

*Celebrating 13 years of Positive News!
Happy New Year!*

THE MICHIGAN BANNER

Leading in Diversity

“Empowering Communities and Changing Lives”

Statement by Congressman Dan Kildee on Gov. Snyder Apology Over Flint Water Crisis



A YEAR IN REVIEW
P 3



SVSU FUNDRAISER
P 20



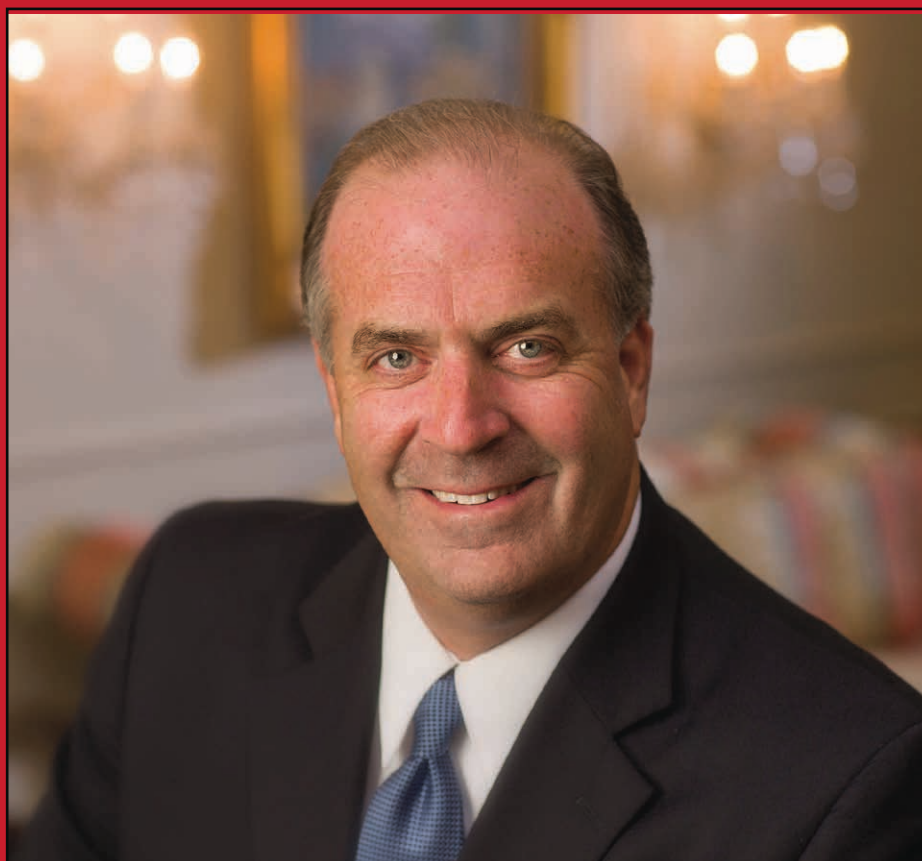
DIY SCAN DAY
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LEMON DIES
PG 30



Congressman Dan Kildee

Courtesy Photo

Congressman Dan Kildee (MI-05) issued the following statement today on the ongoing Flint water crisis:

“Governor Snyder’s apology over the Flint water crisis is appropriate, as are personnel changes

announced today at the Department of Environmental Quality. Through this ongoing crisis, the people of Flint did nothing wrong – they are victims of this failure of government. The State of Michigan must not only acknowledge its role in this crisis, but also take responsibility and act right away to make it right.

“The state can immediately step up to help the children of Flint who have suffered lead exposure. Today, the Governor alluded to ‘more actions’ in the coming days to help Flint residents. These actions by the state should include the establishment of a fund to ensure that kids – who are at the greatest risk for health problems from lead poisoning – receive the developmental, educational and nutritional support they need to help overcome the challenges associated with lead exposure.

“The State of Michigan can help these kids. If the state helps them now, they will have a better future. But we cannot delay – every day kids in Flint lose without support is a day they cannot get back.”

“The State of Michigan can help these kids. If the state helps them now, they will have a better future. But we cannot delay – every day kids in Flint lose without support is a day they cannot get back.”

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A Year in Review



Jerome Buckley Courtesy Photo

to the businesses that carry The Banner, to the advertisers who share their products and services each month, and to the community members who offer their experience and advice with the Great Lakes Bay Region through our pages. We are especially grateful for our full-page ad supporters:

- Labadie Cadillac Olds
- Saginaw Valley Ford, and
- Saginaw Valley State University.

So many of our citizens fall on the wrong side of the digital divide, without the technological literacy or access to quality telecommunications networks and personal computing devices. Your presence in The Banner helps to assure that these citizens know about the important work you do in the community. There are only about 200 Black owned newspapers in circulation in the United States. We are proud to be one of them.

Ensuring access to those who outside of the reach of other forms of information is an important part of the work that we do. Academic achievement and educational opportunity was a central theme of The Banner articles and advertisements in 2015, and will continue to be featured in 2016. Saginaw Valley State University was a major supporter of The Banner, with full-page cover ads that prove the institution is no longer the region's best kept secret! By valuing The Banner as a community partner, SVSU reiterates its commitment to community growth and to the recruitment and retention of minority students. Our focus this year expanded beyond higher education. This year, we also partnered with Head Start and Early On to provide enrollment and service information to local parents. We hope to continue to support informed and active parent engagement from birth to kindergarten.

JUMP TO PG 4, YEAR IN REVIEW

The Michigan Banner

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Sales

Staff

Mission:

The Michigan Banner operates and serves as a print and online media venue committed to educating, informing and enlightening our readership regarding events and news that directly and indirectly affect the communities regionally and globally. Furthermore, to serve as a catalyst and a link for cultivating young adults as entrepreneurial and business leaders for the future.

Disclaimer:

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Deadlines:

2 weeks before each publication date of the
1st and 16th of each month

Submission Procedure:

Mailed or e-mailed
Preferred format: Jpeg or PDF
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FROM PG 3, YEAR IN REVIEW

We will continue to develop our partnerships with the community organizations that serve our community's most vulnerable. Saginaw MAX Systems of Care, operating under the auspices of the Saginaw County Community Mental Health Association, have partnered with The Banner to showcase their diverse educational and training opportunities. We are proud to be a primary source of information on their collaborations with multiple child-serving systems, including mental health, education, criminal justice and social welfare. The Department of Health and Human Services also relied on The Banner in their efforts to recruit foster and adoptive parents to provide family networks for young people in transition. Our commitment to supporting community youth does not stop with sharing stories and or featuring advertisements. The Banner has offered a paid internship program for high school students for the past three summers, in partnership with Saginaw MAX, the Department of Natural Resources and the Saginaw County Community Foundation.

I look forward to providing you with the same high quality news and perspectives that kept you connected to your community in 2015. The Banner will continue to be a primary source of up-to-date, critical information about the accomplishments of local citizens committed to supporting community wellbeing. The faith community has a consistent presence in the newspaper. Thank you for allowing us to commemorate your church and pastoral anniversaries, advertise your conferences and concerts, and celebrate the good work you do throughout the community. I am also grateful to the pastors who maintain listings in our faith-based directory. Your smiling faces remind local residents that they are not alone in their spiritual walk, and direct new community members to your Sunday services. The work you do is invaluable!

Also in 2016, I look forward to exciting new initiatives that will enhance the information and resources provided to you through the pages of The Banner. We will improve our community events section to help you keep your finger on

the pulse of the growing and diverse cultural scene in the Great Lakes Bay Region. We welcome Mr. Jimmy Greene, president and chief executive officer of the Association of Builders and Contractors and respected local voice in political commentary, as a feature writer. His new column, "Bipartisan Politics, Black Futures," will explore the critical issues facing our country, and the moral dilemmas that citizens must address when imagining a sustainable future for the United States.

We are the face of many of these institutions for the community, both online and in print. We want to start the conversations important to you. The Michigan Banner will continue to lead in diversity, to empower communities and to change lives by providing access to the news and events that affect the everyday lives of citizens in the Great Lakes Bay Region. I look forward to providing resources for your water cooler conversations, business and political decision-making, and weekend planning. I wish you a Happy New Year, and continued success in 2016!

THANK YOU MIDLAND COUNTY CELEBRATING FINAL RESULTS

"We're one small town with a gigantic heart. We know the more we give, the more we get. And in Midland County, we get a community that is one of the best places to live, work and raise a family."

— JIM NIGRO, 2015 CAMPAIGN CHAIR

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THE LATINO BANNER

Líder en la diversidad

Vamos Adelante

DIY Scan Day: Saginaw's Latino History Preservation



Photo Courtesy TADL.org

In an effort to better preserve the rich history of Latino Americans in Saginaw County, we will offer volunteers and scanning equipment for members of the Saginaw area Latino community to bring in family histories, documents, records, photos, etc. to make digital copies for historic preservation on Saturday, January 16 at 9:30 a.m. at Hoyt Library, 505 Janes.

You will have an opportunity to share your family

history by adding your images to the Saginaw Images web site if you wish. You will receive a USB drive containing your digital images for personal use. Please register for an appointment by calling (989) 755-9832 by January 12th. This opportunity is made possible by a Latino Americans: 500 Years of History grant from the American Library Association and the National Endowment for the Humanities.

Latin Salsa Night with Angela Markle

Sunday, January 24, 2016

Lesson: 6:00 pm | Doors open: 5:30 pm

Dancing til 8:30 pm

General Admission \$15.00 per person

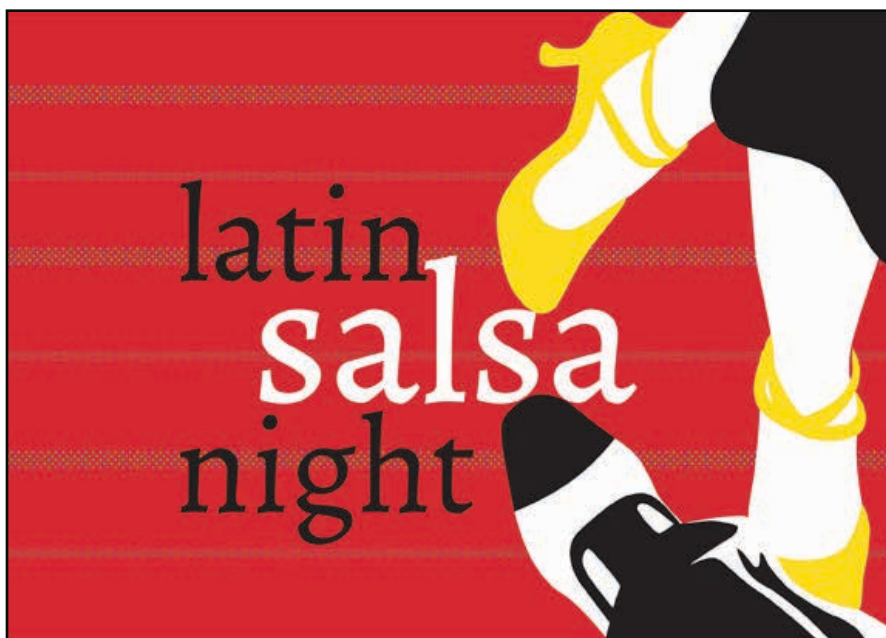
The Temple Theatre Ballroom
One Sunday a month! Starting
January 24th, 2016.

- A mix of Salsa music with Cha Cha, Merengue, Rumba & Bacchata
- 1/2 hour Salsa lesson at 6PM with Angela Markle, Professional Dance Instructor
- For more information call 989.921.0262
- Dates: FEB. 21, MAR. 20,

APR. 17, MAY 15, SEPT. 18,
OCT. 16, NOV. 20 & DEC. 18

- Tickets are available through the box office, online, or at the door.
- Light concessions will be available for purchase – cash only, an ATM is onsite in lobby.
- Parking is available on the side and behind the theatre.

No dances June, July or August.





**2016 7TH ANNUAL GREAT LAKES BAY
HISPANIC LEADERSHIP INSTITUTE
GRADUATION**

THURSDAY, JANUARY 28, 2016

5:30 PM COCKTAIL (CASH BAR) – 6:00 PM CEREMONY

**SINGLE TICKET \$25 - TWO TICKETS \$50
FULL TABLE OF 8 SEATS \$200**

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We encourage readers to send letters, story ideas, comments and questions.

Deadlines:

2 weeks before each publication date of the 1st and 16th of each month.

Submission Procedure:

Mailed or e-mailed to the latinobanner@gmail.com. Preferred format: Jpeg or PDF

YOU ARE INVITED!

Saginaw Public Schools Proudly Presents



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Safe Schools
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Family Empire Empowerment Day

WHO

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Families & Students

WHAT

District-Wide Parent,
Family & Community
Engagement Event

WHEN

Friday,
Jan. 15, 2016
12:00- 5:00PM

WHERE

Saginaw Public School - Henry Doerr Child Care Center
3270 Perkins Street, Saginaw, MI 48604



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For More Information, Contact
Tiffany Pruitt, Parent, Family, Community Engagement Specialist
(989) 399-6593

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- **FREE GIVE AWAYS**
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- **Academic Support and Resources for Students and Families**
- **Links to Community Resources**
(Academic Support, Food, Clothes, Shelter, Education, Health, Prevention and Intervention Programs)
- **Hands on Family Activities**
- **Free Food and Family Entertainment**

Vendors include: Consumers Energy, Child & Family Services, MSU Extension, 211, Eastern Michigan Food Bank, St. Mary's Hospital, Department of Human Services, Saginaw Max Systems of Care, Saginaw Valley State University, Delta College, Health Delivery, Word Up Magazine and many more.

Sponsored by Safe Schools Healthy Students, in conjunction with Saginaw Public Schools Early Childhood Program

Success. Shared.

Locally-owned businesses are the soul of our community, connecting heritage and history to the future. We're honored to encourage the innovations by providing the connections on which your business depends. Because opportunity is better when everything works together.

Wishing the Michigan Banner congratulations and continued success on your 13th anniversary.

MOBILIZING
YOUR
WORLD™



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1400 W. Genesee Saginaw, Michigan (989) 753-3475 The Latino Banner – thelatinobanner@gmail.com

INTERSECTION OF BUSINESS & WEALTH



Continued Support for Entrepreneurial Services

Mount Pleasant, MI - City Commission unanimously approved the recommendation by the Local Development Finance Authority (LDFA) to extend the Tax Increment Financing (TIF) Plan for an additional five years. The tax increment financing dollars are captured and directed towards economic development in the technology sectors.

In the early 2000s, an initial private-public partnership was developed to advance economic growth, which led to the designation of the SmartZone and the creation of the Central Michigan University Research Corporation (CMURC).

"This continued support is critical for the development of an entrepreneurial community. Through May 2015, approximately 900 jobs have been created and attributed to this partnership," said CMURC President and CEO Erin Strang, "With a projection of 500

additional jobs created in the next five years."

CMURC continues to be one of the top-performing accelerators in the state of Michigan, with proven results that positively impact the regional economy in part to allocations made by the LDFA.

"This is a reimbursement by the State of Michigan for the school portion of the taxes," said City Manager Nancy Ridley, "This is not a net loss to the City as they are made whole."

Not only does this extension foster continued delivery of entrepreneurial services, but with a robust technology infrastructure and access to a highly educated and skilled workforce, CMURC is primed to take an active role in the development of the SmartZone.

The TIF Plan has been submitted to the State Treasury Department for final approval.

About CMURC

CMURC is a nonprofit business

incubator focused on advancing economic development in the community by leveraging the resources of Central Michigan University, the Mount Pleasant SmartZone, and the Michigan Economic Development Corporation's 21st Century Jobs Trust Fund. Local, regional, and statewide partners assist to accelerate the success of entrepreneurs, growing businesses, and jobs. CMURC is a single source of contact providing physical space and essential business services. CMURC encourages interaction and partnerships, which accelerates emerging organizations to develop their ideas and bring them to market quickly.

For more information visit www.cmurc.com, or to schedule interviews contact Elissa Richmond-Gagne at 989-774-2424 or cmurc@cmurc.com.

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Starting a Business: Free Business Start-Up Seminar

This seminar held on Wednesday, January 20 at 1:30 p.m. at Hoyt Library, 505 Janes, is designed for individuals who are considering self-employment, or who may be at the beginning stages of starting a business. This introductory seminar helps aspiring entrepreneurs assess their abilities to lead and manage a company; as well as evaluate market and sales potential for their products/services. Start-up costs, financing options, and business planning are introduced, along with necessary steps to get started.

For more information about the Michigan Small Business Development Center business

resources and other seminars, go to www.SBDCMichigan.org or call (989) 686-9597. Pre-registration is strongly recommended.

This same seminar is offered multiple times and at different locations across the Great Lakes Bay Region to accommodate most everyone's schedule. You're invited to find us on Facebook at www.Facebook.com/MISBTDC. GreatLakesBay.



401-3447

BROTHER ARTHUR'S

2 FOR 10 TUESDAY

WINGS

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Duclos Insurance Co. 7531 Gratiot Road Saginaw, Mi 48609 Mon-Fri 8am-5pm	Jamz Boost Mobile 1307 Court Street Saginaw, Mi 48602 Mon-Fri 11am-7pm Sat 12pm-5pm	Maria's Restaurant 6040 State Street Saginaw, Mi 48603 Mon-Thur 8am-9pm Fri-Sat 8-10pm Sun 8am-8pm	Red Horse Bar 4748 State Street Saginaw, Mi 48603 Mon-Sun 7am-2:30am
<i>Accepting new or gently used coats</i>	Tri City Kustomz 7545 Gratiot Road Saginaw, Mi 48609 Mon-Fri 8am-5pm	Xtreme Tire & Mechanics 2604 E. Genesee Saginaw, Mi 48601 Mon-Fri 8am-5pm Sat 8am-3pm	

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Terry Reed, Sales Professional
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Direct 989-460-0341
Fax 989-667-0103
Email terry.reed@labadieauto.com
Website www.labadieauto.com

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Saginaw, MI 48603
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Leonwal@yahoo.com

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Saginaw, MI 48603
Parys Liddell
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Representative
989.792.2453

Auto Detail

Morningstar Auto Detail Shop
306 East Remington Street
Saginaw, MI 48601
989-482-6505

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Saginaw, MI 48601

Reflections of U Too
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Saginaw, Michigan 48601
989.753.4600

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Saginaw, Michigan 48602
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989-327-2338

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Unique Cuts III
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Saginaw, MI 48607

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989-755-9207

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Dexter A. Mitchell
Township Manager
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Saginaw, MI 48601

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It's the season of giving thanks and celebrating the blessings of life. What are you thankful for this year when it comes to your mental health and wellness?

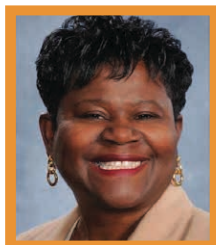


"I am truly thankful that I have the opportunity to work in a school system that is embracing teaching others and learning how important one's mental health and total well being is to academic and social growth. I am even more thankful for the partnership with community organizations that are getting involved in our school systems to support our students and families. On a personal note, I am so thankful that I have learned how to take care of "Tiffany". This means not being afraid of using those same learned strategies, techniques and even community resources that I have linked others to and feel comfortable knowing that it's not abnormal for me to be mentally prepared to deal with the stresses of life. I can now approach them gracefully with the expectation that I have the ability to rise above the set norms, stigmas or misconceptions society has about what mental health means to my mind, body, soul and spirit."

Tiffany L. Pruitt, Saginaw Public Schools' Parent, Family & Community Engagement Specialist

"I was reminded recently that I have been very blessed with so many incredible mentors in my life. Professors, supervisors and pastors that were both great friends and tremendous role models. The time they each invested into me has made my life so much more rich, and I am very thankful for them."

Terry Kuhns, People Achieving Change Today (PACT) Mentoring



"I am thankful for relationships. I remember my mother often saying 'you don't have to look far to know that you have a reason to be thankful.' I often share her sentiment with the people who are very dear to me - I am thankful that I don't have to look far to know that I have family and friends with whom I share my ups and downs."

Wardene Talley, Saginaw MAX System of Care Director

"I have so much to be thankful for this holiday season. I am thankful every day that I wake and I am of sound mind. I am thankful for having family and friends who encourage me to be the best that I can be. I am also thankful for my wife Shana, my daughter Isabella, and my two wonderful gifts that have an expected arrival time of May 2013."

Melvin McDowell Jr., SCCMHA Wraparound Coordinator



Raise Hope and Foster Dreams

When a family is struggling, they need to know they can rely on the generous help and support of others who will take in their kids while they get back on their feet.

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foster parent**
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Call to learn more
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State of Michigan, Department of Human Services,
DHS-Pub-205 (3-13)

HEALTH*"Better Choices, Better Medicine, Better Healing"*

Stress and Trauma in Childhood and Ways You Can Help

All people experience stress at some point in their lives, even in childhood. What may seem minor to you as a caregiver or parent may be causing your child worry or anxiety. However, not all stress has to be bad, and children are very capable of bouncing back from negative experiences.

What is Resilience?

Resilience is the capacity for people to recover after an extremely stressful event has occurred². Many researchers have tried to understand what makes some people better able to recover than others; these individual differences are called protective factors and risk factors and are a result of the way a child develops and even a child's biological or genetic make-up².

Resilience benefits from a stable home and family environment and supportive relationships in childhood, optimism, spirituality, friendships with appropriate peers, and positive self-concept^{1,2}. Experiences that put a child at risk of poor school performance, mental and physical health problems, aggression, violence, and suicidal behavior include maltreatment such as abuse and neglect or repeated traumatic experiences^{1,2}. Maltreatment can cause severe stress in children and lead to changes in physiology, emotions, personality, mood, or behavior². Often children experience a mix of risk and protective factors in their development that make their response to stress and traumatic events- or degree of resilience- unique.

Stress in Childhood

Stress results from the demands placed on us and our ability to meet those demands³. Stress can result for children from a large change in their lives, even if that change is good, like joining a new sport⁴. Stress is not necessarily bad; it can motivate children to try harder to achieve their goals⁴. Too much stress, however, can start to affect a child's ability to complete daily activities⁴. Stress in children can manifest in physical symptoms such as: headache, stuttering, upset stomach, nightmares, trouble sleeping, or bedwetting, among others⁴. It can also cause children to become more anxious or worried, fearful, cry more often or be quicker

to anger, more stubborn, or act younger than their actual age⁴. It's important to remember that children learn how to react to stress by what they've seen in their environment, so being a role model for positive ways of dealing with stress is beneficial⁴. In addition, your worries can be transferred to children if you're not careful of how you discuss issues³. Avoid serious arguments or discussions of topics that may make your children feel insecure (money, housing, marital issues, etc.) in front of them.

What You Can Do

Parents can help children with stress in a number of ways⁴. If you know a big change is coming in your child's life such as a move, school change, or divorce, prepare them in advance³. If you notice a change in your child's behavior, talk to them about it. Telling your child that you notice that she's acting differently can help you start the conversation about her stress level³. There are also children's books available that can help you broach the topic³. If your child approaches you about feeling stressed, which she might call feeling scared, angry, or nervous, don't dismiss those feelings; let your child know you understand and are there for them³. Avoid reacting with anger or judgment, and encourage questions and trust in you to help with what she's feeling^{3,4}.

Children can also be empowered to handle their own stress, which may also help them become more resilient to future stressful experiences⁴. Encourage them to talk about their feelings with a trusted adult, even if it's not you⁴. Provide relaxing activities such as music, warm bath, coloring, deep breathing, taking care of pets, walking and other physical activity, or other hobbies⁴. Make sure they know to ask for help if the stress is not getting better⁴.

Other ways you can help your child deal with stress include:

- Be present and patient³
- Don't dwell on the past³
- Make your home a safe, familiar and predictable place. Have structure⁴
- Monitor television watching⁴
- Help children identify their feelings³

- Help them think of ways to feel better³
- Make time to talk, do activities, or just relax together^{3,4}

Trauma and Traumatic Stress

Trauma is a "scary, dangerous, or violent" experience⁵. Traumatic events occur when we experience or witness serious threat or harm⁵. Anything from a natural disaster to a car accident can result in trauma⁵. However, this trauma is not necessarily permanent; child traumatic stress occurs when negative reactions to the event continue long after the event is over⁵. While not all traumatic events lead to child traumatic stress or Post-Traumatic Stress Disorder (PTSD), it is important to watch for changes in behavior or mood that may indicate a longer lasting issue^{5,6}.

Factors that have an impact on the severity of the trauma include the type of event, how much was witnessed or experienced, reactions of caregivers or parents to the trauma, and the presence of a history of other traumatic events⁵. Everyday situations involving people, places, sights, sounds, smells, and feelings can be a trauma reminder for children⁵. Child traumatic stress appears differently depending on the age of the child. For pre-school age children, symptoms may include crying or screaming, bedwetting, nightmares, baby talk, or recreating the traumatic event in play⁵. In elementary-age children, child traumatic stress may manifest as anxiety, fear, worry, recounting the event over and over, or difficulty sleeping or concentrating⁵. Middle- and High-schoolers may engage in riskier behavior or self-harm, experience depression, use alcohol or drugs, or participate in sexual activity⁵.

What You Can Do

In addition to the techniques suggested above to help deal with stress, helping your child or teen deal with a traumatic experience requires additional support. Take the trauma seriously but don't assume your child can't recover⁵. Explain to your child that he is not responsible for what happened, and remind him that he is safe⁵.

When to Seek Help

There may come a time when your child's stress or trauma may require professional help. JUMP TO PG 20, STRESS AND TRAUMA



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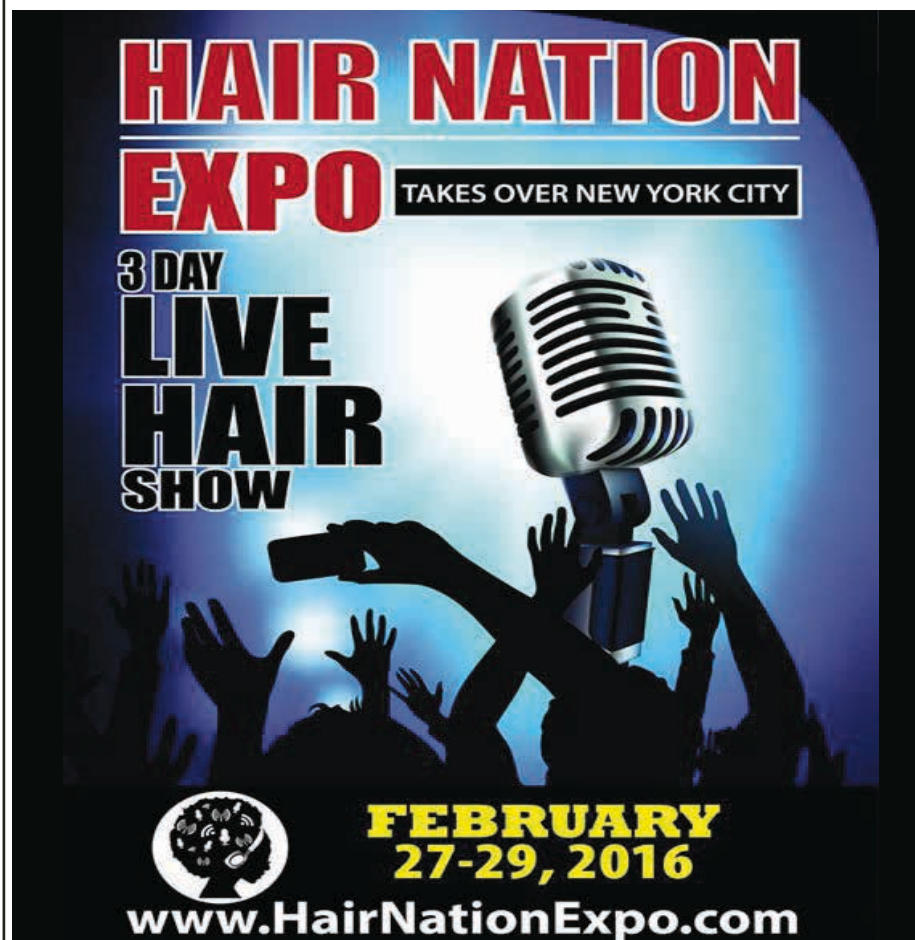
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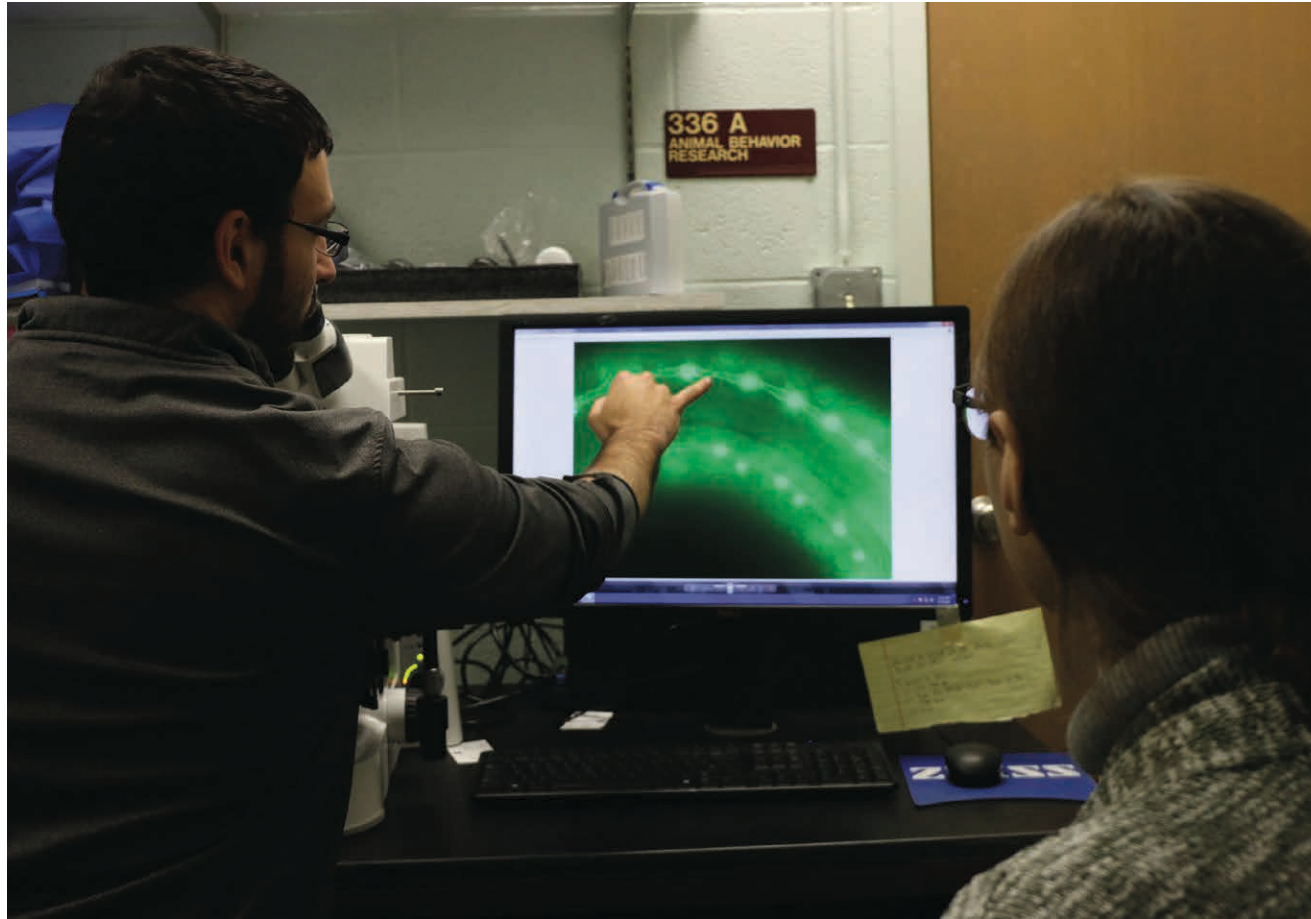
"When I moved to Saginaw over 30 years ago, my mentor the late Mayor Henry Marsh said to me, 'If this community sees you taking care of it, it will take care of you.' That sums up the Garber brand to me since it takes care of its community. I'm proud that I've served my community by sitting on 12 different non-profit boards of directors and it's in those rooms where you hear the name 'Garber' time and time again as both a supporter and advocate. **It matters where I buy my car.** That's why I buy from Garber."

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Unlocking the secrets in our cells

CMU biologists make crucial finding in biomedical research



Courtesy Photo

A recent study has identified new biological ingredients that may help scientists turn genes on and off in order to control processes contributing to disease.

A collaboration between Xantha Karp, Central Michigan University biologist and faculty member, and the lab of John Kim, faculty member at Johns Hopkins University, analyzes how the processes that regulate gene expression are controlled.

“We have learned one more secret about the tiny mechanisms and processes in our bodies that are flipping the switches as our cells develop,” Karp said. “Regulation of our genes is a major difference between humans and other living things, such as the worms used in this study.”

The regulation of genes—how, when and to what extent they are expressed—is what sets humans apart from other living things. Similar to a factory assembly line, gene expression is a

process with many phases. The initial instruction manual, DNA, is kept in the nucleus of every single cell in our bodies. When the manual is sent down to the factory floor through a process called transcription, it does so in the form of a molecule called messenger RNA.

In a typical process, messenger RNA continues moving along the line until it undergoes translation and produces a protein. Proteins control the behavior of cells, helping them divide or preventing them from dividing, for example. Translation into a protein is a tricky process, however. If certain proteins are missing or present in the wrong amounts, this can lead to diseases such as cancer.

“Translation is similar to the final step in the assembly line,” Eric Montoye, CMU graduate assistant and co-author, said. “Proteins should be the final product created in the factory, but scientists have recently found the translation

process can be interrupted.”

The interrupters are called microRNA, tiny RNA molecules that are an essential part of gene regulation. MicroRNAs stop specific messenger RNAs from being made into proteins, but they cannot do this alone. MicroRNAs work together with a group of proteins to form the microRNA-induced silencing complex, a team that can block the translation process.

MicroRNA, though a fairly new piece of the biological puzzle, is very important. Some microRNAs help stem cells develop, and others help cells protect themselves against cancer.

However, the microRNA-induced silencing complex group needs a specific chemical change in order to do its job appropriately.

“When the chemical change doesn’t happen, translation is not shut down and some proteins are overproduced,” Karp said. “This causes cells to make the wrong choices during development and can make living things very sick.”

Karp’s research on microRNA focuses on the specific changes these

tiny pieces make when the worms she studies enter into a hibernation period called dauer. It appears that the hibernation phase can somehow boost microRNA activity which can help cells that previously developed incorrectly develop without issue. Her future research will look into how specific cells regulate their genes when in the dauer phase, hoping to determine which on switch can help stem cells stay healthy over long periods.

The study appears in the Proceedings of the National Academy of Sciences. It was supported by the American Cancer Society, the National Institutes of Health and the National Center for Research Resources. Additional collaborators on the study were Amelia Alessi, Vishal Khivansara, Ting Han and Mallory Freeberg, from the University of Michigan, and Patricia Tu and John Yates III, from Scripps Research Institute.



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Gov. Rick Snyder takes action on initial findings from Flint Water Task Force

Changes to take place at DEQ, meeting planned with Mayor Karen Weaver

In response to initial findings from the Flint Water Task Force, Gov. Rick Snyder today issued the following statement:

“When I became aware that the city of Flint’s water showed elevated lead levels and that the state’s handling of the situation was being questioned, I requested funding to switch the source back to the Great Lakes Water Authority and appointed an independent task force to identify possible missteps and areas for improvement.

“The task force has done an exceptional job, reviewing stacks of documents and interviewing scores of Flint, Genesee County, state and federal officials. Although the task force’s final report is not yet completed, members have made me aware of some interim findings and corrective steps that I have decided to take immediately in order to restore trust in how the state keeps its citizens safe and informed.

“We’ll continue to work with the community members to make sure we hear and respond to

their concerns.

“In addition, MDEQ Director Dan Wyant has offered his resignation, and I’ve determined that it’s appropriate to accept it. I’m also making other personnel changes at MDEQ to address problems cited by the task force.

“But changes in leadership and staff are not enough. I understand there can be disagreements within the scientific community. That is why I have directed both the departments of Environmental Quality and Health and Human Services to invite every external scientist who has worked on this issue to be our partners in helping us improve Flint water. Let’s share research on water and blood lead level testing so we can arrive at accurate and mutually supported conclusions. Together, we should work to affirm that we’re using the very best testing protocols to ensure Flint residents have safe drinking water and that we’re taking steps to

protect their health over the short and long term.

“I want the Flint community to know how very sorry I am that this has happened. And I want all Michigan citizens to know that we will learn from this experience, because Flint is not the only city that has an aging infrastructure.

“I know many Flint citizens are angry and want more than an apology. That’s why I’m taking the actions today to ensure a culture of openness and trust. We’ve already allocated \$10 million to test the water, distribute water filters, and help in other ways. Last week, I called Flint Mayor Karen Weaver, and we’re going to meet soon to discuss other ways the state can offer assistance.

“These are only initial steps - we fully expect to take more actions following the recommendations of our task force. When it comes to matters of health and quality of life, we’re committed to doing everything we can to protect the well-being of our citizens.”

FROM PG 20, STRESS AND TRAUMA

If problems such as changes in mood or behavior for your child continue for several weeks or get worse, or if these problems cause further issues at home or school, it may be time to consult a professional^{3,4,5}. Mental health professionals use current research on trauma and risk or protective factors to shape how they treat children experiencing traumatic stress or chronic stress². Individual goals of treatment may vary, but overall, the professional will help your child deal with their anxiety or worries of safety and try to help your child return to how they functioned before their stressful or traumatic experience⁵.

Therapy for your child may include drawing or activities to help the professional understand what the child is experiencing/feeling/thinking, asking about your child’s life and the traumatic event, assessing your child for skills, strengths, preferences, problems, and working with the child using treatments backed by evidence that may include medication, teaching problem-

solving or coping skills, relaxation, or family interventions⁵. In any case, your participation is essential to the success of these treatments because your child will continue to rely on you to provide a supportive and structured environment while helping them use the new tools provided to them⁵.

Resources for Parents and Caregivers

You can look to your community, spirituality, friends, and even other families for guidance on how to help your child deal with stress⁵. In addition, parent and family resources are available from the National Child Traumatic Stress Network (<http://www.nctsn.org/resources/audiences/parents-caregivers>) and other websites⁵. Remember that children in general are extremely resilient and have the ability to recover from trauma or serious stress; help is available for you and your child⁶. Reaching out- whether it’s to your child, your family, your community, or to a professional- is the first step!

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EDUCATION

SVSU students support young cancer patient, raise \$7,700 for Hurley Children's Hospital

Saginaw Valley State University students who are members of the international medical fraternity Phi Delta Epsilon raised \$7,700 for The Children's Miracle Network at Hurley Children's Hospital, which supports improving medical facilities and healthcare for ailing youths.

SVSU's Phi Delta Epsilon members organized a benefit dinner at Horizons Conference Center in Saginaw Township in November to generate the funds. It marks the third consecutive year the group has raised money for Hurley Children's Hospital; they have collected more than \$26,000 during the three years.

In addition to the fundraising event, Phi Delta Epsilon's members also have volunteered to spend time with 5-year-old Rowan Neumann, who is battling childhood leukemia and is a beneficiary of the Children's Miracle Network. Members accompanied Neumann and his family on a tour of a Saginaw Township Fire Department fire stations. The visit included a ride in one of the fire trucks.

"These students are great examples of how SVSU gives back to the community in meaningful and genuine ways," said Heidi Lang, Phi Delta Epsilon's adviser. "It's a privilege to work with this caring group of individuals who care so much about each other



Courtesy Photos

and the community."

In 2015, SVSU received the Community Engagement classification from the Carnegie Foundation for the Advancement of Teaching, a distinction achieved by only 7 percent of U.S. colleges and universities. By their senior year, 84 percent of students have engaged with community employers and agencies in

internships, field placements or some other component of their academic preparation. National research has shown that students who are engaged in the community and on campus are more likely to be successful academically, and to have the critical thinking, problem-solving skills, self-efficacy, and adaptability desired by employers.

SVSU Board approves \$12 million renovation of Zahnow Library

The Saginaw Valley State University Board of Control approved spending up to \$12 million to renovate SVSU's Zahnow Library during the Board's regular meeting Friday, Dec. 18.

"Modern libraries continue to be at the heart of teaching and learning for universities, but the ways in which today's students study and learn are much different than they were a generation

ago," said SVSU President Donald Bachand.

"Our students have told us that they want more flexible study spaces, more support services, and we are making these changes to better serve them."

Funding for the project includes a \$1.5 million gift from the Harvey Randall Wickes Foundation in Saginaw.

"From our earliest days, the Wickes Foundation has supported SVSU's determined and persistent quest to provide exceptional learning opportunities for students from our region, our state and our world," Bachand said. "We are grateful for their continued generous support."

JUMP TO PG 23, ZAHNOW LIBRARY



About Saginaw ISD HE/EHS

Established in 1965, Head Start promotes school readiness for children, ages three to five, in low-income families by offering educational, nutritional, health, social and other services.

Head Start programs promote school readiness by enhancing the social and cognitive development of children through the provision of educational, health, nutritional, social and other services to enrolled children and families.

Early Head Start, launched in 1995, provides support to low-income infants, toddlers, pregnant women and their families.

EHS programs enhance children’s physical, social, emotional, and intellectual development; assist pregnant women to access comprehensive prenatal and postpartum care; support parents’ efforts to fulfill their parental roles; and help parents move toward self-sufficiency.

Together Head Start and Early Head Start have served tens of millions of children and their families.

At Saginaw ISD Head Start our attentive staff is available Monday through Friday to answer all your questions and make every effort to ensure you are 100% satisfied.

Saginaw ISD Head Start
Claytor Administrative Building
3200 Perkins Street
Saginaw, MI 48601
Phone 989.752.2193
Fax 989.921.7146

Office Hours
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Tuesday: 8 AM - 4:30 PM
Wednesday: 8 AM - 4:30 PM
Thursday: 8 AM - 4:30 PM
Friday: 8 AM - 4:30 PM
Saturday: 8 AM - 4:30 PM
Sunday: 8 AM - 4:30 PM

For additional information concerning Saginaw ISD Head Start visit: www.saginawheadstart.org

Source: www.saginawheadstart.org



Sabrina Beeman-Jackson
Saginaw ISD Head Start/Early Head Start Program Director

“Head Start graduates are more likely to graduate from high school and less likely to need special education, repeat a grade, or commit crimes in adolescence.”
Joe Baca, Congressman

“Our mission is to provide high quality services, developing school readiness and family empowerment for prenatal to age five children and families by working in partnership with parents and the community.”
-Saginaw ISD HE/EHS

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SVSU faculty, students contribute to new environment coming to Mid-Michigan Children's Museum

Children who visit the Mid-Michigan Children's Museum in Saginaw in the new year will benefit from a new Play and Learn environment, thanks to the contributions of occupational therapy students and faculty at Saginaw Valley State University.

The museum worked with SVSU's occupational therapy department in a community engagement learning exercise to identify areas for improvement, particularly so children with disabilities can play more independently in the Museum.

Julie Jacob, SVSU field work coordinator, said occupational therapy students gained valuable first-hand experience through their involvement in the project.

"Some of the students have never worked with children before, so for some of them it might be their first exposure," she said. "The biggest thing is getting the students exposed to this environment, and looking at it through a different lens of how to get children engaged in play, and how to facilitate that."

The museum received a \$13,000 grant from

The Bay Area Community Foundation, Nathalie Awrey Memorial Fund, for an adaptive play project, addressing the various ways Jacob and the SVSU students suggested the museum could be improved. Funds will be used to further develop the museum's galleries and facility so children with disabilities can play more independently in the museum, beginning in January 2016.

"The SVSU student interns are a joy to work with and bring a unique insight to the gallery Play and Learn experience for children and adults who visit the museum," said Angela Barris, president and CEO of the Mid-Michigan Children's Museum.

The museum is making adaptations specifically targeting children with sensory-integrative disorders, physical disabilities, as well as emotional and behavioral disorders, but ultimately, all children will benefit. Devices such as noise-cancelling headphones, manual communication boards, semicircular desks and weighted vests; plus motion-activated faucets and an automatic door opener will be added.

More complex adaptive items such as iPads with touch screen communication apps and a new Tranquil Gallery will provide respite for children who need a softer, reduced sensory experience.

In 2015, SVSU received the Community Engagement classification from the Carnegie Foundation for the Advancement of Teaching, a distinction achieved by only 7 percent of U.S. colleges and universities. By their senior year, 84 percent of students have engaged with community employers and agencies in internships, field placements or some other component of their academic preparation. National research has shown that students who are engaged in the community and on campus are more likely to be successful academically, and to have the critical thinking, problem-solving skills, self-efficacy, and adaptability desired by employers.

For more information on the Mid-Michigan Children's Museum, visit www.michildrensmuseum.com.

FROM PG 22, ZAHNOW LIBRARY

SVSU expects to receive additional private donations to support the renovation. The remainder of the project will be financed through existing funds reserved for campus construction and renovation.

The Board also approved room and board rates for the next two fiscal years, as part of the auxiliary services budget that covers self-supporting services such as housing, campus dining, and the Bookstore.

The total weighted increase for 2016-17 will be 3.17 percent; the increase for 2017-18 will be 2.2 percent. For incoming freshmen who choose to live in the First Year Suites, annual room and board will be \$8,736; those who wish to reside in the more modern Living Center residence halls will pay an additional \$500 for a total of \$9,236.

For returning students whose meal plan participation is voluntary, rates range from \$4,300 for a two bedroom unit in Pine Grove Apartments to \$6,850 for a single efficiency unit in University Village.

In other action, the Board:

- Passed a resolution congratulating the SVSU Student Association for their leadership in this year's "Battle of the Valleys" fundraising competition. In one week, SVSU raised more than

- Passed a resolution to congratulate the 2015 SVSU men's soccer team which qualified for the NCAA Division II national tournament for the fourth time in five years.

- Passed a resolution to congratulate the 2015 SVSU women's volleyball team which qualified for the NCAA Division II national tournament.

- Passed a resolution to grant undergraduate and graduate degrees, as 637 students are expected to complete degree requirements at the end of the fall semester.

- Approved sabbatical proposals for 10 faculty: Jesse Donahue, political science; Larry Hatcher, psychology; Ming-Tie Huang, physics; Ava Lewis, nursing; Hong Park, economics; Arra Ross, English; Gary Thompson, English; Vetta Vratulis, teacher education; Bing Yang, biology; and Scott Youngstedt, sociology.

- Reappointed the accounting firm of Andrews Hooper Pavlik to serve as SVSU's auditors for the 2016 fiscal year.

- Approved compensation for the 2016 calendar year for executive staff. President Bachand's salary was set at \$275,000; it was also announced that the Board and Bachand have a verbal agreement on a new contract through June 2019. Bachand earned \$256,250 in 2015.

"The university has enjoyed a remarkably successful year in terms of fundraising success, student enrollment, and external accreditation of academic programs," said Scott Carmona, chair of the Board. "We are pleased with the leadership President Bachand is providing and the direction SVSU is headed. We want this progress to continue."

The Board also established compensation for Deb Huntley, Provost and Vice President for Academic Affairs, whose salary for 2016 will be \$220,000, and James G. Muladore, Executive Vice President for Administration and Business Affairs, whose salary will be \$210,000.



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COMMUNITY

Great Lakes PACE

What is PACE?



Amanda Shoup SW

Courtesy Photo

(PACE) is a Program of All-Inclusive Care for the Elderly; it looks at senior services with the belief that in most cases care can be given successfully in their homes. The ideas rooted in PACE are traced back to the early 1970's in San Francisco. PACE was created as a practical approach to culturally suitable care for the elderly moving to the US from other countries. Methods changed over the years and today we have our current PACE program.

Great Lakes PACE is for those who are 55 or older and live in our service area which includes Great Lakes Bay Region and parts of Gratiot, Tuscola, Shiawassee and Arenac County (see zip codes below). You must be able to live safe in the community with PACE services and meet the medical guidelines. A brief assessment by our PACE staff will show if medical guidelines are met. For most people PACE services are fully covered by Medicare and/or Medicaid. For those who do not receive Medicaid; PACE is still an option when paying privately.

Great Lakes PACE has unique services and they are often misunderstood. PACE provides home care but it is not just a homecare program. PACE is a managed care program and offers all the services provided by both Medicaid and Medicare. Our PACE doctor completes a full exam and provides future medical treatment with close supervision. Assessments are done by our team of PACE professionals to address your changing needs. Those enrolled in PACE may be responsible for cost of medical services received from out-of-network providers without prior approval-

except for emergencies.

Great Lakes PACE receives many positive reports from both enrollees and family. We hear accounts of pain reduction, reduced caregiver stress, improved mood and increased socialization. Our Adult Day Health program restores a social network for those with physical decline resulting in depression and loneliness. There is transportation to and from our PACE center for Adult Day Health or medical appointments. The community is welcomed to come by for information and tours.

PACE uses a holistic approach as a choice to nursing home placement. It is often misunderstood when first heard or when others try to share. Amanda Shoup SW and Jeri Darby RN are our intake coordinators. They are available to answer questions or provide informational sessions to your church or group. A visit to our facility will add clarity to the scope of PACE services. We offer planned tours that also include evening hours. Walk-in tours are welcomed. You may call and schedule a tour for your group or organization. Following a tour we often hear; "This sounds too good to be true;" Great Lakes PACE...It's good and it's true!

Great Lakes PACE services are offered in these Zip Codes: Saginaw Midland, Bay, Gratiot, Tuscola and portions of Shiawassee and Arenac Counties: 48417, 48601, 48602, 48603, 48604, 48607, 48609, 48611, 48614, 48615, 48616, 48620, 48623, 48626, 48631, 48634, 48637, 48638, 48640, 48642, 48649, 48650, 48655, 48662, 48706, 48708, 48722, 48724, 48732, 48734, 48747, 48757, 48841, 48457, 48460, 48807, 48831



Jeri Darby RN

Courtesy Photo

“Great Lakes PACE has unique services and they are often misunderstood.”

Students and Future Technology (SaFT)

Students and Future Technology (SaFT) is a new Women of Colors science education program taught in collaboration with First Ward Community Center, Saginaw Learn to Earn Academy and Saginaw Valley State University.

The goal of the SaFT program is to bring advanced Science, Technology, Engineering and Mathematics (STEM) training to disadvantaged students in the Saginaw area. We want to create a learning environment that increases the use of digital tools to enhance student learning. A primary SaFT goal is that students will learn to take charge of their own education.

The SaFT program focuses on “Blended Learning” which is the marriage of digital content, tools and online resources with traditional teaching methods to support student learning. The SaFT program also encourages “Self Directed Personalized Learning” which focuses on improving self confidence, achievement motivation, goal setting, information processing, decision making, problem solving, self evaluation, critical thinking, creativity, tailored individual instructions and other cognitive skills.

The Michigan Department of Education has adopted the Next Generation Science Standards (NGSS) because there is no doubt that science, and therefore science education, is central to the lives of Americans. Never before has our world been so complex and science knowledge so critical to making sense of it all. All students – whether they become technicians in a hospital, workers in a high-tech manufacturing facility or Ph.D. researchers – must have a solid K-12 science education.

NGSS introduces Science and Engineering Practices (SEP) as required learning into the school curriculum. SEP requires that students learn to translate ideas, concepts and facts into real world models. We have brought together six retired professionals from various sciences and engineering fields who were previously employed at Dow Corning, Dow Chemical, AT&T and Consumers Energy in various science and engineering fields. These experienced professionals will work in the SaFT after school program and teach science and engineering practices to the students.

We are also creating a network of



Courtesy Photos

subject matter experts (SME) utilizing young professionals selected from various science disciplines that will connect in the classroom using SKYPE, FaceTime or other communications media. These SME's never have to visit the classroom and we are finding that a large number of SME volunteers are interested in this approach since it does not take much time from their daily routine and employers support this type of community outreach. SME's can be recruited from anywhere in the world using this approach. Students need

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LEGO & DUPLO CLUBS IN JANUARY

Studies have shown that play contributes to literacy development; play involving Legos not only serves as a pathway for learning, but it also encourages logical mathematical thinking, problem solving, increasing vocabulary, and it challenges the imagination.

Butman-Fish Library, 1716 Hancock will have its LEGO Club on Saturday, January 9 at 2 p.m. Children must be 7-12 to register and adult participation is encouraged. Call 799-9160 to register.

LEGO Club will be held at Wickes Library, 1713 Hess, on Tuesday, January 12 at 4:30 p.m. Kids ages 7-12 are welcome to participate at the club.

DUPLO Club is for young builders 3-6 years of age with a loving adult. It will be held on Saturday, January 23 at 11 a.m., at Zauel Library, 3100 N. Center. Use your imagination to build whatever you want using Duplo blocks!



LIFE AFTER HIGH SCHOOL: FINANCIAL AID WORKSHOP

Are you searching for scholarships? Unsure about completing the FAFSA form? Join us on Saturday, January 16 at 10 a.m. at Butman-Fish Library, 1716 Hancock. The Public Libraries of Saginaw encourages all high school students, their parents, and currently enrolled college students to attend this workshop which will cover the basics of applying for financial aid and scholarships.

Lee Ann Martuch, Program Officer with the Saginaw Community Foundation, will provide you with tips on completing the online scholarship applications. Judith Schram, Financial Advisor from Saginaw Valley State University will also be present to guide participants through the FAFSA form process.

Immediately following the workshop, tutors from Saginaw Valley State University - Saginaw Community Writing Center will be on hand until 2:00 p.m. to provide one-on-one assistance with scholarship writing, essays and college applications. The event is FREE, but registration is limited. To register, call 799-9160.

Women of Colors (WOC) would like to take this opportunity to thank the community for supporting Warm A Child For Winter held on November 21, 2015 at SVRC/Learn To Earn Academy.. The year 2015 was a record setting year in terms of community service within the Great Lakes Bay Region for WOC. In the past two years, without the support from individuals, local businesses, churches, schools, volunteers, agencies, and other organizations over 800 coats would not have been given to support disadvantaged youth and families in the community. In the year 2016, will be a year of tremendous significance to WOC celebrating 23 years of service., and we look forward to sharing and celebrating this milestone with the community!

Thanks and best wishes!

*Evelyn McGovern
WOC President*

MakerSpace Mondays

Come and tinker with us! Drop-in from 5:00 p.m. - 7:00 p.m. Activities will vary each week. Call 989-799-9160 for more information.

**Mondays - January 4, 11 and 25
5:00 p.m.**

Butman-Fish Library





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welcomed you, for
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— Romans 15:7*



SPORTS

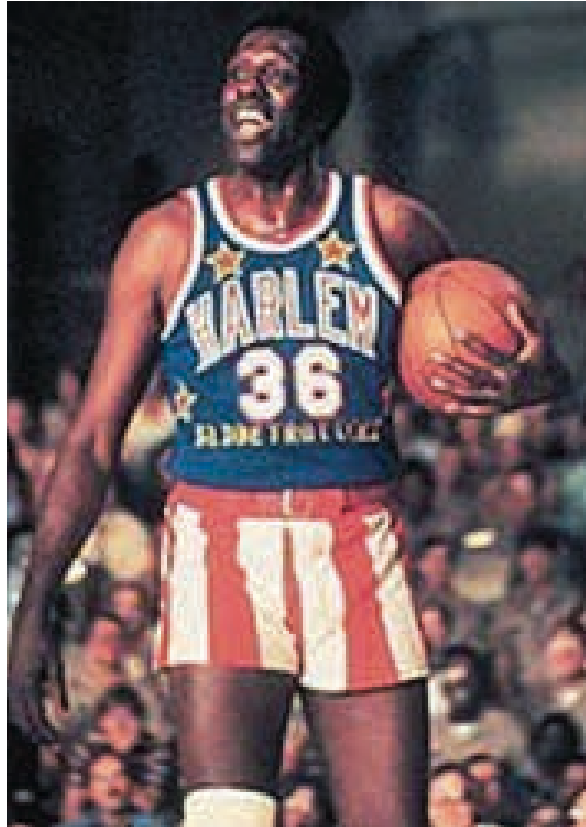
Ex-Globetrotters Star Meadowlark Lemon Dies

Photo Courtesy

<http://www.meadowlarklemon.org/>

Meadowlark Lemon, the "clown prince" of basketball's barnstorming Harlem Globetrotters, whose blend of hook shots and humor brought joy to millions of fans around the world, has died. He was 83.

Lemon's wife and daughter confirmed to the team that he died Sunday in Scottsdale, Arizona, Globetrotters spokesman Brett Meister said Monday. Meister did not know the cause of death.

Though skilled enough to play professionally, Lemon instead wanted to entertain, his dream of playing for the Globetrotters hatched after watching a newsreel of the all-black team at a cinema house when he was 11.

Lemon ended up becoming arguably the team's most popular player, a showman known as much for his confetti-in-the-water-bucket routine and slapstick comedy as his half-court hook shots and no-look, behind-the-back passes.

A sign of his crossover appeal, Lemon was inducted into both the Naismith Basketball Hall of Fame and the International Clown Hall of Fame.

"My destiny was to make people happy," Lemon said as he was inducted into the basketball hall as a contributor to the game in 2003.

Lemon played for the Globetrotters during the team's heyday from the mid-1950s to the late-1970s, delighting fans with his skills with a ball and a joke. Traveling by car, bus, train or plane nearly every night, Lemon covered nearly 4 million miles to play in over 100 countries and in front of popes and presidents, kings and queens. Known as the "Clown Prince of Basketball," he averaged 325 games per year during his prime, that luminous smile never dimming.

"Meadowlark was the most sensational, awesome, incredible basketball player I've ever seen," NBA great and former Globetrotter Wilt Chamberlain said shortly before his death in 1999. "People would say it would be Dr. J or even (Michael) Jordan. For me it would be Meadowlark Lemon."

Lemon spent 24 years with the Globetrotters, doing tours through the racially torn South in the 1950s until he left in 1979 to start his own team.

He was one of the most popular athletes in the world during the prime of his career, thanks to a unique blend of athleticism and showmanship.

Playing against the team's nightly foil, the Washington Generals, Lemon left fans in awe with an array of hook shots, no-look passes and the nifty moves he put on display during the Globetrotters' famous circle while "Sweet Georgia Brown" played over the loudspeaker.

He also had a knack for sending the fans home with a smile every night, whether it was with his running commentary, putting confetti in a water bucket or pulling down the pants of an "unsuspecting" referee.

"We played serious games too, against the Olympic teams and the College All-Stars," Lemon said. "But that didn't stop us from putting the comedy in there."

Lemon became an icon in the 1970s,

appearing in movies, including "The Fish That Saved Pittsburgh," numerous talk shows and even a stint in the cartoon "Scooby Doo," with Scatman Crothers doing his voice.

After leaving the Globetrotters, Lemon started his own team, The Bucketeers, and played on a variety of teams before rejoining the Globetrotters for a short tour in 1994.

Lemon spent the last years of his life trying to spread a message of faith through basketball. He became an ordained minister in 1986 and was a motivational speaker, touring the country to meet with children at basketball camps and youth prisons with his Scottsdale-based Meadowlark Lemon Ministries.

"I feel if I can touch a kid in youth prison, he won't go to the adult prison," Lemon said in 2003.

He never lost touch with his beloved sport. Lemon said he rose every day at 4 a.m. and, after prayers, headed for the gym to run sprints and practice shooting.

"I have to keep that hook shot working," he said.

Born in 1932, Meadow George Lemon III — he lengthened his name after joining the Globetrotters — didn't have money for a basketball when he was young, so he rigged up a makeshift hoop in his backyard in Wilmington, North Carolina. Using a coat hanger and onion sack for the basket, he made his first shot with an empty milk can.

Lemon first contacted the Globetrotters before his high school graduation and joined the team in 1954. He missed a game in 1955 because of a bad bowl of goulash in Germany, but that was the last one. What followed was a run, by his calculations, of more than 16,000 straight games that took him to places he never could have imagined.

"I was one of the most fortunate athletes that ever lived," he said. "I was able to watch history."

Source: <http://abcnews.go.com/Entertainment/wireStory/globetrotters-star-meadowlark-lemon-dies-35973518>

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- Ecclesiastes 3:1



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Carleton Green loves to help people — specifically, to create opportunities for others. It's why the sophomore communications major devotes himself to organizations driven to develop people's potential. Carleton is the vice president of SVSU's chapter National Society of Leadership Success, an organization on campus that emphasizes goal-setting and achievement. In fact, Carleton's chapter achieved a few goals of its own: in its first year, it has been named the Best New Organization and become the largest registered student organization on campus.

A brother in the Tau Kappa Epsilon fraternity and a former mentor in the Great Lakes Bay Region Youth Leadership Institute, Carleton also recently became involved in AISIEC, an international organization that helps students arrange exchanges abroad. "I have done so much and have become involved in quite a few organizations," Carleton says. "I love that SVSU feels like my home away from home."



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