

Saginaw Police Department Continues to Diversify Under One Pledge

Leading in Diversity

"Empowering Communities and Changing Lives"



Investiture Ceremony P 3



History P LB2



Sharing... P 19



Global Citizenry P 21



Praise Connections P 29



Samantha Buth, Saginaw Police Department recruit, graduates 95th Delta College Academy. *Courtesy Photo* 

**Saginaw** – The goal of diversification of the Saginaw Police Department is continuing to be realized as Samantha Buth, a white woman, Jordan Bady-Parnell, an African-American man, and Richard Delong, a white man, were recently sworn to serve and protect the city.

"We have to build more trust between the community and the police department and this is how you do it," said acting chief Bob Ruth.

"With younger people that can communicate and talk with the citizens of Saginaw, even from a diverse standpoint."

Ruth says the new initiatives to recruit more diverse talent to the police force will include a program with the Saginaw city school district.

Jordan Bady-Parnell, Saginaw Police Department recruit, graduates 95th Delta College Academy. *Courtesy Photo* 



L-R -Saginaw Police Department Recruits, Samantha Buth, Jordan Bady-Parnell, and Richard Delong at swearing-in ceremony on December 22, 2014, at Saginaw council meeting. *Courtesy Photo* 

Happy New Year from The Michigan Banner!

### Saginaw MAX System of Care Holiday Gala at Dow Event Center

Saginaw - Saginaw MAX System of Care, a community initiative funded by the Substance Abuse and Mental Health Services Administration (SAMHSA), hosted their annual Holiday Gala on Thursday, December 11 from 5 p.m. – 8 p.m. at the Dow Event Center in downtown Saginaw. The event was held



Saginaw Area Youth Jazz Ensemble

in celebration of youth, family and partner collaboration within Saginaw at Celebration Square; Communities that MAX System of Care, and their efforts to reform mental health awareness and care for youth and families in Saginaw County.

"This event has become a tradition for Saginaw MAX, system partners, youth and families," said Wardene Talley, project director for Saginaw MAX System of Care. "Each year it gets bigger and better, and it's an honor to be able to spread some cheer in our community. Everyone works so hard throughout the year to make positive changes in Saginaw County and this is our way of saying 'thank you' and celebrating that work."

The event featured live community entertainment from Saginaw County Community Mental Health Choir, the Saginaw Area Youth Jazz Ensemble, and Sol Express Motown Band. Other activities included holiday crafts and face painting, pictures with Santa and Mrs. Claus provided by Robert Davis of The Big Red Suit and Carrie Davis of Shoot the Moon Photography, gift drawings, and informational booths featuring system of care partners.



Ed Becker (left) of Becker Lawncare & Landscaping with event volunteer.

Gala youth attendees

Habitat for Humanity Saginaw County; Health Delivery Incorporated; Health Delivery Incorporated School-Based Health Centers; Heritage High School Art Club; Hungry Howie's; Jacob Shoebottom; Kelley Blanck; Kokomo's Family Fun Center; Linda Schneider; Marie Villegas; Mid-Michigan Children's Museum; Mt. Carmel Jr. Ushers; Newer Dimensions Fellowship; People Achieving Change Today (PACT); Roslynn Williams; Saginaw County Community Mental Health Authority; Saginaw County Health Department; Saginaw Intermediate School District Head Start; Saginaw Psychological Services; Sandra Lindsey; Stardust Lanes; S.T.R.I.V.E.; SVRC Industries; Tamara Tucker;

like to thank the following individuals, organizations and partners for their time and generous donations that made the event so on Saginaw MAX successful: A.M.P.M., Inc.; System of Care, APS Employment Services; special events, monthly Ashley Wilcox; Becker meetings, and how to Landscaping; CAN Council get involved, visit of Saginaw County; Castle Museum; Child soc.org and find them and Family Services of on Facebook. Saginaw; Children's Zoo

Care; Dow Event Center; Ezekiel Project; Friends of Theodore Roethke; Gina Munguia-Zamora; Great Start Saginaw County;



Saginaw MAX would TriWest Group; Underground Railroad; Wardene Talley; and Yalonda Freeman.

For more information www.maxsaginaw-

Saginaw MAX System of Care is a partnership of all of the youth and familyserving agencies that can provide the necessary care to youth with complex emotional and



Lavel Jackson, lead singer of Sol Express Motown Band

behavioral challenges. It was designed to provide a tightly coordinated structure of care and eliminate gaps in service delivery.

To date, 210 youth and families have been enrolled into Saginaw MAX System of Care since the initiative began accepting referrals in 2011.

After 12 months of System of Care support 81% of youth and families reported a maintained or improved school performance, 21% of youth and families reported a decrease of bullying or threatening behaviors, and 34% of youth and families reported a decrease in "acting out behaviors" such as difficulties with relationships and rule breaking as well as displays of irritability and belligerence.



Gala youth attendee visits with Santa

#### January 1, 2015

#### The Michigan Banner First Great Lakes Bay Regional Newspaper

The Michigan Banner

1400 W. Genesee Saginaw, MI 48602 989.753-3475 publisher@themichiganbanner.com **Office Hours:** Monday - Friday 9 a.m. – 5 p.m. Publisher Jerome Buckley **Senior Editor** R. L. Buckley **The Latino Banner Senior Editor Rosa Morales** thelatinobanner@gmail.com **Circulation & Distribution:** Staff **Marketing & Sales** Staff Sales Staff

Mission:

The Michigan Banner operates and serves as a print and online media venue committed to educating, informing and enlightening our readership regarding events and news that directly and indirectly affect the communities regionally and globally. Furthermore, to serve as a catalyst and a link for cultivating young adults as entrepreneurial and business leaders for the future.

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### Investiture for Barbara L. Meter

Judge of Saginaw **County Probate Court Juvenile Division** Wednesday, Dec. 17, 2014 **Horizons Conference Center 1200 State Street** Saginaw, MI



Saginaw County Circuit Judge Fred L. Borchard speaks to a crowded room during Saginaw County Probate Judge or the family division Barbara Meter's investiture service. **Courtesy Photo** 



Judge Patrick McGraw and newly elected Saginav County Probate Judge Barbara L. Meter share a laugh during her investiture service. Courtesy Photo



Newly elected Saginaw County Probate Judge for the Family division Barbara Meter speaks to the audience during her investiture. *Courtesy Photo* 

### In This Issue

Michigan Talent	Page 4
The Latino Banner	LB 1 - LB 4
Business	Page 9
Health	
Praise Connection	
	8

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### Gov. Snyder Creates Department to Focus on Top Priority: Michigan Talent

#### By R.T.M. Jackson

**Lansing -** Gov. Rick Snyder is taking executive action to continue Michigan's climb as a national leader in talent development and investment in skilled trades.

Through an executive order, Michigan is leveraging its ability to build talent with in-demand skills while helping state businesses grow and thrive by putting job creation and economic development efforts under one new department.

Snyder announced an executive order creating the Department of Talent and Economic Development and the Michigan Talent Investment Agency, as well as a restructuring that includes several state departments.

"One of my top priorities has been to make Michigan a national leader in talent development by focusing on workforce training for the jobs of today and tomorrow," Snyder said.

"That effort will require a comprehensive, unified approach to best help Michiganders while working to retain and attract businesses to create more and better jobs. Our state has made great strides.

Now is the time to keep moving forward, taking the next steps to ensure Michigan's resurgence will continue long into the future."

Under the executive order, the Michigan State Housing and Development Authority will be under the new department, along with the Michigan Strategic Fund and any associated programs.

The executive order authorizes the director of the Talent and Economic Development Department to become the MEDC CEO if the MEDC executive committee makes that determination.

The Talent Investment Agency will coordinate all programs across the executive branch of government involving jobs preparedness, career-based education, skilled trades training, incumbent worker training, employment assistance, STEM training programs and programs targeted at the structurally unemployed.

Under this structure the

three pillars of economic development — talent development, community development and business development — will all be part of one organization and share the same vision and goals.

The plan calls for MSHDA and the Michigan Strategic Fund to be transferred to the new department.

The Workforce Development Agency and the Unemployment Insurance Agency are to be under the Michigan Talent Investment Agency.



**Governor Rick Snyder** 

The changes will bring a series of leadership moves.

MEDC CEO Mike Finney's expertise in creating an environment for Michigan businesses to thrive will be tapped in the new role of senior adviser for economic growth. He will be a member of Gov. Snyder's executive staff.

Steve Arwood, MEDC executive vice president and chief operating officer, will serve as director of the new Department of Talent and Economic Development. He will serve as a member of the governor's Cabinet.

Stephanie Comai, deputy director of the Department of Licensing and Regulatory

Affairs, will be director of the Talent Investment Agency and will serve as a member of the Cabinet.

Details about the goals and measures of the new structure are planned to be announced next month, with the new department and agency assuming operations 60 days following the start of the new legislative session.

The Michigan Chronicle

### Ring in the New Year with a COLA



Vonda VanTil

#### By Vonda VanTil, Social Security Public Affairs Specialist

**Grand Rapids -** Happy New Year from Social Security! Put down the champagne and ring in the New Year with a COLA! And we don't mean the soda.

In 2015, nearly 64 million Americans who receive Social Security or Supplemental Security Income (SSI) will receive a cost-ofliving adjustment (COLA) increase to their monthly benefit payments of 1.7 percent.

The average monthly Social Security benefit for a retired worker in 2015 is \$1,328 (up from \$1,306 in 2014). The average monthly Social Security benefit for a disabled worker in 2015 is \$1,165 (up from \$1,146 in 2014).

For people who receive SSI, the maximum federal payment amount increased to \$733 (up from \$721 in 2014).

Other Social Security changes in 2015 are also worth noting. For example, the maximum

amount of earnings subject to the Social Security payroll tax will increase to \$118,500 (up from \$117,000 in 2014).

A worker will earn one credit toward Social Security coverage after paying taxes on \$1,220 in earnings in 2015 (up from \$1,200 in 2014). As a reminder, eligibility for retirement benefits still requires 40 credits (usually about 10 years of work).

Information about Medicare changes for 2015 is available at www.medicare.gov.

The Social Security Act outlines how the COLA is calculated. To read more about the COLA, please visit:www.socialsecurity.gov/cola.

To learn more about other changes in 2015, read our fact sheet at: www.socialsecurity.gov/ news/press/factsheets/colafacts2015.html.

Vonda VanTil is the public affairs specialist for West Michigan. You can write her c/o Social Security Administration, 3045 Knapp St NE, Grand Rapids MI 49525 or via email at vonda.vantil@ssa.gov



Líder en la diversidad

Vamos Adelante

**Crowd Cheers State Rep. -Elect Vanessa Guerra First Hispanic Woman Elected to Serve 95th House Dist.** Swearing in Ceremony and Reception Draw 100, including Republicans



Saginaw's diverse community was present to witness the historic moment when the first Hispanic woman to be elected State Rep. of the 95th House District, Vanessa Guerra, was sworn in. Among those present: Gil Guevara, Saginaw American GI Forum, and his wife, Rose Guevara; Adam Gonzalez, Saginaw American GI Forum Commander; Carmen Stricker, Women's Chapter American GI Forum; Dave Gamez, Saginaw Valley State University Board of Control member, and retired CEO/Pres. of Health Delivery, Inc.



The Honorable Judge A.T. Frank, 70th District Court, delivers introductory remarks before swearing in State Rep.-Elect Vanessa Guerra, 95th House Dist. Dec. 17. To accommodate the large crowd, the ceremony was moved from a small courtroom to a large conference room at the Saginaw County Courthouse, Judge Frank previously served as 96th House Dist. Rep.

(Photos Rosa Morales)

The Rev. Fr. Joseph Schabel offered the Invocation and the Benediction for State Rep.-Elect Vanessa Guerra's swearing in ceremony. Fr. Schabel is retired, but continues to serve the community within the Saginaw Catholic Diocese. He is also a board member with the Mexican American Council (M.A.C.)

This Edition of The Latino Banner is sponsored by Team One Credit Union SEE LB 2, Swearing in Ceremony

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#### The Latino Banner Vamos Adelante

#### FROM P LB 1, Swearing in Ceremony



State Rep.-Elect Vanessa Guerra thanked everyone for their support, Labor Union Local 1098, the Dem. Party, and volunteers who worked on her campaign. She recognized Judge A.T. Frank for his leadership role as former State Rep. for the 96th Dist. and the out-going Rep. Stacy Erwin Oakes for her contributions to the 95th Dist.

Guerra told the crowd her mission is to serve her constituents with the same passion as these elected leaders. She was raised in Bridgeport Twp., served as Bridgeport Twp. Trustee and has lived in Saginaw County all of her life. Guerra said she'll work hard to "make our community a destination, not a departure point for our family and friends seeking employment." Among her legislative goals are to improve Michigan's economy, especially in her district.

"I will fight for increased spending for k-12 education, smaller classroom size and, especially, increased opportunities for mentorships."

"As I've said from the beginning, this community is my home, this is where I want to raise my family, where I want to work, and where I'm going to spend the rest of my life. Your concerns will always be my concerns, your voice will always be my voice. And your goals will always be our goals because we're in this together."



Newly sworn in State Rep.-Elect Vanessa Guerra acknowledged cheers and applause from supporters, family, friends, Saginaw County and City officials. Guerra received a standing ovation from the packed room at the Saginaw County Courthouse Dec. 17.



History in the making. State Rep.-Elect Vanessa Guerra (second from right) was joined by her campaign manager (L to R) Eric Hinojosa, Saginaw resident who works in the Saginaw County Prosecutor's Office; the Hon. Judge A.T. Frank; and Kyle Bostwick. Hinojosa and Bostwick are Saginaw natives. Both will serve the 95th House Dist. as legislative aides for Guerra when the Michigan House convenes in Jan.

(Photos Rosa Morales)

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We encourage readers to send letters, story ideas, comments and questions.

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January 1, 2015

#### The Latino Banner Vamos Adelante

## Team One Credit Union Holiday Reception Dec. 10 at Horizons Conference Center

The reception and fellowship were fantastic. Team One CU brought together a wonderful range of guests from diverse backgrounds and business interests and community philanthropy.

Guests enjoyed a marvelous array of gourmet treats, delicious food prepared by the Horizons chefs, refreshing beverages and gifts for everyone!



Deborah Sanchez, Director Saginaw Promise and Team One Brd. Member and Gloria Garcia, SVSU and Team One CU Brd. Member.



Willie (Bud) and Dorothy Butler. Mr. Butler is a board member of the Saginaw Cnty. Sports Hall of Fame.



Dana M. Tell, Vice President of Marketing, Team One CU, and Rebecca Sanchez, Saginaw Public Schools, and Team One CU Brd. Member.



(L-R) Lupe Reyes, Monica Reyes, Dir. of Continuing Educ. & Professional Development, SVSU; Leona Flores, Treasurer, Great Lakes Bay Reg. Hispanic Leadership Institute Board, SVSU; Ed Flores, former brd. member, Saginaw American GI Forum.

(Photos Rosa Morales)

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#### The Latino Banner Vamos Adelante

## Team One Credit Union Holiday Reception Dec. 10 at Horizons Conference Center



Judy and Edward Kocks. Mr. Kocks is a board member of the Saginaw Cnty. Sports Hall of Fame.



(L-R) Miguel Torres, K'Onda Mag; Bobby DeLeon, Pres. of the Mexican American Council; Irma DeLeon, Youth Prog. Coord., Mexican American Council; Rev. Fr. Joseph Schabel, (ret.) Saginaw Catholic Diocese.



(L-R) Caroline Makimowicz; Gil Guevara, Vice Chair, Mich. Hispanic/Latino Commission; Deborah Sanchez, Dir. of Saginaw Promise, and Team One CU Brd. Member.



Andrea Sanchez, Community Development and Diversity Specialist, Team One CU; and Dana M. Tell, Vice President of Marketing, Team One CU.



<sup>(</sup>Photos Rosa Morales)

### Intersection of Business & Wealth **Gartner Identifies the Top 10 Strategic Technology Trends for 2015**

**CT** - Gartner defines a strategic technology trend as one with the potential for significant impact on the organization in the next three years.

"We have identified the top 10 technology trends that organizations cannot afford to ignore in their strategic planning processes," said David Cearley, vice president & Gartner Fellow.

"This does not necessarily mean adoption and investment in all of the trends at the same rate, but companies should look to make deliberate decisions about them during the next two years."

Mr. Cearley said the top trends for 2015 cover three themes: the merging of the real and virtual worlds, the advent of intelligence everywhere, and the technology impact of the expected to grow 98 percent in 2015, followed by digital business shift.

The top 10 strategic technology trends for 2015 are:

#### **Computing Everywhere**

As mobile devices continue to proliferate, Gartner predicts an increased emphasis on serving the needs of the mobile user in diverse contexts and environments, as opposed to focusing on devices alone.

"Phones and wearable devices are now part of an expanded computing

environment that includes such things as consumer electronics and connected screens in the workplace and public space," said Mr. Cearley.

"Increasingly, it's the overall environment that will need to adapt to the requirements of the mobile user.

This will continue to raise significant management challenges for IT organizations as they lose control of user endpoint devices. It will also require increased attention to user experience design."

#### **The Internet of Things**

The combination of data streams and services created by digitizing everything creates four basic usage models — Manage, Monetize, Operate and Extend.

These four basic models can be applied to and big answers first and big data second any of the four "Internets." Enterprises should not limit themselves to thinking that only the Internet of Things (IoT) (assets and machines) has the potential to leverage these four models.

For example, the pay-per-use model can be applied to assets (such as industrial equipment), services (such as pay-as-you-drive insurance), people (such as movers), places (such as parking spots) and systems (such as cloud services). Enterprises from all industries can leverage these four models.

#### **3D** Printing

Worldwide shipments of 3D printers are a doubling of unit shipments in 2016.

3D printing will reach a tipping point over the next three years as the market for relatively low-cost 3D printing devices continues

> to grow rapidly and industrial use expands significantly.

New industrial, biomedical and consumer applications will continue to demonstrate that 3D printing is a real, viable and cost-effective means to reduce costs through improved designs, streamlined prototyping and short-run manufacturing.

#### Advanced, Pervasive and Invisible Analytics

Analytics will take center stage as the volume of data generated by embedded systems increases and vast pools of structured and unstructured data inside and outside the enterprise are analyzed.

"Every app now needs to be an analytic app," said Mr. Cearley. "Organizations need to manage how best to filter the huge amounts of data coming from the IoT, social media and wearable devices, and then deliver exactly the right information to the right person, at the right time.

Analytics will become deeply, but invisibly embedded everywhere." Big data remains an important enabler for this trend but the focus needs to shift to thinking about big questions - the value is in the answers, not the data.

#### **Context-Rich Systems**

Ubiquitous embedded intelligence combined with pervasive analytics will drive the development of systems that are alert to their surroundings and able to respond appropriately.

Context-aware security is an early application of this new capability, but others will emerge. By understanding the context of a user request, applications can not only adjust their security response but also adjust how information is delivered to the user, greatly simplifying an increasingly complex computing world.

#### **Smart Machines**

Deep analytics applied to an understanding of context provide the preconditions for a world of smart machines.

This foundation combines with advanced algorithms that allow systems to understand their environment, learn for themselves, and act autonomously.

Prototype autonomous vehicles, advanced robots, virtual personal assistants and smart advisors already exist and will evolve rapidly, ushering in a new age of machine helpers. The smart machine era will be the most disruptive in the history of IT.

#### **Cloud/Client Computing**

The convergence of cloud and mobile computing will continue to promote the growth of centrally coordinated applications that can be delivered to any device.

"Cloud is the new style of elastically scalable, self-service computing, and both internal applications and external applications will be built on this new style," said Mr. Cearley.

"While network and bandwidth costs may continue to favor apps that use the intelligence and storage of the client device effectively, coordination and management will be based in the cloud."

SEE P11, Gartner Identifies

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# **SBDC Presents Starting a Business Seminar**

seminar at the Hoyt Library, at 505 Janes Avenue in Saginaw, on Thursday, Jan. 22, 2015, from 5:30 p.m. to 8 p.m.

The seminar is

designed for individuals who are considering self-employment and those who may be at the beginning stages of starting a business.

Delivered in a seminar format, this introductory session helps aspiring

Development Center Great Lakes Bay manage a company, as well as evaluate market in advance. Region will offer a free Starting a Business and sales potential for their products/services.

> Start-up costs, financing options, and business planning are introduced, along with other necessary steps to getting started.

For more information about Michigan SBDC, online resources, business education seminars and registration,

visit www.SBDCMichigan.org or call (989) 686-9597.

Pre-registration is required and reasonable arrangements for persons with disabilities

Saginaw - The Michigan Small Business entrepreneurs assess their abilities to lead and will be made if requested at least two weeks

Seminar sponsors are Public Libraries of Saginaw, Saginaw Future, Saginaw County Clerk and the SBDC Great Lakes Bay Region hosted by Delta College Corporate Services.

"You can't build a reputation on what you are going to do." ~ Henry Ford

#### FROM P9, Gartner Identifies

In the near term, the focus for cloud/client will be on synchronizing content and application state across multiple devices and addressing application portability across devices.

Over time, applications will evolve to support simultaneous use of multiple devices. The second-screen phenomenon today focuses on coordinating television viewing with use of a mobile device.

In the future, games and enterprise applications alike will use multiple screens and exploit wearables and other devices to deliver an enhanced experience.

#### **Software-Defined Applications** and Infrastructure

Agile programming of everything from applications to basic infrastructure is essential to enable organizations to deliver the flexibility required to make the digital business work.

Software-defined networking, storage, data centers and security are maturing. Cloud services are software-configurable through API calls, and applications, too, increasingly have rich APIs to access their function and content programmatically.

To deal with the rapidly changing demands of digital business and scale systems up - or

down — rapidly, computing has to move away from static to dynamic models.

Rules, models and code that can dynamically assemble and configure all of the elements needed from the network through the application are needed.

#### Web-Scale IT

Web-scale IT is a pattern of global-class computing that delivers the capabilities of large cloud service providers within an enterprise IT setting.

More organizations will begin thinking, acting and building applications and infrastructure like Web giants such as Amazon, Google and Facebook.

Web-scale IT does not happen immediately, but will evolve over time as commercial hardware platforms embrace the new models and cloud-optimized and software-defined approaches reach mainstream.

The first step toward the Web-scale IT future for many organizations should be DevOps - bringing development and operations together in a coordinated way to drive rapid, continuous incremental development of applications and services.

#### **Risk-Based Security and Self-Protection**

All roads to the digital future lead through security. However, in a digital business world, security cannot be a roadblock that stops all progress.

Organizations will increasingly recognize that it is not possible to provide a 100 percent secured environment. Once organizations acknowledge that, they can begin to apply more-sophisticated risk assessment and mitigation tools.

On the technical side, recognition that perimeter defense is inadequate and applications need to take a more active role in security gives rise to a new multifaceted approach.

Security-aware application design, dynamic and static application security testing, and runtime application self-protection combined with active context-aware and adaptive access controls are all needed in today's dangerous digital world.

This will lead to new models of building security directly into applications. Perimeters and firewalls are no longer enough; every app needs to be self-aware and self-protecting.

Source: www.gartner.com



### Economic News Across the Nation for 2015...

## New Car Czar Wants to Bring Auto Jobs to Michigan

#### **By Michael Martinez**

**Detroit** - Kevin Kerrigan's has been Michigan's new car czar more than three weeks. But the U.K. native, whose job is to grow the state's automotive industry, has barely had time to step foot in his Lansing office.

Since he succeeded Nigel Francis on Nov. 17, Kerrigan joined Gov. Rick Snyder on a six-day trip to China that yielded new investment for the state. He currently is on a similar trip to South Korea. If things go according to plan, his whirlwind schedule will continue.

"There's so much interest in Michigan and the resurgence in the auto industry," he said in an interview. "The first thing this



autos office needed to do was create a strategic plan. We did that, and my job is to turn that into operations."

Kerrigan, who works through the Michigan Economic Development Corp., said he'll measure success on the number of jobs and amount of investment he can bring to Michigan.

According to the MEDC's website, the Great Lakes State has added more than 13,526 automotive manufacturing jobs in

the past four years. Automakers and suppliers have invested \$10.6 billion over that same time period.

"I think the biggest challenge is there are so many opportunities," Kerrigan said. "But jobs is absolutely the No. 1 measure we look at right now."

He's already off to a good start. During

the trip to China, he helped secure a deal with aluminum wheelmaker Citic Dicastal, which will build a \$140 million plant in Greenville in early 2016 that will create 300 jobs.

Kerrigan said he'll try to score similar agreements with companies in countries like India, Germany and Japan.

Mike Finney, president and CEO of the MEDC, said, "The automotive world is a very big world. So often, we thought

everything centered around Michigan.

The perspective Kevin brings is that the world is much bigger and we have to understand what's going on in Europe and Asia, to really position Michigan favorably."

Snyder created the auto office and appointed Francis to lead it in September 2013 with a mission to strengthen the relationship between the state and its largest economic driver.

During his tenure, Francis, an auto industry veteran of 20-plus years, implemented a long- term growth plan and went on numerous trade missions to Asia and Europe.

Francis resigned from the office last month and took a job as vice president of corporate planning for Detroit-based supplier American Axle & Manufacturing Inc.

"He was a hard-charging business executive who understood the industry and was very technically sound," Finney said. "Nigel brought a perspective based on his engineering background that that allowed us to take a deeper look at where the sector was going from a technology standpoint."

Francis was known for being open and accessible to media and business leaders alike, and Kerrigan promised to follow that same path.

He plans to travel often, meet with the CEOs of Detroit automakers and meet many other executives at the North American International Auto Show in January.

"I've been in business my whole life," he said. "One of the cardinal rules is that if you take over a position that is successful, you don't change anything."

Source: The Detroit News, mmartinez@detroitnews.com, (313) 222 2401, Twitter.com/MikeMartinez DN

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**Kevin Kerrigan** 



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Happy New Year!

I'd like to thank all my customers for the tremendous support and loyalty I've been given during the year, and may you receive the gift of peace and prosperity throughout 2015!

### Saginaw County Chamber of Commerce Welcome to the Chamber!



B&B Threads 3061 Bay Plaza Dr. Saginaw, MI 48604 989-401-7525 www.threads.bybandb.com

1000 businesses strong: Are YOU a member?

Contact Susan@saginawchamber.org or 989-757-2112 for more information.

# **Starting a Business**

**Bay City –** The Michigan Small Business Development Center Great Lakes Bay Region is pleased to offer a Starting a Business seminar at the Alice and Jack Wirt Public Library at 500 Center Avenue in Bay City on Wednesday, Jan. 28 from 1 p.m. to 4 p.m. for free.

This seminar is designed for individuals who are considering self-employment and those who may be at the beginning stages of starting a business.

Delivered in a seminar format, this introductory session helps aspiring entrepreneurs assess their abilities to lead and manage a company, as well as evaluate market and sales potential for their products/services.

Start-up costs, financing options, and business planning are introduced, along with other necessary steps to getting started

For more information about Michigan SBDC, online resources, business education seminars and registration, go to www.SBDCMichigan.org or call (989) 686-9597; pre-registration is required and reasonable arrangements for persons with disabilities will be made if requested at least two weeks in advance.

Seminar sponsors are Alice and Jack Wirt Public Library; Bay County Clerk; Bay Future, Inc.; and the SBDC Great Lakes Bay Region hosted by Delta College Corporate Services.

The Michigan Small Business Development Center provides expert business assistance to help Michigan businesses raise capital, develop business plans and export strategies, and commercialize technologies.

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January 1, 2015

# Health "Better Choices, Better Medicine, Better Healing" Give the Gift of Life...

**Saginaw -** Michigan Blood is encouraging the community to give the gift of life this holiday season by donating blood. Donations from volunteer blood donors help save lives. As a special thank you, Michigan Blood is providing a free Fandango movie voucher to anyone who attempts to

Two years ago, 11-year-old Bree Town was diagnosed with leukemia. Throughout her treatment, she received more than 100 transfusions, each one possible because of generous Michigan Blood donors.

"When doctors said I had leukemia I got a bunch of blood transfusions," Town said. "In February, I had a marrow transplant and more blood, but now I'm cancer-free. Thank you Michigan Blood donors."

Michigan Blood, along with the Town family, are asking residents in the Great Lakes Bay Region to give from the heart this holiday season by donating blood at a Michigan Blood donor center.

As a special thank you, Michigan Blood is providing a free Fandango movie voucher to anyone who attempts to donate during its upcoming holiday special event. The Fandango movie vouchers can be redeemed online for a movie ticket at most theaters across the state.

The special event will take place at the following locations in the Great Lakes Bay Region:

Saginaw Donor Center 1771 Tittabawassee Rd., Thursday, Jan. 1 – 8 a.m. to 3:30 p.m. Friday, Jan. 2 – 8 a.m. to 3:30 p.m.



**Bree Town** 

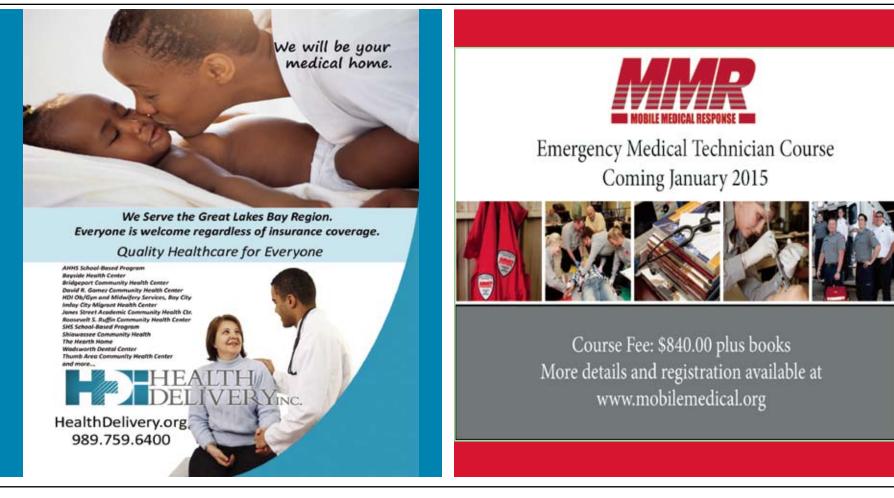
Dow Diamond Donor Center 825 E. Main St., Midland Thursday, Jan. 1 – 7:30 a.m. to 3 p.m.

Midland Donor Center MidMichigan Medical Center-Midland

4005 Orchard Dr., Midland Friday, Jan. 2 – 8 a.m. to 3:30 p.m. Any healthy person 17 or

older (or 16 with parental consent) who weighs at least 110 pounds may be eligible to donate.

Blood donors should bring photo ID. To schedule an appointment, individuals can call 1-866-MIBLOOD or visit www.miblood.org.



## Health Commentary: Violence Can Affect Anyone



**Dr. Etienne Krug** 

"Violence can be effectively tackled by public health efforts quite similar to those used to control disease. " Dr. Etienne Krug, Director, Management of NCDs, Disability, Violence and Injury Prevention

#### By Dr. Etienne Krug

**U.N.** - While working as a medical doctor in El Salvador, Mozambique, Nicaragua and Sudan, I saw first-hand the devastating impact of violence and its destruction on families and communities.

Although war was raging in these countries at the time, many patients I treated in rural hospitals were children who were victims of abuse, women beaten by their partners, young boys injured in fights, or older people abandoned by their families.

I also saw first-hand examples of the enormous impact such violence has on the health sector which devoted a significant amount of time and resources responding to its consequences.

#### Lifelong ill health

Violence ripples well beyond physical harm. It causes depression, anxiety and other mental health disorders.

It also contributes to cancer, heart disease, stroke and HIV/AIDS because victims of violence by adopting risky behaviors such as using tobacco, alcohol and drugs, as well as engaging in unsafe sex.

In this regard too, violence can be a driver of early death and lifelong ill health.

When we put these health consequences into perspective taking into account the large number of people affected, we start lifting the veil on the enormity of the issue.

For example, one fifth of girls have been sexually abused; one quarter of children have suffered physical abuse; and one third of women have experienced, at some point in their lifetimes, physical and/or sexual violence by a partner.

#### Violence is predictable and preventable

Violence can be effectively tackled by public health efforts quite similar to those used to control disease.

We need not, however, be fatalistic about violence: it is both predictable and preventable. While working for the United States Centers for Disease Control and Prevention, it became clear to me that violence can be effectively tackled by public health efforts quite similar to those used to control disease.

In 2002 WHO issued the first ever "World report on violence and health", which even today remains among WHO's "best sellers".

More recently we embarked on assessing how the recommendations of this report have been implemented around the world, an effort which has led to the "Global status report on violence prevention 2014".

The report describes the current state of interpersonal violence prevention related to child maltreatment, youth violence, intimate partner and sexual violence, and elder abuse. Data from 133 countries (88% of the world population) were collected and analyzed.

#### Homicides are decreasing globally

I am encouraged by the report's findings: for instance, violence is now talked about in many countries as a public health problem.

Violence prevention programs, laws and services for victims are being developed and implemented in an increasing number of countries.

The statistics are moving in the right direction. Although the annual global number

often try to cope with their traumatic experiences of homicides at 475,000 is still unacceptably high, this represents a reduction of 16% since 2000; in high-income countries this decrease is even greater at 39%.

#### No country can rest on its laurels

Still, much more needs to be done. The Global status report reviewed implementation of 18 "best buy" violence prevention programs, a dozen laws that are relevant for violence prevention, and a number of services for victims of violence that every country should have in place.

It found, for example, that only a third of countries are implementing each of the 18 prevention programs, such as life skills development to prevent youth violence, education for parents to prevent child maltreatment, and support to caregivers to prevent elder abuse.

The report also found that while most countries have violence prevention legislation in place, only half of countries report that these laws - against, for example, rape, domestic violence, weapons in schools, elder abuse - are fully enforced.

Finally, while it is widely recognized that mental health services for victims of violence are essential to reduce the long-term consequences of violence - including the risk of becoming a perpetrator of violence - less than half of the countries have such services in place.

WHO has played

a role in supporting countries to strengthen their response to violence. We have come a long way since the late 1990s.

I hope that this new report, adoption of the recent World Health Assembly resolution, current efforts toward developing a global action plan, and ongoing discussion around the post-2015 Sustainable Development Goals will help boost national and international violence prevention efforts to a new level.

Source: http://www.who.int/

**W.A.** - Most of us depend on cell phones every day. Some people wonder if cell phones can cause health problems. Here's what you should know about cell phones and your health.

Can using a cell phone cause cancer?

• There is no scientific evidence that provides a definite answer to that question.

• Some organizations recommend caution in cell phone use. More research is needed before we know if using cell phones causes health effects.

Do cell phones give off (emit) radiation?

• Yes – cell phones and cordless phones use radiofrequency radiation (RF) to send signals. RF is different from other types of radiation (like x-rays) that we know can be harmful.

• We won't know for sure if RF radiation from cell phones can cause health problems years later.

• The International Agency for Research on Cancer (IARC) has classified RF radiation as a "possible human carcinogen." (A carcinogen is an agent that causes cancer.)

Should people stop using cell phones?

• At this time we do not have the science to link health problems to cell phone use.

• Scientific studies are underway to determine whether cell phone use may cause health effects.

• It is also important to consider the benefits of cell phones. Their use can be valuable in an urgent or emergency situation – and even save lives.

If you are worried about cell phone use, follow the tips below.

#### Cell phone tips

To reduce radio frequency radiation near your body:

• Get a hands-free headset that connects directly to your phone.



• Use speaker-phone more often.

• In the past, RF interfered with the operation of some pacemakers. If you have a pacemaker and are concerned about how your cell phone use may affect it, contact your health care provider.

What research is being done to learn more about cell phones and health?

Scientists are continuing to study the possible health effects of cell phone use. For example, the World Health Organization (WHO) is currently looking into how cell phones may affect:

• Some types of tumors (a lump or growth)

- Our eyes
- Sleep
- Memory
- Headaches

### Acoustic Neuroma

Scientists are looking into a possible link between cell phone use and certain types of

tumor. One type is called an acoustic neuroma ("ah-COOS-tik nur-OH-ma"). This type of tumor grows on the nerve that connects the ear to the brain. It doesn't cause cancer, but it may lead to other health problems, like hearing loss.

Another type scientists are looking into is called a glioma ("glee-OH-ma"). This is a tumor found in the brain or central nervous system of the body.

Why has the information on this page been updated?

CDC has not changed its position on health effects associated with the use of cell phones. The agency updated these cell phone FAQs in June 2014 as part of efforts to ensure that health information for the public followed best practices, including the use of plain, easy-to-understand, language.

During this process, revisions were introduced which inadvertently led some visitors to the web page to believe that a change in position had occurred. The corrected FAQs are now available on this page.

CDC announces changes in public health policy and recommendations through publication in the peer-reviewed literature, usually accompanied by outreach to partners and a media announcement.

We apologize for any confusion that resulted from our efforts to ensure that agency information is presented in easy-to-understand language.

Where can I get more information about cell phones and health?

For more information, visit The Federal Communications Commission, World Health Organization and The Food and Drug Administration. Source: www.cdc.gov

### Page 17

January 1, 2015

# Maximize Resuts

The story of a child with Severe Emotional Disturbance is too often one of tragedy. With the right help and the right team, it can be one of triumph. We maximize results — to give more family stories a happy ending.

Contact Wardene Talley 989-754-2288



University Center, MI - Students from high schools across the Great Lakes Bay Region and from Saginaw Valley State University made the holidays a little brighter for children who participate in after school programs at Saginaw's First Ward Community Center.

The students in the Great Lakes Bay Regional Youth Leadership Institute have been volunteering at First Ward during the school year.

"Since its inception, the Great Lakes Bay Regional Youth Leadership Institute has partnered with United Way of Saginaw County to help provide others a happier holiday season," said United Way President/CEO, Cherrie J. Benchley.

"This year the students attending the institute were able to volunteer as mentors and work firsthand with the students at



Institute have been volunteering at First Ward during the school year. "Since its inception, the Great Students from the Great Lakes Bay Regional Youth Leadership Institute in distributing gifts to children at Saginaw's First Ward Community Center. (Photo courtesy SVSU)

### First Ward prior to the holiday season.

"Not only will the students appreciate the generosity of others, they have enjoyed the time spent working together and getting to know these young leaders.

"United Way is thankful for each of these volunteers who have learned what it means to 'Live United' and have given their time and resources to help others in the Saginaw County community."

In years past, Youth Leadership Institute students have wrapped and delivered gifts to families selected through United Way's adopt-a-family program.

The Great Lakes Bay Regional Youth Leadership Institute is a year-long community outreach program facilitated by SVSU's Office of Diversity Programs, in partnership with the Bridge Center for Racial Harmony.

The initiative pairs 96 high school students from the region with 35 SVSU mentors. The program provides leadership development experience for youth focused on issues related to the intersection of diversity and leadership.

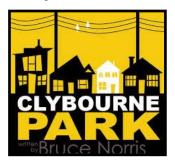


### **Tie-Dye Journals Program for Tweens**

**Saginaw -** Start the New Year by getting your craft on! Come out and participate in Tie-Dye Journals on Monday, January 26 at 4:30 p.m., at Wickes Library, 1713 Hess. Tweens are invited to show off their creativity while making a personal notebook. A small snack will be provided.

### Pit and Balcony Theatre Presents: Clybourne Park

Date: Feb. 6, 2015 Time: 8 PM Phone:(989) 754-6587



### How to Survive Science Fair with a Twist

**Saginaw-** On Saturday, January 24 from 9:30 a.m. to 12:30 p.m. at Zauel Library, 3100 N. Center, students and parents will learn about the requirements of participating in a science fair, and get tips to help them survive the preparation process.

This informative and fun workshop will be lead by Canika Pugh Owen-Robinson, a local chemist, who has prepared students for national science competitions for a number of years.

The fair will conclude with Joel Tacey and his Scienceterific Show that will engage students about the world of science. Those in attendance will also qualify for science fair supplies and fun door prizes.

Students in grades 4th-8th and a parent don't want to miss this fun and informative presentation. This event is FREE, but registration is limited. To register, call 989-799-2771 Ext. 1503

# **Community Youth Summit is a Success!**

"We never imagined that we would exceed our goal." Evelyn McGovern, president of Women of Colors.

Saginaw - The first "Warm A Child For Winter" was a great success with over 300 children receiving coats, hats, gloves, scarfs, and even books at SVRC Industries, Inc., located at 1000 Tuscola St., in Saginaw, on November 22.

The collaboration between Women of Colors and One Stop Business Center began in September when both felt a need to do more in the community. The collaboration resulted in the community youth summit to meet the needs of the youth emotionally, and "Warm A Child for Winter" coat distribution that would meet the physical needs of the youth.

The community youth summit presented before the distribution of the coats included guest speakers Billy Strawter, Jr.,

of EnviCare Consulting, Inc., Midland, MI. Pastor Gabriel Martinez, The Connexion Church, in Saginaw, CEO and founder. of Teknon Ministries and GenX-42 ministries, and owner of Teknon Auto. The awesome presentation by

president and owner



Vicki Hill, Host

both guest speakers was educational and motivated the youth and parents.

WTLZ Community Connection recorded live from the event.



**Beal with daughters** 

The upcoming rising comedian. Marcus McDole, was amazing as he kept the entire auditorium entertained.

Guest speakers also included Saginaw Police Department Officer Pat Brush and Michigan State Trooper Yvonne Brantley. With over 25 volunteers

on the day of the event to help distribute hundreds of coats, hats, gloves, scarfs

For Winter" to be successful and operate smoothly.

Next year, Women of Colors and One Stop Business Center look forward to collaborating in hopes of making the summit and coat distribution an annual event to warm twice as many children inside and out.

The sponsors of the event included Chemical Bank, Garber Management Group, Paul Mitchell III Trust; Family First Credit Union, Senator Ken Horn, Gil Johnson, president of Saginaw Valley Ford; The Michigan Banner Newspaper, WTLZ/KISS 107.1-FM, Saginaw Valley Bone & Joint Center; Sunrise Baptist Church, Saginaw Bay Underwriters, Jack's Fruit Market; WKCQ-FM, Sam's Club-Walmart, Meijer; and more.

For more information about Women of Colors, call 989. 737.9286. If you would Joyce Harvin from like information about One Stop Business Center, located at 1224 Court Street, call 989.607.1155.

checks in the mail from individuals and area businesses who also sent coat donations made L-R: President of Women of Colors, **Evelyn McGovern, and Anna January** everything a reality.

"We never imagined

"This was one of

the largest events that

which would not have

been possible without

community support.

The outpouring of help

with unexpected

WOC has ever had,

that we would exceed our goal of 250 and books enabled the "Warm A Child coats for children, and a week before the event we had 450 children registered for coats and the phone kept ringing.

"You could not tell the gently used from the new coats and the smiles on the children faces were priceless," said Evelyn McGovern,

president of Women

of Colors, (WOC). Vicki Hill, Gospel lady, WTLZ/KISS 107.1-FM radio personality on Sunday mornings was the gracious host of the event, and worked hard to make sure that every child received a coat.

January 1, 2015

#### **The Michigan Banner First Great Lakes Bay Regional Newspaper**

### Education

### Spelman College Intercultural Engagement Program Encourages Global Citizenry

By Jasmine M. Ellis



Jasmine M. Ellis

GA - Based on Spelman College's Strategic Plan Priorities, 250 students were expected to have a meaningful international experience during the 2013-2014 academic year.

However, 433 students ended up traveling abroad. By providing opportunities for students to have a meaningful global experience, Spelman College reaffirms its mission to produce global citizens.

This past summer, 106 students participated in a two-week summer study abroad program through a unique partnership between Spelman College and the Council on International Education Exchange.

The Intercultural Engagement Program took

place in four locations: Lima, Peru; Santo Domingo, Dominican Republic; Accra, Ghana; and Lisbon, Portugal.

English premed major, Jada Holmes, describes her two weeks in Accra as "life altering." While in Ghana, Holmes was inspired by the Future Leaders Underprivileged Care Center to continue her journey to create her own nonprofit organization, something she has struggled to do.

"At the UCC, I met Billa Mamud, the founder of Future Leaders Underprivileged Care Center," said Holmes, who was stirred by Mamud's story and work with the students.

I have wanted to do for years, but different people shut down my ideas, and I became discouraged. of amphibians.

"However, after hearing that Mr. Mamud started his care center by himself, under a tree, I was amazed, because his center had grown into a school with about eight classrooms, a training space for cosmetologists, and a two-story office and living area."

At that moment, Holmes said she realized she did not need a grand start; she needed only her dream and herself.

Spelman is the CIEE School of Record," said Dimeji Togunde, Ph.D., who serves as the associate provost for Global Education and professor of International Studies at Spelman.

"We are the only institution in the United States that issues academic transcripts for students who participated in the CIEE program.

"Because of that longstanding relationship and mutual commitment to enhance students' intercultural development and their global competence, this new partnership with CIEE has become the most important strategy for us in meeting the number of students projected to study abroad in our Strategic Plan and the Quality Enhancement Plan."

What makes this program unique is its length and focus. It is an intensive three credit-bearing program that runs two weeks.

"Other credit-bearing programs are either four to five weeks or a semester," said Dr. Togunde. "In addition, this provides opportunities for certain majors, such as STEM students who traditionally had limited opportunities, to participate in study abroad."

According to Dr. Togunde, STEM students are typically not able to take advantage of study abroad due to time constraints and conflicts with other summer plans, such as internships.

However, the CIÊE program is flexible and short enough, yet compatible with academic programs in STEM disciplines, to make it possible for students to participate. It is also costeffective for many students, including international students.

Biology major Blair Johnson spent her summer studying abroad in Lisbon, Portugal, taking classes that "focused on cultural stereotypes and differences between the United States of America and Portugal," she said.

After her trip to Peru, Johnson spent time in Berlin, Germany, at The

Leibniz Institute of Freshwater Ecology and "Establishing my own nonprofit is something Inland Fisheries, researching the effect of endocrine disruptors on the sexual development



L-R - Spelman students in Peru Kayla Jackson, Renatta Landrau, Krislyn Domingue, Breunna Gibbs, Danielle Brackett; and in front Sarah Brokenborough.

#### **Courtesy Photo**

"My summer was incredibly meaningful," said Johnson. "I learned to appreciate the uniqueness of an African-American female living in Europe.

"I learned to apply all of the skills taught to me during my three years at Spelman College to real life. In return, I hope to share my experience with others to illustrate it is possible for each individual to step outside of their comfort zone and experience something new – to travel abroad."

This year the College is adding additional destinations to the program, expanding it from four to six locations.

The trip to Ghana will be replaced with Amsterdam, Netherlands. The other two new destinations are Barcelona, Spain, and Seoul, South Korea.

The plan this academic year is to have at least 150 students traveling to the six locations -25 students to each location.

Jasmine M. Ellis, is a political science major and an intern in the Office of Communications.



Spelman students in the Dominican Republic from left to right are Zarinah Mustafa, Nicola Hill and Nneze Akwiwu. Courtesy Photo

1400 W. Genesee Saginaw, Michigan (989) 753-3475 www.themichiganbanner.com



Courtesy Photo

### **U-M Ecologist Wins Prestigious Award for Young Scientists**

Ann Arbor — University of Michigan disease ecologist Chelsea Wood has been awarded a 2014 Science and SciLifeLab Prize for Young Scientists. Her winning essay will be published online in the journal Science.

Wood studies the ecology of parasites and pathogens in marine and freshwater ecosystems. She is an assistant professor in the Department of Ecology and Evolutionary Biology and a fellow in the Michigan Society of Fellows.

Her winning essay, "Environmental change and the ecology of infectious disease," describes her dissertation work, which investigated how biodiversity loss can change the composition of parasite assemblages and patterns of disease transmission.

"I'm honored to receive this award, and I think it reflects growing recognition of the importance of ecological processes in the transmission of infectious diseases," Wood said.

The Science and SciLifeLab Prize for Young Scientists recognizes early-career scientists. It includes a grand-prize award of \$25,000 and three "category winner" awards of \$3,000. Wood won in the environment category and will received her prize on Dec. 9 in Stockholm, Sweden.

The annual prize is supported by Science for Life Laboratory, a Swedish national center for molecular biosciences with a focus on health and environmental research, and the Knut and Alice Wallenberg Foundation in collaboration with the journal Science, which is published by the American Association for the Advancement of Science, a nonprofit international science society.

Applicants for this year's award



**Chelsea Wood** 

categories: cell and developmental biology, genomics and proteomics, environment, and translational medicine.

The essays were judged by an independent editorial team organized by Science. Judges evaluated the quality of the applicants' research and their ability to articulate how their work contributes to the scientific field. Winners in each category competed for the grand prize.

The winner of the 2014 grand prize is Liron Bar-Peled of the Scripps Research Institute, who entered the cell and developmental biology category. Simon Johnson of the Albert Einstein College of Medicine won in the translational medicine category. Dan Dominissini of the University of Chicago won in the genomics and proteomics category. The winners were announced today.

"Science is pleased to partner with submitted a 1,000-word essay in one of four SciLifeLab to recognize the most promising

young researchers conducting groundbreaking life-science research of both fundamental and practical importance to our health and quality of life," said Marcia McNutt, editor-in-chief of Science. "These early career awards provide a big career boost to rising talent when they need it most."

U-M's Wood received a doctorate in ecology, evolution and population biology from Stanford University in 2013 and a bachelor's in ecology and evolutionary biology from Dartmouth College in 2006. Her research focuses on two fundamental questions.

First, what are the effects of anthropogenic environmental change on the abundance, diversity, distribution and transmission of parasites and pathogens?

Second, how can we harness our knowledge of the ecological dimensions of disease transmission to alleviate human disease burdens in the developing world?

She addresses these questions with empirical work in marine and freshwater ecosystems. Her projects include a large-scale study of the parasite assemblages of coral reef fishes in the central Pacific and a whole-ecosystem experiment in ponds of central California.

"Despite the strong influence of environment on many pathogens, considerable uncertainty exists as to whether and how anthropogenic environmental change affects disease risk," Wood said.

"Does loss of biodiversity generally increase or decrease disease agent transmission? As human impacts on ecosystems accumulate and the perceived threat of zoonotic disease grows, answers to this question are urgently needed."

January 1, 2015

# VEARS of OPPORTUNITY HEAT START 1965-2015

#### **About Saginaw ISD HS/EHS**

Established in 1965, Head Start promotes school readiness for children, ages three to five, in low-income families by offering educational, nutritional, health, social and other services.

Head Start programs promote school readiness by enhancing the social and cognitive development of children through the provision of educational, health, nutritional, social and other services to enrolled children and families.

Early Head Start, launched in 1995, provides support to low-income infants, toddlers, pregnant women and their families.

EHS programs enhance children's physical, social, emotional, and intellectual development; assist pregnant women to access comprehensive prenatal and postpartum care; support parents' efforts to fulfill their parental roles; and help parents move toward self-sufficiency.

Together Head Start and Early Head Start have served tens of millions of children and their families.

At Saginaw ISD Head Start, our attentive staff is available Monday through Friday to answer all of your questions and make every effort to ensure you are 100% satisfied.

"Our mission is to provide high quality services, developing school readiness and family empowerment for prenatal to age five children and families by working in partnership with parents and the community." Claytor Administrative Building 3200 Perkins Street \* Saginaw MI 48601 989.752.2193 \* 989.921.7146 Fax

#### **Office Hours:**

Monday: 8 AM – 4:30 PM Tuesday: 8 AM – 4:30 PM Wednesday: 8 AM – 4:30 PM Thursday: 8 AM – 4:30 PM Saturday: Closed Sunday: Closed

For additional information concerning Saginaw ISD Head Start visit: www.saginawheadstart.org.

Source: www.saginawheadstart.org



Sabrina Beeman-Jackson Saginaw ISD Head Start/Early Head Start Program Director

### **31st Parent Conference and Family Engagement Institutes**



Partnerships play a central role in the Head Start model. NHSA's annual Parent Conference and Family Engagement Institutes is the only national event that focuses on how communities,

parents, families, and Head Start program staff can best partner to promote both parent and family engagement and children's learning and development. Visit www.nhsa.org for conference details and registration.



## Why Children are Not Little Adults, Take Two

**By Lisa Lambert** 

"Children are not little adults," I said at a recent meeting. "They go home to families, not their own apartments. They go to school; they are not employed. And when they have mental health problems, it's episodic, not chronic."

I haven't had to say that children are not little adults for quite some time, but I find I am saying it a lot lately.

When I first began this work, there was a wonderful paper written by Trina Osher, who was then the policy director at the Federation of Families for Children's Mental Health, called "Why Children Are Not Little Adults." (Visit iffcmh.org to read.) It was targeted to managed care companies and I quoted it a lot.

We were seeing the beginning of a shift to insurance, including Medicaid, as a primary funder and designer of treatment and services for children and teens with behavioral health needs, a shift that continues to this day.

It was important that those creating and approving services understood that what worked for adults and was appropriate for them might not work for children.

Children, Trina Osher wrote, "continuously require the support of their parents, siblings and other family members." She emphasized that there must be respect for the family's culture and beliefs.

Children have a need not just for food, clothing and shelter, but for protection. which makes them especially vulnerable. Their mental health and physical health needs are intertwined.

Many of these ideas became familiar to others – providers, funders, state agency staff and educators. At meetings, I often heard others articulate them so I didn't have to. Now, fast forward to today.

Today, we are having discussions about health homes and integrated care.

We've expanded our understanding to recognize that children and youth who have experienced trauma or have co-occurring medical or substance use needs should be included when talking about children with mental health needs.

Yet, I find I am reminding people once again that children are not little adults. Why medical homes, several well-known pediatricians is that, exactly?

It's easier to design new systems, such as integrated care, for adults and retrofit children and youth into them.

It's more efficient to create priorities for the mental health system overall and say children are included as SAMHSA has, instead of making children, youth and families a priority all its own. children "The Five D's." Here's a quick recap:

It's less trouble to pay for traditional treatment that works, at least sometimes, for adults, such



Courtesy photo

as inpatient and outpatient and call it a day as many private insurers do, instead of reimbursing treatments that work better for children.

However, there is one place where I still don't have to remind folks that children are not little adults.

That is any table where pediatricians sit. Like parents, they see children change and grow each year. Like parents, they encounter the many systems; child welfare, education, juvenile justice, and child care that they need to communicate to and coordinate with.

In a 2010 policy statement on family-centered outlined the issues that are unique to children and families when designing and providing care.

They contrasted them with the needs of adults, where the focus is on maintaining health, making decisions for oneself and moving toward recovery.

The pediatricians call the unique issues for

1. Developmental changes. Children grow and change and their ability to understand, self-manage and participate grows too. Every parent knows this well. Treatment and services should maximize this amazing potential rather than focus on regaining lost skills as with adults.

2. Dependency. Children are dependent on parents and other adults, they don't go home to their own apartments, remember, which calls for a collaboration with their family. Coordination with early childcare and schools is essential. This dependency decreases as children grow older and their autonomy increases, which is another developmental change.

SEE P 25 Why Children...

#### January 1, 2015

#### The Michigan Banner First Great Lakes Bay Regional Newspaper

#### FROM P 24, Why Children

3. Differential epidemiology. Simply put, pediatricians don't see many chronic health conditions such as high blood pressure, diabetes and heart disease in children while they do see a fair amount of obesity, mental health conditions and asthma. Big need here for prevention and care coordination, which are not emphasized in the adult world.

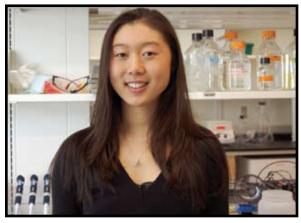
4. Demographic patterns. While poverty in elderly populations has dropped dramatically in the last 40 years, child poverty is little changed. Poverty and diversity contribute to many children being vulnerable to poor health and poor quality of care. 5. Dollars. While overall costs for health care for children are small compared for adults, there are "50 different ways" to pay for it. The good news is an investment in children can produce substantial savings over a child's lifetime.

The bottom line is that we are once again seeing the health care system shift. When "Why Children Are Not Little Adults" was first published, we were seeing the growth of managed care in both private and public, Medicaid, insurance. We know that the treatments and services are that available to children, youth and families are often determined by what funders pay for. Today's discussions are also groundbreaking. New approaches to care are being designed and funded including medical/ health homes, integrated care and the possibility of expanding mental health care under federal mental health parity.

To make that happen, we need parents and pediatricians at the table. I know they will talk about what works for children and youth and why it's important to include families.

I know they will talk about families from diverse cultures. I know they will not confuse the needs of children and youth with those of adults. And they shouldn't. We simply can't afford to. Source: PPAL.net

### **MSU Scientists Find Way to Boost Healthy Cells During Chemo**



Sophia Lunt is a postdoctoral research associate in the Department of Physiology at MSU. *Courtesy photo* 

**Lansing -** It's well known that chemotherapy helps fight cancer. It's also known that it wreaks havoc on normal, healthy cells.

Michigan State University scientists are closer to discovering a possible way to boost healthy cell production in cancer patients as they receive chemotherapy.

By adding thymine – a natural building block found in DNA – into normal cells, they found it stimulated gene production and caused them to multiply.

The study can be found online in the journal Molecular Cell.

"In most cases, cancer patients who receive chemotherapy lose their fast-growing normal cells, including hair, nails and lining of the gut," said Sophia Lunt, a postdoctoral research associate who led the study along with Eran Andrechek, a physiology professor at MSU.

"Therefore, it's necessary to understand the differences between normal versus cancer cells if we want to improve cancer therapy while minimizing the harsh side effects."

Thymine is made from sugar in the body and is necessary to make DNA. The research team wanted to understand how fast-growing normal cells metabolize sugar and other nutrients to stimulate growth compared to fast-growing cancer cells.

They were surprised to discover that when a shared protein, found in both normal and cancer cells, was removed from the healthy ones, it stopped growth.

Previous studies have shown that deleting this protein, known as PKM2, from the cancer cells has no effect on cancer growth.

"When we deleted the protein, we found it caused healthy cells to stop making DNA," Andrechek said. "But when we added thymine, they began multiplying and producing DNA again."

Both researchers view this as a positive step in finding ways to boost healthy cell production, but indicate that more needs to be known on the effect thymine might have on cancer cells. "Before we can look at using thymine as a possible treatment supplement during chemotherapy, we have to know if it has the same effect on cancer cells," Andrechek said. "We want to stop them from growing, not stimulate them."

Both Lunt and Andrechek in the College of Human Medicine hope the next phase of their research will help answer this question and also reveal more on what to target in order to stop cancer cell production.

"To selectively stop cancer growth while avoiding side effects including hair loss and vomiting, we need to identify a second target in cancer cells, in addition to PKM2, while providing normal cells with a supplement like thymine," Lunt said.

Matthew Vander Heiden, a cancer researcher at the Massachusetts Institute of Technology, also contributed to the study.

The research was funded by multiple organizations including the Department of Defense and National Cancer Institute of the National Institutes of Health.



# "I have found that among its other benefits, giving *liberates the soul of the giver."* ~ Maya Angelou



# **Inside the ReStore**

Saginaw Habitat for Humanity brings people together to build homes, communities and hope."

Saginaw - Donations of furniture and appliances are always needed. They go like hotcakes. Other donations such as new and used building materials are always appreciated.

ReStore Saginaw helps us fulfill our mission in various ways. First, ReStore Saginaw is the place many go to find what

rather see what we have than go to a big box store to purchase the item new at retail prices. Someone else will buy it and give it a home and use the item for years to come.

Second, it gives landlords and homeowners a low-cost option to repairs to their homes.

Finally, it generates income for Saginaw-Shiawassee Habitat for Humanity's mission. We believe in being environmentally

"Seeking to put God's love into action, they need for their home. They would committed to reducing waste in landfills. Instead of throwing it away where it ends up in a landfill, throw it our way.

> If you haven't been to the ReStore recently, we invite you to come and take a look. You never know what you'll find, it's a new store every time.

The ReStore is located at 315 W. Holland Ave., and the hours are Tuesday to Friday, 10 a.m. - 6 p.m., and Saturday, 9 a.m. to 4 p.m. For additional information, or to donate items call 989.754.9435.



Saginaw, MI 48603 989-399-9275 or 98<u>9-737-9286</u>

Wi Habitat for Humanity' When you recycle a vehicle, you help Habitat for Humanity build homes

Cars for Homes" www.carsforhomes.org



Page 27

THE EZEKIEL PROJECT ezekielprojectnow@yahoo.com P.O. Box 3470 Saginaw, MI 48605-3470 Phone: 989-755-1620 Fax: 989-755-4038

Lighthouse Outreach Center 808 Janes Street Saginaw, MI 48601

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www.saginawlibrary.org

### Happy New Year! Thank you for being a customer of Erika's Flowers. We look forward to serving you in the coming year. May you enjoy peace, happiness and abundant good health in 2015. Erika's Flowers 214 Federal Ave Saginaw, MI 48607 **Spencer's Restaurant** 989-755-9330 5530 Gratiot Road Monday - Friday 9 a.m. - 5 p.m. between M-47 & Center Rd. in Saginaw, MI Saturday -10 a.m. – 4 p.m. 989.793.4500 www.erikasflowerssaginaw.com www.spencersroute46.com M-F Open for Lunch 11:30 a.m. Sat. Open at 5 p.m. **CLOSED Sun** Spencer Dambro, Owner

### Piano Palooza Proceeds to Benefit Programs for People with Disabilities

**Midland -** Disability Network of Mid-Michigan (DNMM) announced recently that the annual Piano Palooza fundraiser will take place on Saturday, February 7, 2015 at 6 p.m. at the Midland Country Club in Midland, Michigan.

The fundraising event is an evening of dining, dancing, raffles, auctions, and music showcasing local piano musicians. Proceeds benefit programs that promote independent living for people with disabilities.

Michelle and Joe Fabiano, and Christy and Jerry Pritchett, will serve as Honorary Co-Chairs of the fundraiser.

Jerry Pritchett, Past-President of the DNMM Board of Directors expressed, "My wife, Christy, and I are pleased that our friends Michelle and Joe Fabiano have agreed to join us as honorary co-chairs of the ninth annual Piano Palooza.

"We thank them for their time and commitment to making a difference in the lives of others. We are looking forward to another fun and rewarding event on February 7."

"Michelle and I are privileged to serve as the honorary co-chairs of Piano Palooza," said Joe Fabiano. "Disability Network's services have a direct impact on independence for people with disabilities in our communities. "We encourage everyone to join us in helping raise awareness and funding for these vital programs."

"We are honored and humbled to have Michelle and Joe Fabiano as our honorary co-chairs," said David Emmel, DNMM Executive Director.

"Michelle and Joe have not only been generous supporters of Piano Palooza for many years, they are also champions for numerous civic and charitable programs throughout the Great Lakes Bay Region."

"Christy and Jerry continue to support our organization through their generosity and leadership.

"As a longtime member of The Disability Network Board of Directors, our organization and our development efforts have benefited greatly from Jerry's leadership."

Michelle Fabiano was a court-appointed Special Advocate for abused and neglected children in Saginaw County.

She currently serves on the Board of the Midland Center for the Arts Matrix Committee and she is an active volunteer with Midland Public Schools and Blessed Sacrament.

Joe Fabiano is the principal of Fabiano Brothers, Inc., one of the largest beer and wine distributorships in the Midwest. Joe serves on the Board of Directors of the Michigan Chamber of Commerce, the Midland Community Center, Midland Tomorrow, and he is a past board member of the Child Abuse and Neglect Council of Saginaw County.

Piano Palooza admission is \$85 per person available only by advance reservation by registering online at *www.PianoPaloozaIX.eventbrite.com*, or by calling 989.835.4041, or sending an email request to ivan@dnmm.org. Corporate and individual sponsorship opportunities are also available.



L-R Joe Fabiano, Michelle Fabiano, Christy Pritchett, Jerry Pritchett



# A New Day is Dawning

**By Pastor Kareem Bowen** 



**Pastor Kareem Bowen** 

Saginaw - What do you do when the walls of a city that you love go up in flames? How do you do when the city of your youth is at risk of total desolation? You stand up and be counted!

This very example of bravery is shown to us in the bible in the book of Nehemiah chapter 1.

Nehemiah who serves as the cup bearer for the king, a prestigious position, hears that the walls of his beloved city, Jerusalem, had been burned down and lay in ruin. Nehemiah took leave from his job to return home to assess the situation of his city.

After taking an assessment of the damage, Nehemiah encouraged its citizens to put forth their honest, hardest, most earnest effort to rebuild the walls of the city of Jerusalem. It was not an easy task, but we all know that when there is a will there is always a way.

As the story continues we find that Nehemiah armed the workers with tools to rebuild in one hand and in the other hand weapons to protect their families as they worked.

This was a radical concept. It's time to get radical in our thinking Saginaw! Nehemiah and

the workers completed the wall in a record 52 days because the people had a mind to work! (Nehemiah 4:6).

We are living out a modern day Jerusalem experience. The enemy has invaded our city, he has overthrown our authorities, and he has torn down the walls of our city! We must respond and dismal, be revitalized by the ingenuity accordingly or the city that we love will be totally destroyed. Where are our Nehemiah's?

God has called me to be both a Joshua and a Nehemiah to the city of Saginaw! It is time to possess the land and rebuild the walls!

As the founding pastor of the Potter's Touch International Ministries, He has called me to build a ministry, not yet another church in a city filled with churches.

The key difference between a church and a ministry are as follow: churches are there to meet the religious needs of the community, whereas a ministry meets the spiritual needs of the people!

Churches have more money in their accounts than they know what to do with, whereas a ministry has more needs to fill than money available to do so! Churches build buildings, whereas ministries build people!

Lastly and most important, churches open for people to come in and be a part of their "Bless Me Club", whereas ministries come in to hear from God; receive their marching orders, roll up their sleeves to go out of the four walls of the church and meet the needs the integrity of the gospel must be held intact of its people!

In the city of Saginaw we don't need another church! In fact we need to destroy and tear down some of these useless relics and in their places resurrect ministries that will touch someone's heart and make an impact!

Impressions are temporary, but an Impact is everlasting! I don't believe the city of Saginaw is Sagnasty! I believe our city is Sagin-awesome!

In my secular profession as a sports manager, I have traveled the world and have seen cities that seemingly were in total desolation, almost at the point of total ruin; rise again from the ashes like the Phoenix.

I have seen economies that were bleak of its youth working in partnership with the elders of that community.

A very familiar African adage says, "It takes a village to raise a child", but I might also add that it takes a community of believers, who are empowered and informed citizens, to raise a nation.

I believe we have what it takes in the city of Saginaw to make change happen. But we must first be like the children of Israel in Nehemiah's day; we MUST have a mind to work! Nothing worth having comes easy.

When I think of Saginaw, I think of future greatness! I think of a city that has the potential to be alive and thrive.

It is a community where the church takes central stage on tackling the social needs and welfare of its community.

It is a community where the role models are not all athletes and movie stars, but they are working mothers and fathers who work well-paying 9 to 5 jobs to put food on the table for their children.

A community with churches who understand by pastors and church leaders who understand that there is a requirement by God and an expectation by man to display a standard of excellence in holiness.

I, like all of black America am tired of our young men being beaten and killed at the hands of white America and our police departments; which are supposed to protect and serve.

SEE P 30, A New Day...

Page 29

#### Page 30

#### The Michigan Banner First Great Lakes Bay Regional Newspaper

#### FROM P 29 - A New Day...

However, I am equally dismayed by the fact that our own African American youth are snuffing out the lives of other African American youth.

When are we going to stand up against this modern day genocide? I'm all for protesting against police brutality, but it's also time for us to protest against black on black brutality!

Have we not learned anything from our years of suffering and persecution? We are truly better together! It's time to turn over the shackles of our past back to the slave holders; letting them know once and for all we will not be slaves! Not physically, nor emotionally, nor economically.

We have successfully removed the chains and feathers from my/ our ankles and hands, only to replace them with blinders and vice grips on our minds. We need a mind to work! We need fewer breeders (men who are able to have babies and not take care of them) and more leaders!

One of the key things that God has called me to achieve as a pastor is to make sure that every single person realizes that they have potential.

They have value, and they are necessary for the betterment of our society. There are no big I's and little U's in the Kingdom of God!

It's time out for religious jargon, and it's time for us to speak plainly to the people of what God speaks. Most people don't have a problem with God, but rather with the vessels that carry God's Word. It's time for a new standard!

The New Testament church is an evangelism church. We have to get back to the basics; back day is dawning because there is a remnant of to loving, caring, and meeting the needs of Believers who have a mind to work! the people.

worship; they must also meet the daily demands 1402 North 6th Street, in Saginaw, 989.755.9406, of our community: this means we must provide useful programming, mentoring programs, food and utility assistance programs, and more than anything else sound teaching.

We have had decades of hollering and screaming over the pulpit and have grown none the wiser.

It is time for us to teach God's Word so that we can show ourselves approved unto God, rightly dividing The Word of Truth. If knowledge is power, then ignorance is dangerous! Saginaw is not hopeless. It is full of hope! There are young, innovative, visionary leaders that believe that we can bring the change that is necessary to our city.

Get ready! Get ready! A new

Pastor Kareem Bowen is senior pastor at Churches are no longer a place solely for The Potters Touch Ministries located at facebook.com/The Potters Touch

# **Planning for the Future**



#### **Grace Kemp**

Saginaw - As a life-long resident of Saginaw, I have enjoyed serving my community as an educator and a social worker during the past 18 years.

I now serve the community in a different position as a family service counselor for cemeteries. I enjoy my position because I have memorial or committal services. The location

for the unexpected or at the time of need.

My primary location is Oakwood Memorial Mausoleum, 5950 Gratiot Rd., Saginaw. However, I do assist families at the other Saginaw mausoleum locations of: Roselawn Memorial Gardens, 950 N. Center, which has a second entrance on Gratiot, and Eastlawn Memorial Gardens & Mausoleum, 7475 E. Holland Rd. Each of the sites have unique qualities.

The three level Oakwood Mausoleum was built in the 1920's. Several additions have been added that includes two private estate rooms to accommodate generations of a single family. The location also has single and companion crypts and niches for cremated remains.

There are also three chapels on site for full

the opportunity to help families plan in advance is a peaceful and serene environment for family visiting the year-round.

> Roselawn Memorial Gardens was founded in 1923, and is unique in that it has an indoor and outdoor mausoleum. There are also multiple gardens for ground burials, including an honor garden, and a chapel for full memorial or committal services.

> Eastlawn Memorial Gardens & Mausoleum was founded in 1961, and has an outdoor mausoleum, and multiple gardens for burials and a chapel for full memorial or committal services.

I look forward to assisting your family, and can be contacted at the office at 989.792.2961, or by cell at 989.714.5030.

### FAITH BASED DIRECTORY

#### Saginaw

Bethel AME Church Pastor P. David Saunders 535 Cathay St. Saginaw, MI 48601 (989) 755-7011

Bread of Life Harvest Center Senior Pastor Rodney J. McTaggart 3726 Fortune Blvd. Saginaw, MI 48603 (989) 790-7933

Christ Disciples Baptist Pastor Eddie Benson 3317 Lapeer Street Saginaw, MI 48601 (989) 754-2444

Christ Fellowship MBC Pastor Robert Davis 818 N. Washington Ave. Saginaw, MI 48601 (989) 754-4435

Corinthian Baptist Church Pastor Roy L. Manning 104 S. 10<sup>th</sup> St. Saginaw, MI 48601 (989) 754-1820

Faith Harvest Church Bishop Ronald E. Chipp Faith Harvest Church 1734 N. Mason Saginaw, MI 48602 (989) 799-4200 Website: www.faithharvestministry.org E-mail: office@faithharvestministry.org Greater Freewill Missionary

Grace Chapel Church Pastor James Nelson 2202 Janes Ave. Saginaw, MI 48601 989.755.3212

Greater Williams Temple Bishop H.J. Williams 608 Remington Saginaw, MI 48601 (989) 755-5291 Jacob's Ladder Pastor Dempsey Allen 1926 Fairfield Street Saginaw, MI 48602 989-799-6601

Life In Christ Ministries Pastor Dennis Cotton, Sr. 2915 S. Washington Ave. Saginaw, MI 48601 989-752-2837 LifeInChristMinistries07@gmail.com

Messiah Missionary Baptist Church 2615 Williamson Road Saginaw, MI 48601 Pastor Otis Washington Phone: 989-777-2636 Fax: 989-777-2640 Email: Messiahmbc@att.net Website: www.Messiahsag.org

Mt. Olive Baptist Church Pastor Marvin T. Smith 1114 N. 6th Street Saginaw, MI 48601 (989) 752-8064

New Beginning Christian Church Reverend Dr. Willie F. Casey 1016 Sherman Road Saginaw, MI 48604 989-754-2963

New Beginnings Life Changing Ministries Pastor Otis Dickens 2312 S. Washington Ave. Saginaw, MI 48601 (989) 755-3650

New Birth Missionary Baptist Pastor Larry D. Camel 1418 S. Warren Saginaw, MI 48601 (989) 755-6604

New Covenant Christian Center Pastor Ron Frierson 523 Hayden Saginaw, MI 752-8485 New Life Baptist Church Pastor Rufus Bradley 1401 Janes St. Saginaw, MI 48601 (989) 753-1151

New Mt Calvary Baptist Church Pastor Robert E. Donald 3610 Russell St. Saginaw, MI 48601 989.754.0801

Ninth Street Community Church Pastor William L. Scott, Jr. Assistant Pastor Rex Jones 1118 N. 9th Street Saginaw, MI 48601 989-752-7366

Prince of Peace Baptist Church 825 North 24th Street Saginaw, MI 48601 989.754.2841 Pastor Robert B. Corley, Jr.

Resurrection Life Ministries Church Pastor Carolyn L. Wilkins 2320 Sheridan Avenue Saginaw, MI 48601 989.754.9466

St. Paul Baptist Pastor Vincent D. McMillon 120 N. 15<sup>th</sup> St. Saginaw, MI 48601 (989) 752-5023

Saginaw Valley Community Pastor Richard Sayad 3660 Hermansau Saginaw, MI 48603 (989) 752-4769

St. Lukes CME Church 1121 Tuscola Saginaw, MI 48607 (989) 755-0351

The Potters Touch Ministries Pastor Kareem J. Bowen 1402 North 6th Street Saginaw, MI 48601 989.755.9406 Facebook.com/The Potters Touch Transforming Life Ministries Pastor William Brown 3024 South Washington Avenue Saginaw, MI 48601-4353 (989) 754-9573

True Vine Baptist Church Pastor Paul E. Broaddus 2930 Janes Street Saginaw, MI 48601 989-752-0751

Victorious Believers Ministries Church Rev. Christopher V. Pryor 624 S. Outer Dr. Saginaw, MI (989) 755-7692

Wolverine Baptist State Convention 615 S. Jefferson Ave. Saginaw, MI 48607

World Outreach Campus of Greater Coleman Temple Ministries Supt. H.J. Coleman Jr. 2405 Bay Rd. Saginaw, MI 48602 (989) 752-7957

Zion Missionary Baptist Church Pastor Rodrick Smith 721 Johnson Saginaw, MI 48607 (989) 754-9621

**Obituaries and Memorials** 

To Celebrate a Life Call 989.753.3475, or email themichiganbanner@gmail.com

### **Duro-Last Inc. Unveils New Technology in Largest Company Investment**

Buena Vista Township, MI - Duro-Last Inc. recently unveiled a new PVC extruder, which makes roofing membranes at an event in Buena Vista Township.

Company officials said Duro-Last is the only company in the world to have this technology, and is the world's largest manufacturer of custom prefabricated, half ago, though conversations began about thermoplastic single-ply roofing systems, according to a company news release.

The Company headquarters are located at 525 W. Morley Drive in Buena Vista Township.

The company employs more than 700 people across the United States and in Canada, and expects this investment to lead to job creation.

The project started about a year and a two years ago, Hollingsworth said.



L-R - Desmond Bibbs, Branch Manager, PNC Bank, Jason Tunney, General Counsel and Executive Vice President at Duro-Last Roofing, Inc. BV Trustees Cheryl Merrill, Bruce McKinney, and Dwayne Parker, BV Township Supv. *Photo Courtesy (Cheryl Merrill)* 

### Heavenly Realm Adult Foster Care Receives New Vehicle



Betty Holmes, owner of Heavenly Realm Foster Care Home with Denise Brewer, an employee. **Courtesy Photo** 

Saginaw – Heavenly Realm Adult Foster Care recently received a 2015 Chevrolet Traverse from state and local agencies.

The foster care business has a 24 hour schedule and the van will help the employees to and from work.

"I have low income employees to start with me that does not have transportation and then we have a late shift, STARS is not open during the late hours," said Betty Holmes, owner of Heavenly Realm.



L-R Alexis Thomas, Success Coach, SCBEP, Betty Holmes, Owner of Heavenly Realm, Kathy Conklin **Executive Director of SCBEP, and Rita Truss,** Director of Human Services for State of Michigan. Courtesv Photo

### **Opportunities to Get Healthy with Covenant HealthCare in 2015!**

**Exercise Classes for Beginners** 

Saginaw - Cancer patients are invited to join Covenant for group exercise classes. These classes feature a high ratio of instructors-to-patients in an environment allowing participants to feel safe.

The Exercise Specialist will create a custom program for anyone interested in the group training sessions. Classes start January 2015 at Covenant HealthCare Mackinaw (5400 Mackinaw (at Tittabawassee) Saginaw, MI 48604). Interested participants must pre register to attend, and the cost is just \$20 for 16 classes.

The goal of the program is for patients to have fun, get fit, and support each other

*Covenant Cancer Care Center Offers* through exercise. For registration or more information, please call 989.583.5140 or 989.583.5242.

#### Free Smoking Cessation Classes for the Community

Smokers can make it their New Year's Resolution to be tobacco-free. Covenant is offering a free informational seminar on ways to quit smoking Thursday, January 8, 2015 from 6:00-8:00 pm at Covenant HealthCare Mackinaw (5400 Mackinaw (at Tittabawassee) Saginaw, MI 48604) in the Lower Level Conference Room.

The Covenant team of Dr. Binu Malhotra and Covenant Respiratory Therapy staff will discuss the importance of living a tobacco-free life. Participants can gather

information on ways to successfully quit smoking and check their lung health status with on-site respiratory screening tools.

During the event, the community is also welcome to sign up for free smoking cessation classes or to get a personalized plan.

All classes smoking cessation classes will be held at Covenant HealthCare Mackinaw (5400 Mackinaw (at Tittabawassee) Saginaw, MI 48604) in the Lower Level Conference Room. Space is limited. RSVP today by calling 1.866.COVENANT. (1.866.268.3626). All classes are free of charge and open to the public.



January 1, 2015



### CONSUMERS AFFORDABLE RESOURCE FOR ENERGY (CARE)



Consumers Energy is pleased to announce the continuation of the Consumers Affordable Resource for Energy (CARE) Program! Available to income-qualified customers to help Michigan families afford and manage their monthly energy costs.

Applications will be accepted from October 1 until the program is full. Space is limited, so an early response is encouraged. Getting help early is the best way to stay in control and safe this winter!

### **TO LEARN MORE:**

Visit **ConsumersEnergy.com/CARE** to download an application packet today. Then, call **2-1-1** to find the nearest enrollment agency and make an appointment to submit the application.

CARE Program Eligibility Guidelines		
Number of Household Members	Maximum Income (150% of poverty level)	
1	\$17,505	
2	\$23,595	
3	\$29,685	
4	\$35,775	
5	\$41,865	
6	\$47,955	
7	\$54.045	
8	\$60,135	

Add \$6,090 for each additional household member



#### Page 35

# 



an MLK celebration in the Great Lakes Bay Region

DR. MARTIN LUTHER KING, JR.

WORKING

ΕΤ

#### REGIONAL SCHOLARSHIP PROGRAM AWARDS

The Great Lakes Bay Regional Community Foundations (Bay Area, Midland Area, Saginaw) present these scholarships to outstanding high school seniors across the region who have demonstrated Dr. King's teachings.

#### DESSERT RECEPTION FOLLOWING.

The event is FREE of charge and open to the public.

For additional information on any MLK event, please visit: svsu.edu/mlk

WEDNESDAY, JANUARY 21, 2015 7:00 p.m. Malcolm Field Theatre for Performing Arts - SVSU

### KEYNOTE SPEAKER FREEMAN A. HRABOWSKI, III President, University of Maryland, Baltimore County



Dr. Freeman A. Hrabowski, President of UMBC (University of Maryland, Baltimore County) since 1992, is a consultant on science and math education to national agencies, universities, and school systems. He was recently named by President Obama to chair the newly created President's Advisory Commission on Educational Excellence for African Americans. He also chaired the National Academies' committee that produced the recent

report, Expanding Underrepresented Minority Participation: America's Science and Technology Talent at the Crossroads.

Named one of the 100 Most Influential People in the World by *TIME* (2012) and one of America's Best Leaders by *U.S. News & World Report* (2008), he also received TIAA-CREF's *Theodore M. Hesburgh Award for Leadership Excellence* (2011), the Carnegie Corporation's *Academic Leadership Award* (2011), and the *Heinz Award* (2012) for contributions to improving the "Human Condition." UMBC has been recognized as a model for academic innovation and inclusive excellence by such publications as U.S. News, which the past five years ranked UMBC the #1 "Up and Coming" university in the nation.



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