginawheadstart.org

Source: www.saginawheadstart.org



**Sabrina
Beeman-Jackson**

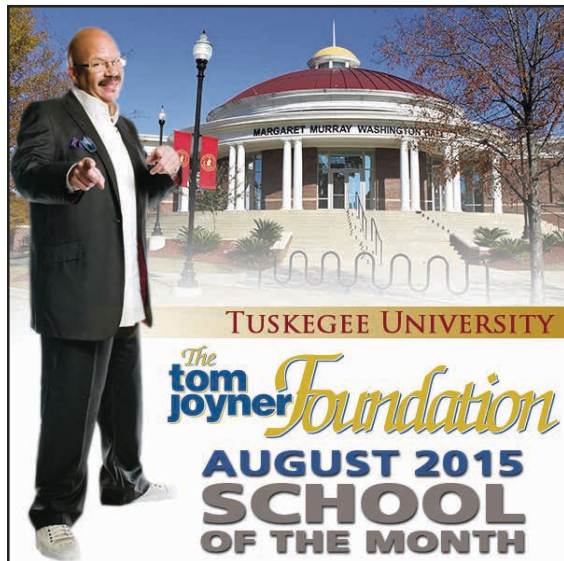
Saginaw ISD Head
Start/Early Head
Start Program
Director

"Head Start helped me see the value in education. Today, I have my bachelor's degree, and I'm working toward obtaining my master's degree in mental health counseling."

-Vanessa Martinez

"Our mission is to provide high quality services, developing school readiness and family empowerment for prenatal to age five children and families by working in partnership with parents and the community."

Tom Joyner Foundation chooses Tuskegee University as 'School of the Month'



Ala. - Tuskegee University has been chosen as one of the 2015 Tom Joyner Foundation 'Schools of the Month.' Throughout the month of August, the organization will promote raising funds for the university and highlight its programs and students.

Tuskegee alumnus, Tom Joyner, a nationally syndicated radio personality, formed the foundation. The "Schools of the Month" campaign is part of the organization's ongoing effort to assist chosen institutions in broadening and strengthening their efforts to raise money to help students attending Historically Black Colleges and Universities.

As one of the "Schools of the Month,"

Tuskegee University will be promoted by the Tom Joyner Morning Show and receive funds raised from listeners, alumni and other interested parties in August. The show, aired in more than 100 markets around the country, reaches nearly eight million listeners every week.

Every week in August, the foundation will also award a \$1,500 Hercules Scholarship to a qualified male student. The recipients will be announced on the Tom Joyner Morning Show and social media each Thursday morning.

To make a financial contribution to Tuskegee, go to the foundation's donation page at tomjoynerfoundation.org/donate. On the donation page, in the Option area, click and scroll down to choose Tuskegee University.

Ten Western Michigan University incoming students win \$50,000 Foundation Scholarships

By Jeanne Baron

Kalamazoo —Ten high-achieving high school students have won inaugural Foundation Scholarships to begin their studies at Western Michigan University this fall.

Foundation Scholarships, valued at \$50,000 each over four years, are based on academic performance as well as demonstrated financial need. They are part of WMU's mix of top scholarships for beginning students.

The awards will provide recipients with \$12,500 per year for four years and are similar to WMU's famed, merit-based Medallion Scholarships. High-achieving high-need students may be eligible to enter the running for both types of scholarships, but can only receive an award from one.

This year's Foundation Scholars have an average grade point of 3.99. Four recipients come from underrepresented or minority groups, and all are from Michigan. They are scheduled to graduate from WMU during the 2018-19 academic year.

2015 Michigan Foundation Scholars

Roman Bell - Detroit

Crystal DeRoo - Holland

Jordan Farrel - Portage

Lily Heitz - Fountain

Marilyn Laski - Saginaw

Marissa Mohny - Vandalia

Diana Ovalle - Grant

Stephania Pardo -Grand Rapids

Tamera Rutherford - Kalamazoo

Paula Shay - Muskegon

WMU established the Foundation Scholarship Program in 2014 to expand college access for new first-year students needing financial aid.

To be eligible for the award, applicants must have a high school GPA of 3.7 or higher at the end of their junior year, or have a composite ACT score of 26 (or SAT of 1170) or higher. They also had to apply to the University by Dec. 22 and be admitted for fall 2015 by Jan. 5.

In addition to the \$50,000 monetary

award, Foundation Scholars become members of WMU's Lee Honors College.

All semifinalists who do not receive the Foundation Scholarship receive a minimum of \$3,000 in scholarships to attend WMU.

The Foundation Scholarship fund is set up in the WMU Foundation. Donations to the fund can be made at mywmu.com/gift by clicking Giving, followed by Make a Gift, and typing Foundation Scholarship in the giving form's special instructions box for designations.

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AUGUST 23, 2015

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1:30 P.M. - 4:30 P.M.

SPEAKER:

LINK TERE CALDWELL-JOHNSON

(17th Central Area Director, The Links Incorporated)

Cost: **\$30** per person. Buffet
Entertainment: DJ D.C. & Kyrsta - Saginaw, MI
Attire: Summer white

For additional information contact Dr. Linda Holoman at 989-631-7679

HEALTH*"Better Choices, Better Medicine, Better Healing"*

The American Cancer Society encourages people to make healthy lifestyle choices that can help reduce their risk of cancer

For most Americans who do not use tobacco, the most important cancer risk factors that can be changed are body weight, diet, and physical activity.

One-third of all cancer deaths in the United States each year are linked to diet and physical activity, including being overweight or obese, while another third is caused by tobacco products.

Although our genes influence our risk of cancer, most of the difference in cancer risk between people is due to factors that are not inherited.

Avoiding tobacco products, staying at a healthy weight, staying active throughout life,

and eating a healthy diet may greatly reduce a person's lifetime risk of developing or dying from cancer. These same behaviors are also linked with a lower risk of developing heart

disease and diabetes.

For additional information concerning the fight against cancer, visit www.cancer.org

This is National Minority Donor Awareness Week

August 1 through August 7 marks National Minority Donor Awareness Week. This is a week set aside each year, not only to raise awareness about organ and tissue donation

but also to promote preventive health and to address obstacles to donation. For more information, visit www.colbyfoundation.org

INFANT SAFE SLEEP, DID YOU KNOW?

THE BAD NEWS... 19 BABIES DIED IN SAGINAW COUNTY IN 2013
Almost 25% of those deaths were due to positional asphyxia (aka "suffocation")

THE GOOD NEWS... THESE DEATHS ARE 100% PREVENTABLE! HOW?...

- Place baby on their back to sleep (even during naps)
- Use a firm mattress with tight-fitting sheets in the crib
- Place baby in a crib, with nothing in the sleep area
- Do not smoke around baby
- Keep baby's face uncovered and do not overheat or overdress baby



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protecting and promoting the public's health since 1928



Maximize Teamwork

A child with Severe Emotional Disturbance gets support from many places. But that support only helps that child if each provider works as part of a well coordinated team. We maximize teamwork — by making sure every step the team takes is focused on the betterment of that child.

Contact Wardene Talley
989-754-2288



Integrating Physical and Mental Health Care



Mike Vizena

By Mike Vizena
Executive Director
Michigan Association of Community Mental
Health Boards

Saginaw - We often hear about mental health and physical health as if they were unrelated, two different ways of being healthy.

But in recent years the correlation between the two has become more obvious and recognition of ways that each impacts the other is more prevalent.

Research finds that people who have mental health issues are at higher risk for physical health issues. According to the World Health Organization, people with severe mental health disorders on average have a 10-25 year reduction in lifespan, largely due to physical medical conditions including cardiovascular, respiratory and infectious diseases, as well as diabetes and hypertension.

Focusing on just physical or mental health is not sufficient, the foundation for building good overall health has evolved into the mind and body co-existing.

As a result, many mental health service providers are pairing with primary and other health care providers to integrate their services in order to enhance the quality of patient care.

In 2013, Centra Wellness Network in Michigan joined a coalition to increase integrated care for residents of Northern Michigan in partnership with providers of primary, mental,

specialty health, substance abuse, public health and dental care. The effort aims to lower health care costs, improve the patient care experience and centralize mental health as a holistic focus.

Several of the coalition members relocated their offices to a shared space, allowing patients to seamlessly take care of multiple appointments in one visit. The shared waiting room also aids in combatting the stigma that mental health consumers often face when seeking and receiving mental health services.

By transitioning from separate mental and physical health care services to the streamlining of both, services will become more efficient, helping patients maintain a balanced life that thoroughly encompasses the elements of physical and mental well-being.

Promoting individual well-being and a healthy lifestyle is a long-term investment. Focusing on the integration of mental and physical health will ensure that everyone receives the benefits of comprehensive care. To create a healthier future for all of us, we must start by integrating the care of our bodies and our minds.

Come Join Us



Women of Colors



Women of Colors membership promotes sisterhood and values the differences in each individual by offering knowledge, encouragement and friendship. One of the great benefits of joining Women of Colors is connecting with others. WOC offers numerous opportunities and various ways for you to connect.

Monthly regular meetings are held to include a variety of speakers and educational topics of interest. Opportunities are available to build new friendships and to personally empower each member. We collaborate with schools, churches, agencies, and other organizations to provide various resources to individuals in need.

Meetings: Every 1st Thursday of the month

Time: 8:00 p.m.

Location: 612 Millard

(Warren Avenue Presbyterian Church)

For more information contact:

Evelyn McGovern: (989)737-9286



I hope telling stories though 'Making a Difference' - as in my academic work and nonprofit work - will help me to live my grandmother's adage of 'Life is not about what happens to you, but about what you do with what happens to you.'

-Chelsea Clinton

Temple Theatre Foundation has opportunities to non profit organizations

Saginaw - Are you or your organization looking for a way to raise funds for a particular cause, event or purpose? If so, the Temple Theatre Foundation has the solution. We are looking for quality volunteers to serve as Guest Services Associates at the Temple Theatre on an event driven basis.

The events are usually held in the evenings and weekends from September to June. The Guest Services Associates serve as

greeters, ushers, ticket takers and box office support.

For every volunteer hour worked per person, we will provide \$5 to the charitable organization of your choice (501(c) 3, non-profit, religious organizations).

If you are interested in pursuing this opportunity contact Anne Schroeder, Box Office Manager at the Temple Theatre, at 989-754-SHOW (7469) or anne@templetheatre.org.

Exercising with your child!

“Some of the fitness points I stress for preparing and getting started with fitness include a baseline assessment from a physician, evaluating ones current level of fitness, setting goals and making fitness a family or friend affair,” said Sheila Madison.

“Furthermore, any sustained movement like swimming, running, bicycling, and walking can help reduce life threatening diseases. I think it is important for people to choose an activity they enjoy. The more you and your child enjoy your exercises, the more likely you are likely to make it a part of your daily routine. As a result, families will improve their cardiovascular health, energy level and mental well-being.”

Sheila Madison is a Personal Development Training Specialist, Consultant and Keynote Speaker. She is passionate about health awareness and health education.

Since 1990 she has delivered engaging, results-oriented, and high-energy personal development workshops that motivate and inspire adults, college students and young people to strive for excellence and reach their personal best. Below are Sheila’s suggestions for exercise that you and your youngster can enjoy!

“Walking is man’s best medicine.”

-Hippocrates

22 Fun Exercises You Can Do With Your Child

1. Jump rope (single or double-dutch).
2. Ride a bike.
3. Run around the neighborhood track.
4. Roller-skate at the park.

5. Take a hike.
6. Swim at the pool.
7. Hoola-hoop while listening to music.
8. Play tennis.
9. Rock climb indoors.
10. Toss a football.
11. Kick a soccer ball.
12. Walk in the mall.
13. Play hopscotch.
14. Climb the stairs.
15. Ice-skating.
16. Dance!
17. Throw a baseball or softball.
18. Hop on one foot.
19. Play volleyball.
20. Fling a Frisbee.
21. Play Twister.
22. Play table tennis.

<http://www.sheilamadison.com/>

A fun recipe to make with your toddler!

Maple-Almond Granola

It’s impossible to predict what your 2-year-old will want for breakfast each morning, which is why granola can be a great option. Serve it with yogurt or milk for breakfast, or take it along for a tasty snack on the go.

Ingredients

- 4 cups regular oats
- 1/4 cup slivered almonds
- 1 1/2 teaspoons ground cinnamon
- 1/4 teaspoon salt
- 1/3 cup water
- 1/3 cup honey
- 1/3 cup maple syrup
- 2 tablespoons brown sugar
- 2 tablespoons canola oil
- Cooking spray
- 1 cup minced dried apricots
- 1 cup raisins

Preparation

1. Preheat oven to 325°.

2. Combine first 4 ingredients in a large bowl.
3. Combine water and next 4 ingredients in a small saucepan; bring to a boil. Pour over oat mixture; toss to coat. Spread oat mixture on a jelly-roll pan coated with cooking spray. Bake at 325° for 35 minutes or until golden, stirring every 10 minutes. Place in a large bowl; stir in apricots and raisins. Cool completely.

Let your toddler help by: Looking for and gathering the ingredients. Pouring the measured oats and almonds into a mixing bowl. Spooning the cooled granola into a storage container.

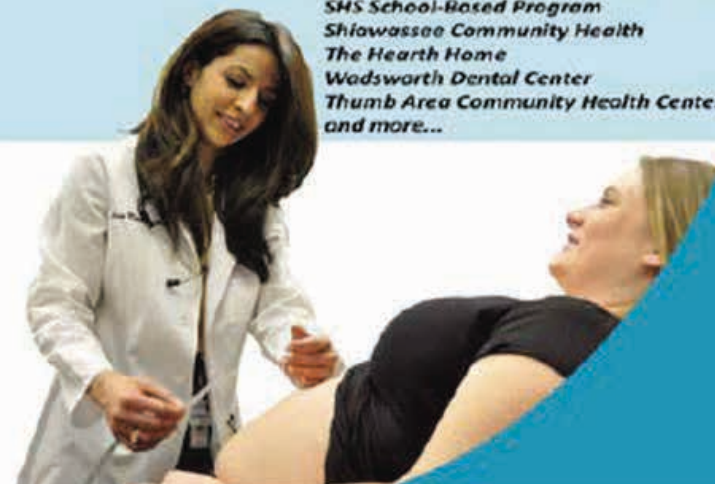
Note: Store in an airtight container for up to a week.
<http://www.myrecipes.com/>

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Imlay City Community Health Center
Janes Street Academic Comm. Health Ctr.
Roosevelt S. Ruffin Comm. Health Center
SHS School-Based Program
Shiawassee Community Health
The Hearth Home
Wadsworth Dental Center
Thumb Area Community Health Center
and more...*



MMR Dispatch and EMS Staff continues dedicated service to our communities

Saginaw - Mobile Medical Response recently celebrated National Telecommunicators Week in April and National EMS Week in May. Both of these weeks are a huge part of the culture at MMR and something everyone looks forward to each year.

The employees at MMR often work in difficult or stressful situations day in and out. Whether on the road in an ambulance caring for patients as an EMT or Paramedic, as a Dispatcher in the Medical Communications Department taking calls and acting promptly to send an ambulance or as part of the administrative staff keeping things running behind the scenes, everyone at Team MMR gives their all every day.

At MMR, we seek to enhance and improve the health of our communities by providing unrivaled access to medical care.

We aim to provide medical care and service to our communities that is extraordinary and unsurpassed. We see ourselves as a strong, agile, values-driven EMS organization, recognized

nationally for excellence while committing ourselves to the following pillars of success:

Organizational Excellence, Human Resources, Community Service, and Growth and Creativity.

MMR has established a set of values

and principles that help guide us as we provide care and service to our patients and their families. We strive to make the MMR core values of Professionalism, Respect, Integrity, Dedication and Excellence the cornerstones by which we base our

decisions, as an organization as well as in our personal lives.

Our consistent growth and expansion of medical services and the coverage area is a testament to our business model and our employees.

We have developed a workforce that is competent, compassionate, empowered and accountable. A "patients first" principle for nearly twenty years is the constant driving force behind our organization and our success.

We thank our communities for over two decades of support and encouragement, and we invite you to reach out to any EMS professional and thank them for their hard work and sometimes, thankless dedication to caring for and serving others.



**Do you know what to do in an emergency?
CPR and First Aid Courses held Monthly**






HeartSaver CPR (adult/child/infant) 1st Monday of Month - \$35	All Classes held at MMR 834 S. Washington Avenue Downtown Saginaw mobilemedical.org Learn more & register online!
First Aid 2nd Monday of the Month - \$40	



Saturday, August 15, 2015 @ 8am

Awards: Overall and master male and female.
Top two placed in each age group.
Age Groups

- 12 & under to 80 plus
 - Entry fee:
 - Pre-registration \$25 for 5-K run/walk before August 1st
 - \$15 for 1-mile fun run/walk before August 1st
 - \$35 after July 31st and \$40 on race day for 5-K run/walk
 - \$25 after July 31st or \$30 on race day for the 1-mile fun run/walk
- For more information contact Stephen B. Singleton, Volunteer Run Director at (248) 796-2248 or email race@thewright.org

Mass Mutual making strides against breast cancer golf outing

Midland - Mass Mutual of Southeast Michigan is hosting a golf outing to raise money for the fight against cancer. The event is August 20, at Sandy Ridge Golf Course, 2750 Lauria Rd., in Midland, MI, beginning at 9 a.m.

For more details, contact bgunther@financialguide.com, or call 989.631.6010.

Stroke Rehab Study to Use Virtual Reality



Rajiv Ranganathan of the MSU College of Education

Lansing - Researchers from Michigan State University and Sparrow Health System have been awarded \$50,000 by the Center for Innovation and Research to study ways to improve stroke rehabilitation.

The study, led by Rajiv Ranganathan of the MSU College of Education and the MSU College of Engineering, will utilize a virtual reality environment to examine if its uses could benefit stroke patients undergoing rehabilitation.

“The importance of this study is reflected in terms of the underlying problem,” Ranganathan, assistant professor of kinesiology and mechanical engineering, said.

“Stroke is the leading cause of long-term disability and we still don’t have good, effective ways to quantify or treat movement deficits in stroke survivors. By using recent advances in

technology, we are hoping that this study can at least provide a stepping stone toward that goal.”

The virtual reality system measures movements with high precision, which are then translated into a game-like interface. “One of the reasons for using virtual reality is because it allows us to separate perception from reality—for example, we can make your movements look better or worse than they actually are. Moreover, by using a game-like interface we can make therapy

more engaging.”

The first aim of the study is to use the virtual reality system to assess and quantify motor function for the affected and non-affected sides of the body in 40 stroke survivors. Once their assessments have been made, the researchers plan to determine the effectiveness of unimanual (using only a single hand/arm) or bimanual therapy (using both arms) utilizing the virtual reality system.

Ranganathan brings his expertise to Sparrow for this project, helping set up the virtual reality system and analyzing

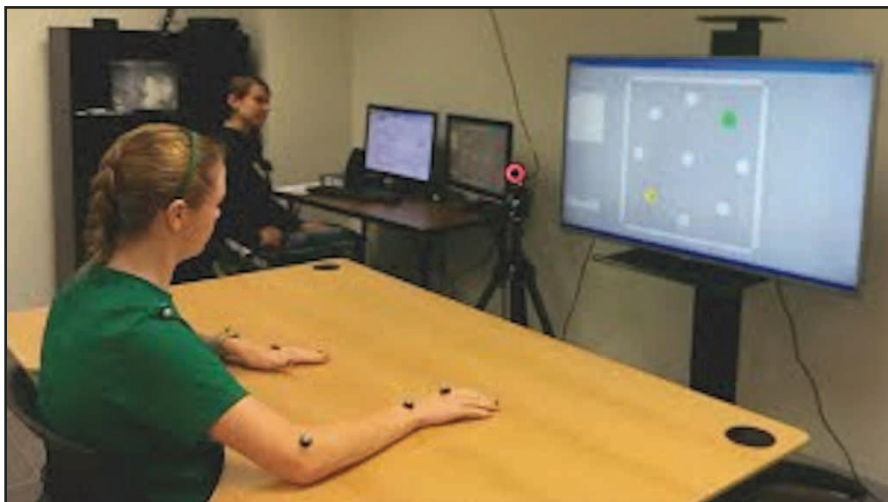
the data.

For their clinical expertise, Ranganathan is partnering with three faculty from the MSU College of Osteopathic Medicine’s Department of Physical Medicine and Rehabilitation—Rani Gebara, Michael Andary and Jim Sylvain—and with Cathy Hilts, a registered nurse at Sparrow Hospital.

“At Michigan State University, we focus heavily on collaboration that will make an extraordinary impact on our world,” Ranganathan continued. “We hope this project will help create effective strategies for the thousands of patients across the world who suffer from strokes each year.”

The team started collecting data in late April 2015.

The Center for Innovation and Research, created as a major joint initiative between Sparrow and MSU, aims to seek new projects to continuously improve care and deliver Patient-centered, evidence-based best practice care to individuals who receive care at Sparrow.



*Students in Moter Learning and Rehabilitation Engineering Lab
Courtesy photo*



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FUNdraising GOOD TIMES

Nonprofit fundraising values

Values are at the heart of a nonprofit and its operations. Our question to readers: what are your fundraising values?

By Mel and Pearl Shaw
Saad & Shaw Comprehensive Fund
Development Services

We truly understand the importance of securing money and resources. At the same time, we caution against a “money first” approach to fundraising. We believe that fundraising should be grounded in a nonprofit’s values. We offer six fundraising values for your consideration.

1. The goals and visions of a nonprofit should first meet the needs of the community served. We all have individual dreams and a vision for a better tomorrow. When crafting or reviewing the vision and goals for your nonprofit make sure they meet community needs and are more than a vehicle for your personal aspirations. Make clear how your nonprofit will benefit your community, and keep community benefit as a priority at all times.

2. Leadership should fully understand and support the nonprofit’s vision and goals. There should be no question about the organization’s or institution’s vision for the future, and how it will progress towards that vision. The executive staff and board should use the nonprofit’s vision and goals as a compass to guide their individual and collective work.

3. A successful nonprofit should be volunteer-led. While the nonprofit sector is increasingly professionalized with staff hired to support the implementation of a nonprofit’s vision and goals, each nonprofit should have strong volunteer leadership.

Professional staff help ensures a full-time focus on the nonprofit’s work by individuals who believe in the vision and have the professional qualifications to deliver the services promised in the mission and goals.

Volunteer leaders help keep the

organization grounded in its vision and focused on its goals. When volunteers take the lead in raising funds, the impact can be far greater than a fundraising initiative that is staff-driven.

4. Fundraising should start with the strengths and resources that are currently available. Start where you are and take advantage of the opportunities available to your nonprofit and then extend your reach.

Many nonprofits have relationships with individuals who want to provide resources, make introductions, or host home/office events. Start there. Make your case.

5. A fundraising initiative should be guided by a plan that is derived from the organization’s strategic or business plan, and influenced by market research (feasibility study). Don’t jump into fundraising with

a “we need money” approach. Craft your strategic business plan, learn how others respond to your plan, and then begin fundraising in a consistent, systematic way.

6. The operations of a nonprofit should be open and transparent. We can’t say it enough. Be open, accountable, and keep your operations and financials transparent. There should be no secrets. Answer questions honestly; proactively provide information regarding finances, operations, impact and outcomes.

Your fundraising values can guide your decisions for short-term and long-term success.

Mel and Pearl Shaw position nonprofits, colleges and universities for fundraising success. For help with your fundraising visit www.saadandshaw.com or call (901) 522-8727.

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Mel and Pearl Shaw

PRAISE CONNECTIONS & LIFE



10 Reasons Believers Should Take Care of Themselves Physically



Chuck Lawless

By Chuck Lawless

NC - I confess that I don't always take care of myself as I should. I have to work hard to maintain a healthy weight, keep my blood pressure down, etc. As a Christian, though, I see this issue as more a spiritual one than a physical one. Here are some reasons believers need to take care of ourselves:

We are created in God's image. The Bible is quite clear here – we are made in the image of the Creator. That image was marred in the fall of Adam and Eve, but not destroyed. That fact alone should give us reason to take care of ourselves.

This body is the only one we have. This point might sound silly, but sometimes we live as if we have bodies to spare. When this one is worn

out, we don't have a replacement until the day of resurrection.

Poor discipline is a bad witness. It's hard to tell people to be disciplined in their Bible study, prayer life, giving, etc., when they can look at us and see we are undisciplined in exercise and eating. A lack of effort in one area of life is often indicative of problems in other areas.

Bad health is costly. Eventually, the costs of poor health add up. Medical bills pile up. Insurance costs increase. Moreover, bad health makes us less productive at work. Others are

forced then to carry some of our load.

Our families deserve better. Frankly, it's unloving not to take care of ourselves. Our families worry about us when we struggle to climb steps or find clothes to fit. Our love for them ought to motivate us to do better.

Being out of shape might indicate idolatry. Those words might be difficult to hear, but they're necessary ones. If we cannot push away from food in order to take care of our bodies, we must ask if something other than God has become our god.

Better health = more energy to do God's work. God's work is not easy. Those of us in ministry know that the burdens are sometimes heavy. The hours are often long. Being out of shape makes the work only that much more difficult.

Proper care requires rest – and it's biblical to get rest. God expects us to take time off, focus on Him, and enjoy His blessings. In fact, not taking time to rest can be self-centered (that is, we think we must be doing everything). I struggle here, but I'm learning.

We might be called to the mission field. Many missions organizations will not consider sending someone who is out of shape. The work is often rigorous, and the stresses of cross-cultural living are only compounded by poor health.

Our body is the temple of the Holy Spirit. This truth is difficult to comprehend, but God really does live within us (1 Cor. 6:19). He who created us and indwells us expects us to be wise stewards of the body He gave us.

Maybe you want to make a commitment to take better care of yourself. If so, tell us how we can pray for you.

Chuck Lawless currently serves as Professor of Evangelism and Missions and Dean of Graduate Studies at Southeastern Seminary. ThomRainer.com

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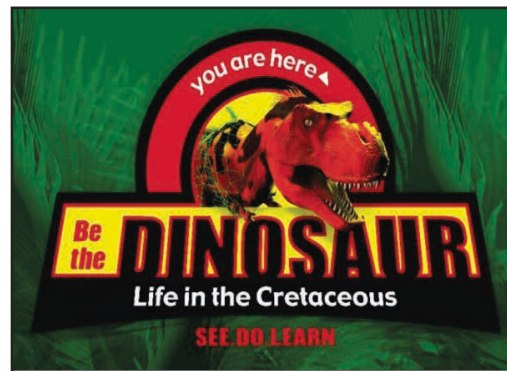
Teen Tuesday at the Saginaw Art Museum

Saginaw - Teens visit the Saginaw Art Museum, located at 1126 N. Michigan Ave., in Saginaw on August 11, for a free evening of art, music and creativity, sponsored by ThunderBrew Coffee Company. The fun begins at 6 p.m. to 8 p.m.

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Bay City - Come out to Bay City's Vet's Park Sunday, August 2, 11 am - 6 pm to enjoy the food, music and fun at The Nathan Weidner Foundation's 19th Annual Chicken BBQ! Chicken dinners are \$10 each, and children 6 and under eat free.

The funds raised during the event support the Foundation's college scholarships and the forensic interviews of abused children conducted by the CAN Council - Nathan Weidner Center.

It is more than a cookout! The day will actually kick off with the 5K Chicken Walk/Run. The race begins at 9 a.m. with an entry fee of \$25. Interested participants can register at runsignup.com.

There is also a petting zoo for kids to enjoy, inflatables, and games with an all-day access wristband for \$5. During the Kruis'n Car Show, classic cars are welcome and will

be on display. The first 50 cars will receive car plaques and two People's Choice trophies will be awarded. In addition, Steven's Cycle will be hosting the 100-mile poker run, and participants may register by calling 684-2760.

The day will also include bingo, silent and live auction, musical entertainment, craft vendors and non-profit organizations will be available to provide agency information and free children activities.

For ticket and take out information, contact The Nathan Weidner Foundation at 989.280.5696, or visit nathanweidnerfoundation.org.

The Nathan Weidner Foundation is a local 501(c)(3) nonprofit organization established to support higher education, the economically disadvantaged, abused and neglected children of Bay County.

CAN Council Ducky Derby 2015 benefits child abuse prevention

Bay City - Preventing child abuse is as simple as adopting a duck and casting it down the Kawkawlin River Saturday, August 29, during the CAN Council Ducky Derby 2015. Thousands of plastic ducks will begin their race to the finish line at 10 a.m. from the docks of Bay City's Castaways Bar & Grill, 3940 Boy Scout Road.

Adoptive parents of the first 10 ducks to cross the finish line will waddle away with prizes, including a \$1,000 cash award! Cheer your duck to victory while children enjoy FREE activities, games & prizes from 9-11am.

Proceeds from the Ducky Derby benefit CAN's Child Abuse Prevention Education programs working to prevent child abuse through presentations, trainings and collaborations with other agencies. Contact Delores Gale at (89) 752-7226 for more information or to sponsor the event.

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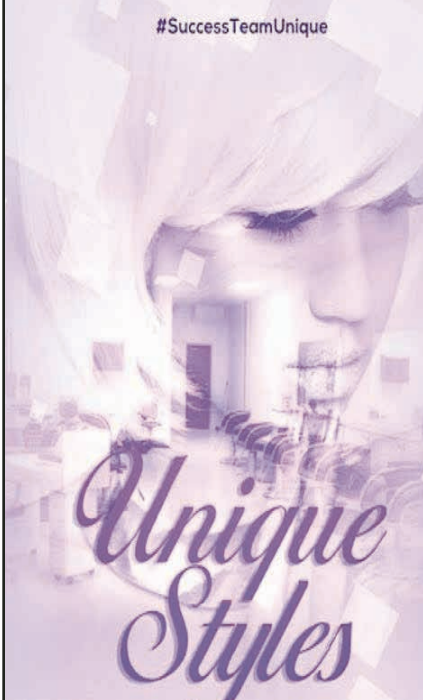
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Sherri Coale, Natalie Williams headline women's basketball hall class of 2016



Coach Sherri Coale

By Doug Feinberg, AP Basketball Writer

UNCASVILLE, Conn. (AP) — Oklahoma coach Sherri Coale said it was a surreal moment when she got the phone call that she would be part of the women's basketball Hall of Fame.

The Hall announced its six-person 2016 class on Saturday, headlined by the longtime leader of the Sooners. It also includes former Missouri State guard Jackie Stiles, Olympic gold medalist Natalie Williams, longtime official June Courteau, Texas girls high school coach Joe Lombard and the late AAU girls basketball official Bill Tipps. The 1996 U.S. women's basketball Olympic team will receive the Hall's trailblazer award.

"I still feel like I'm young in my coaching career and still have so much left to do," Coale said in a phone interview. "I'm honored beyond belief."

Coale has led Oklahoma to three Final Fours since taking over the program in 1996, and the Sooners have made the NCAA Tournament in 16 straight years. The four-

time Big 12 coach of the year has guided the Sooners to four league tournament titles and the team has won or shared six regular-season championships.

"I think when you think about how she took a job that's not an easy job, in her hometown, and then played in three Final Fours and a championship game and built a program that's as good as anyone else in the country, that's something," UConn coach Geno Auriemma said. "Her being an ambassador for the sport that she is and being a great teacher, she represents everything that's good in our sport. Those are the people we should be celebrating. I'm thrilled for her."

Coale was happy that Stiles would be inducted the same class next June in Knoxville, Tennessee.

"I remember sitting in her living room and begging her to come play for us," Coale said laughing. "She was remarkable, one of the best offensive players I've seen and ever will see. Her work ethic, her commitment, her drive and discipline. What she did to become the player she was is stuff of legend. She wasn't an urban myth, she was for real. She's a kid who inspired every little kid to go in the driveway and get better. She's living proof that if you work hard enough and long enough good things can happen."

Stiles finished her career at Missouri State with 3,393 points, the most in NCAA history. The 5-foot-8 guard capped off her college career by leading her fifth-seeded team to the Final Four in St. Louis in 2001. That was the last time a mid-major school reached the women's national semifinals.

Stiles went on to win rookie of the year in the WNBA that year with the Portland Fire. A variety of injuries

unfortunately prevented her from finishing another full season in the league

Williams starred at UCLA in basketball and volleyball. She helped the Bruins win national volleyball titles in 1990 and 1991. Williams played in the ABL for the Portland Power before it folded. She was the league's MVP in 1998 and grabbed a league-record 22 rebounds in a game that season. She had a brief career in the WNBA playing for her hometown Utah Starzz and was a member of the 2000 gold medal-winning Olympic team.

Courteau was a women's basketball official from 1968 to 2011 and participated in 12 Final Fours and five national championship games. She also officiated in the WNBA from 1997-2011. Courteau is now the NCAA coordinator of officials. Lombard has won more than 1,200 games — winning a thousand before his 100th defeat. He was honored last year with the Morgan Wootten Award for lifetime achievement in coaching high school from the Naismith Memorial Basketball Hall of Fame.

Tipps was a chairman of AAU girls basketball for many years as well as a member of the nominating committee for the women's basketball Hall of Fame. He was also on the Olympic selection committee. Tipps died in 2011.

Follow Doug on Twitter at <http://www.twitter.com/dougfeinberg>

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i am designing my own future

Katrina Murrell is an SVSU senior majoring in graphic design, which is why you might be surprised if you saw her résumé. Resident assistant, president of the First Year Board, student success coach, peer adviser in the Office of First Year Programs, student abroad to China — none of these may sound like a fit for a young designer. Yet Katrina sees things differently. “Design is the work I do,” she says. “But that communication piece — exposure to people of all different backgrounds — really relates back to my work. It’s all about connecting.”

From her work, Katrina has won the Student Life Involvement Award and the Resident Housing Association Timbo Award for her leadership, and taken part in SVSU’s Honors Program. So, what does she love most about SVSU? “I love the close-knit and encouraging environment,” she says. “This institution is a breeding ground of opportunities. I really love it.”



Prospective or transfer students can check out SVSU by taking a campus tour and meeting with an admissions representative. Call (989) 964-4200 or email admissions@svsu.edu.

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