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SCCMHA Autism Program Page 3

The Autism Program mission is “to recognize the strengths of and provide opportunities for success in individuals with autism spectrum disorder. Opening new doors of hope and independence to create a life full of limitless possibilities.”

THE LATINO BANNER



Meet Ivan Macias LB - Page 3



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It’s Fun! It’s Creative! It’s for U! It’s for Me!

See COMMUNITY page 28

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The Michigan Banner operates and serves as a print and online media venue committed to educating, informing and enlightening our readership regarding events and news that directly and indirectly affect the communities regionally and globally. Furthermore, to serve as a catalyst and a link for cultivating young adults as entrepreneurial and business leaders for the future.

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SCCMHA Central Access and Intake Department – No Wrong Door

By Kristie M. Wolbert, Central Access and Intake Supervisor, SCCMHA

The Central Access and Intake (CAI) Department serves as the front door for Saginaw County Community Mental Health Authority.

The goal of the department is to provide a safe and welcoming environment to those seeking mental health and/or substance abuse services in Saginaw County. The CAI department answers initial phone calls and meets with individuals who “walk-in” seeking mental health and/or substance abuse services.

The intent is that regardless of the phone call or visit, there is no wrong door and the consumer will receive the needed assistance they are seeking. Assistance can be in the form of an outside referral, the completion of an eligibility screen/ intake, or at times, being the listening and caring individual that someone may need.



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The CAI department also assists with hospital diversions; the purpose being to prevent hospitalization for individuals who do not require inpatient services. The diversion process will link individuals to resources that will allow them to receive services while remaining in the community.

For more information on how to access services and supports, visit the SCCMHA website at www.sccmha.org.

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SCCMHA Self Determination Department – Supporting Individuality and Creative Options for Achieving Recovery

By Nancy Clark, Mental Health Supervisor

Self Determination began over ten years ago when SCCMHA chose to jump on board with this new and creative philosophy, in supporting people to live fully inclusive lives. Over the years, we have seen individuals purchase their own condominiums, start their own microenterprises, travel and live in their own homes, with the help of community services and supports. We have seen individuals flourish in ways their loved ones never thought possible. In some cases individuals have gone from living in a specialized facility to residing in their own apartment. In others, individuals have been successful in making their educational dreams come to life, by earning their GED or obtaining a college degree.

In one specific case of a young lady who came from a place of homelessness, depression, and no real sense of family, SD helped her to develop an arrangement of

supports and services. These services empowered her to learn the skills she needed to move towards recovery and independence. She hired her own Community Living Supports staff to assist her in making the necessary changes in her life. She was able to move into her own apartment, learn the skills needed to live on her own and eventually obtained a job. This young lady no longer needs paid supports and has been successful in living a meaningful life in her community.

SD believes in supporting individuals in any stage of their lives and helps them overcome challenges along the way, so that they may celebrate successes.

For more information on the Self Determination Department, visit the SCCMHA website at www.sccmha.org.

SCCMHA Autism Program – Piecing the Puzzle Together

By Heather Beson, Autism Program Supervisor

The Autism Program mission is “to recognize the strengths of and provide opportunities for success in individuals with autism spectrum disorder. Opening new doors of hope and independence to create a life full of limitless possibilities.” The program’s vision is “the autism program works to ensure individuals served in the program will have

reached their fullest potential and will have a quality of life specific to each one.”

The program is comprised of a Supervisor, Administrative Coordinator, 6 Supports Coordinators, and a Psychologist, all working together for the mission.

Continues in HEALTH page 19, SCCMHA Autism Program

Saginaw MAX looks at care as a process built around **Five Principles:**

- 1** All planning and service delivery is family-driven and youth-guided.
- 2** Services are planned, delivered and managed at the community level.
- 3** Agencies and programs are equally able to serve all people who need service, regardless of racial, ethnic, language or cultural differences.
- 4** Public and private agencies are all working together for the benefit of the youth and his or her family.
- 5** All care is designed for the individual, and evidence and scientific-based — meaning its application is rooted in solid research and is based on proven results.

This creates, for each child, a well-informed, well-coordinated team — a team that includes, at the center, the child and his or her family. But people from the community play an important role in the system, as well. Together, this maximizes opportunities for all — and helps us build a stronger community.

For more information on Saginaw MAX System of Care, visit www.maxsaginawsoc.org.

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LIDER EN LA DIVERSIDAD

Vamos Adelante

Meet Ivan Macias,

Raised in Detroit and graduating from Cesar Chavez Academy in 2013, Ivan, never thought about attending SVSU until he realized the scholarship opportunities he qualified for would cover a large majority of his tuition and housing.

**Read Ivan's story Inside
LB Page 3**



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We encourage readers to send letters, story ideas, comments and questions.

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FUNdraising Good Times

Windfall gifts: blessing or a curse?

Windfall gifts are the secret fantasy of every fundraiser. These large, unexpected gifts can take a capital campaign "over the top." In other instances they are the saving grace for a struggling annual fund. But they can't be counted on, and you don't know if they will materialize. So, what are they – a blessing or a curse?

A windfall gift is truly a blessing. It can transform an organization, build a new law school or cancer center, pay off debt, launch new programs, or expand services. If the gift is unrestricted the potential is limited only by the vision and capacity of the organization's leadership. It can grow an endowment, increasing funds available for programs, advocacy or capital improvements for years to come.

While it may sound crazy, these gifts can also have a negative impact. Here's what we mean. Let's say your staff and board are "counting" on a windfall gift to reach a capital campaign goal. There's always the possibility your organization could be the beneficiary of a windfall, but you can't count on that unless there is a gift agreement in place. What if the windfall doesn't come? How would you explain that to your board, volunteers and staff? Capital campaigns require the consistent identification, cultivation and when appropriate solicitation of potential major donors.

An unexpectedly large bequest can also mean success for your annual campaign. At the same time it can mask weaknesses or challenges in your fundraising. One way to counteract the unintended consequences of a windfall gift is to pull out these amounts when analyzing annual data. This will help you have a more realistic base from which to make projections. It can help you get a clearer picture of your donors and their giving. This process will help you plan for the coming year without the expectation of repeating a windfall gift.

Some windfall gifts seem heaven-sent. Other times they are the result of years of work. Many organizations have received large bequests from their consistent annual donors, never anticipating that a \$100 a year donor could leave a six or seven figure gift. Other times a donor may have attended events or served on a committee in the past. Their current gift may be the result of consistent cultivation by many people: now is the right time for them to give.

Similarly, a strong marketing and communications strategy can create a heightened awareness that leads a potential donor to consider your organization or institution as a beneficiary. Capital campaigns are an ideal time to raise the profile of your nonprofit. The results can be unexpectedly

large gifts from previously unidentified potential donors who become aware of your organization.

Take the time to consider what your nonprofit is doing to encourage windfall gifts? Do you encourage donors to include your organization in their estate planning? Are you consistent in your annual fundraising, cultivating and stewardship?

Keep working your fundraising plan, your consistency will pay off. And you just may be the beneficiary of a windfall.



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visit www.saadandshaw.com or call
(901) 522-8727.

Meet Ivan Macias

By Carmen Stricker, Contributing Writer of *Nosotros Los Latinos Magazine*

Ivan Macias is currently a junior at Saginaw Valley State University majoring in Political Science. Raised in Detroit and graduating from Cesar Chavez Academy in 2013, Ivan, never thought about attending SVSU until he realized the scholarship opportunities he qualified for would cover a large majority of his tuition and housing. After completion of two years, he now feels that attending SVSU was the best thing that could have ever happen to him.

At Saginaw Valley State University, Ivan believes he has been given more opportunities than he would have been offered at other schools he was considering. At SVSU, Ivan says, "I'm not a number. I am Ivan Macias. And that is how faculty see me, as a person. Faculty meet with me one on one and are willing to help me. I love the fact I can speak directly to a professor and they encourage me to join organizations and become involved. Actually it was a faculty member, Dr. Stewart French who took the time to talk with me about my personal and professional goals and thru these conversations, ended up encouraging me to change my major from accounting to law. He made me see it was more important to go into a career I was passionate about instead of a career just to make a lot of money." After graduation in May 2017, Ivan plans on attending law school at either University of Michigan, Wayne State, or University of Detroit Mercy.

At SVSU Ivan has become involved in many different organizations, which he feels is helping him build skills needed to be successful at law school. He is currently the President of the Latino Awareness Association and the member of several organizations including Phi Sigma Alpha, the Law Club, College Democrats, Modern United Nation, and Moot Court. Ivan is very proud of his participation

in Moot Court, a student-led program that simulates an appellate court hearing in front of the United States Supreme Court, where SVSU ranks 15th in the nation. Besides involvement in organizations, Ivan feels the staff of SVSU has really played a role in helping him with life's challenges. He really credits Kathleen Chantaca-Kubczak, Administrative Secretary and Advisor to the Latino Awareness Association, in helping him adapt to SVSU. He explained that Kathleen went out of her way to introduce him to the local Hispanic community such as restaurants and grocery stores where he can purchase some of the comforts of home. Ivan said, "Kathleen even looked out for me when I had a toothache and got me help. It is the simple things that made me feel at home at SVSU."

Obtaining an education has not only been a dream of Ivan's but has also been a dream of his parents. A dream not necessarily obtainable in their home country of Mexico. Ivan was born in 1995 in Venustiano Carranza, Michoacan de Ocampo, Mexico. Pursuing opportunities, his parents crossed the border into the United States soon after his birth leaving Ivan in the custody of his Grandmother while they look for employment in California. Ivan was later brought over in 1997 by a Coyote through the border town of Tijuana. His family stayed a few years in California before his Dad moved the family to Detroit for better job opportunities.

Hard work was taught very early to Ivan by both his parents. His dad currently works as a janitor and his mother moved her way up from a bus person to a manager of a restaurant. Ivan began working in 8th grade as a bus boy and stocking shelves from 6 p.m. to 2 a.m. He was taught to work and study hard and that it will pay off in the end. Ivan gives special praise to his mother who he said, "Has

taught me to be a good son, good person, and one day, a good husband. Everything I know, she has taught me. She comes home exhausted from work but always has time to talk to her children to listen and encourage us. She instilled in me my good work ethic. And I am extremely grateful to her for that."

Besides working toward his educational goals, Ivan is also working on obtaining his US Citizenship. Ivan currently has a DACA, Deferred Action for Childhood Arrivals, card which allows him to legally stay in the United States to work as he attends school. He explains that there are some requirements such as he does have to register for the Selective Service, is taxed like everyone else but is not entitled to any federal benefits. As he continues his path to citizenship, he realizes that nothing is guaranteed. He keeps a keen eye on the Presidential Campaign and the actions of Congress but tries not over think the results. "My biggest fear," says Ivan, "is not getting deported; it is not having enough money to finish my degree. I don't qualify for FAFSA so what isn't covered by scholarships my parents pay for. My Dad says he doesn't care how hard they have to work in order to pay his tuition, as long as I get an education."

Advice that Ivan passes on to other students is to work hard and apply early for scholarships. And in regards to one's culture and family life, Ivan believes that everyone should hold their head up and be proud of who they are. "I am very proud of my culture and I always hold my head up with pride that I am from Mexico, I will never be embarrassed," Says Ivan. Ivan's advice to everyone is, "To embrace your culture. Don't be ashamed of who you are. If you're Mexican be proud of being Mexican. If you're black be proud of being black. If you're white, be proud of being white. Never let anyone make you feel ashamed."

*Article from the May/June 2016 issue of **Nosotros Los Latinos Magazine***

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SCCMHA Community Support Services Forensics Team – Providing Services to Underserved Community Populations

By Natividad (Steve) Gonzalez, Clinical Supervisor

The Community Support Services (CSS) Forensic Team at SCCMHA has provided clinical services to special target populations who have been traditionally underserved in our community for the past several years. Within our team are embedded a number of specialized services to ensure that persons are given every opportunity to have treatment and recovery.

The primary mission of the Forensic Team has been to provide Wraparound type services to severe mentally ill offenders on parole status. The purpose is to ensure that prisoner re-entry persons make a smooth transition back into the community. Of recent we have had the Saginaw Mental Health Court evolve for consumers with criminal problems incarcerated in the local county jail. In addition the team has added the nursing services of the health care integration nurse to address the health issues that are likely to be presented.

When the Michigan Department of Corrections refers consumers, they are oriented to accepting the recovery philosophy and making a choice of accountability. Often there are not only psychiatric disorders to be treated but housing, need for peer services, substance abuse treatment and trauma care which the team is involved in from the beginning.

In conclusion the Forensic team is dedicated to providing optimal clinical care for the forensic population by sponsoring researched and workable evidence based practices.

The arrays of **Clinical Services** are listed below:

- **Forensic Team** – Michigan Prisoner Re-Entry consumers
- **Saginaw County Mental Health Court**
- **The population that has been determined by the court system to be NGRI** (Not Guilty by Reason of Insanity)
- **Psychiatric State Hospital Liaison Services** to consumers at Caro, Kalamazoo and Center for Forensic services
- **Dialectical Behavioral Services** for persons with Borderline Personality Disorder
- **Evidence Based Practices** such Thinking for Change T4C; Substance abuse group and Motivational Interviewing and Cognitive Behavioral Therapy
- **Health Care Integration Services**

For more information on the SCCMHA Community Support Services teams, visit the SCCMHA website at www.sccmha.org.

SCCMHA Housing Resource Center – Helping Consumers Meet Essential Needs to Achieve Recovery

By Rollin Archangeli, Housing Resource Center Supervisor

Shelter is a basic human need and the importance of housing cannot be understated, as only food and water are more important to our survival. For many people that experience mental illness, a mental health condition has no impact on their housing. Others however, have a difficult time when it comes to finding, acquiring and keeping safe, decent and affordable housing. A stable home is important to mental health recovery and treatment. With this basic need met, persons experiencing mental illness can focus on the supports and services necessary to promote mental health and recovery without being distracted by the anxiety and uncertainty that homelessness or unstable housing can cause. Homelessness not only increases the anxiety a person experiences, it can also contribute to the development and worsening of physical health. The Salter Place Housing Resource Center of SCCMHA promotes the mental and physical health of SCCMHA consumers and their family members by providing housing opportunities to aid in the delivery of services and treatment.

This program provides *assistance* in two main areas:

Rental Assistance & Homeless Outreach.



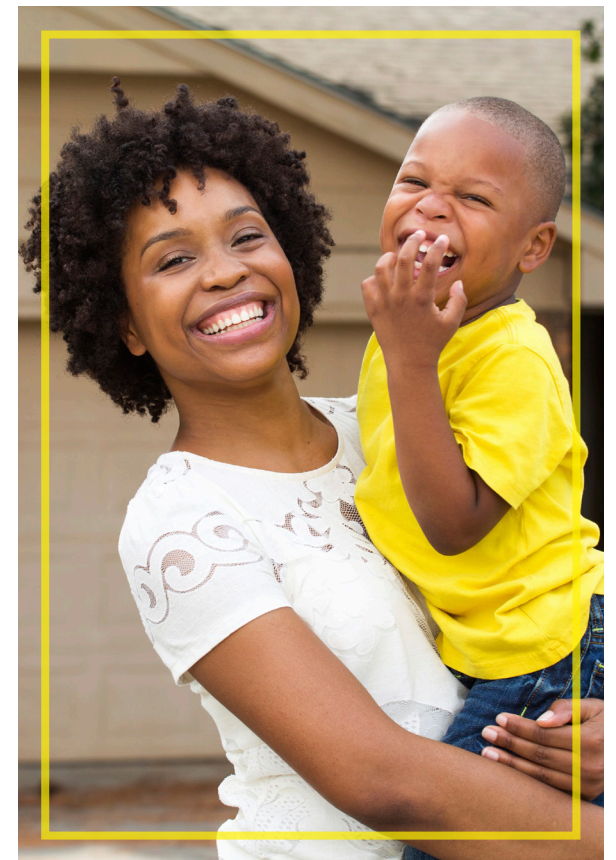
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Outreach is important because it can assist clients in getting back into services that they may have lost due to their homelessness. The homeless consumer may have discontinued services because they were more focused on getting their basic needs met and were unable to attend sessions because they were busy surviving, or lacked transportation, or any number of other reasons.

When a person is homeless it is challenging for service providers to provide services and difficult for the individual to receive services. Outreach can help a person reconnect with services in the community by linking them with service providers that can best meet their needs. This linking and coordination of services can help bring a person back into the fold of the mental and physical health care providers who can then aid in the improvement and development of the individual so that they may embark on the next steps of their journey; reaching their full potential.

The HUD-funded rental assistance offered by the Salter Place Housing Resource Center offers permanent supportive housing so that a person can pursue their goals. Whether it be through employment, education, wellness or family, permanent supportive housing helps promote long-term stability so that the person may focus on the areas of their lives that can lead to independence and self-actualization.

For more information on the Salter Place Housing Resource Center, visit the SCCMHA website at www.sccmha.org.



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SCCMHA Transportation Department – Making Sure Consumers Get Where They Need to Go

By Jennifer Hunt, General Utility and Logistics Supervisor

The SCCMHA Transportation Department consists of 38 vehicle operators and 29 vehicles, which include buses and vans equipped with wheelchair lifts. Their services are mainly to provide transportation to people with developmental and autistic conditions. They offer curbside service to the people we transport to various programs such as Community Ties North and South as well as S.V.R.C., youth autistic programs, and various camps which take place during the week and on weekends. Drivers are trained within the standards necessary by the agency to ensure quality services.

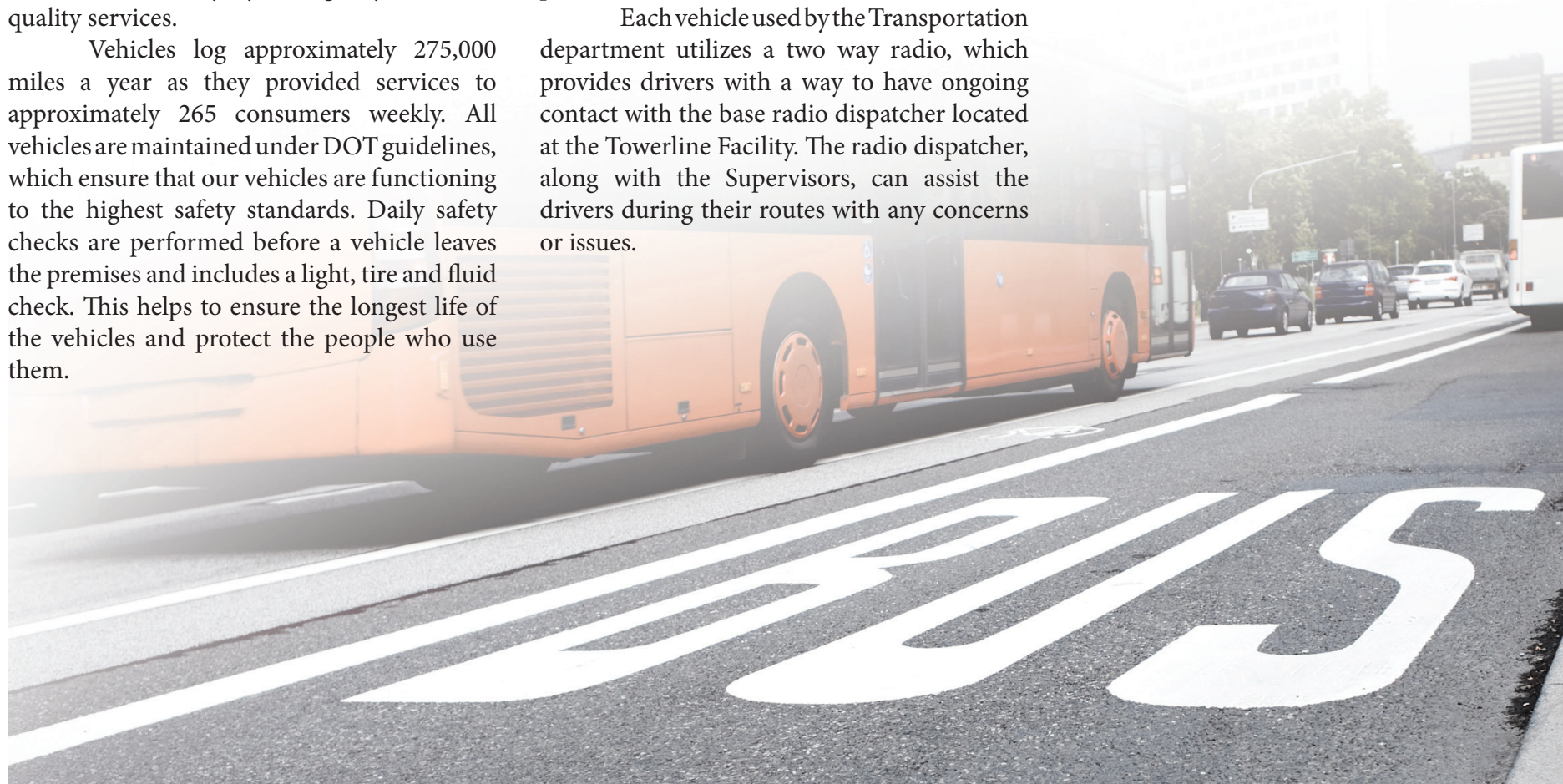
Vehicles log approximately 275,000 miles a year as they provided services to approximately 265 consumers weekly. All vehicles are maintained under DOT guidelines, which ensure that our vehicles are functioning to the highest safety standards. Daily safety checks are performed before a vehicle leaves the premises and includes a light, tire and fluid check. This helps to ensure the longest life of the vehicles and protect the people who use them.

SCCMHA drivers must have a DOT CLASS B Operators License which ensures fully legal, safe, and quality services. Emergency/ Evacuation services are also taught yearly to drivers to provide them with procedures in breakdowns, fire or severe weather conditions. They are taught how to remove consumers safely, whether they are ambulatory or in wheelchairs. Mock sessions are used to give the evacuation a touch of reality. To utilize an evacuation, drivers need to understand the situation, react and start the process in less than 5 to 7 minutes.

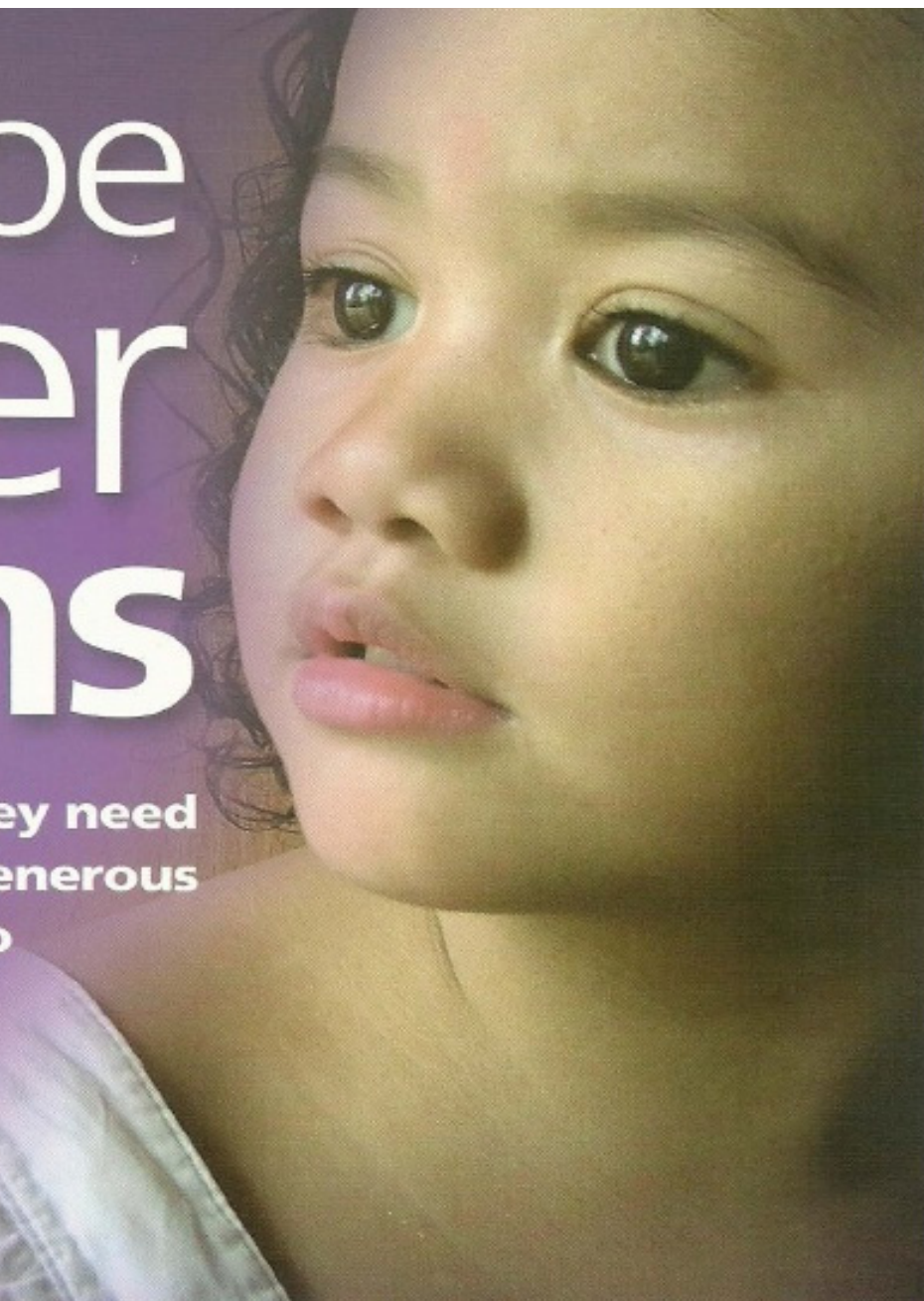
Each vehicle used by the Transportation department utilizes a two way radio, which provides drivers with a way to have ongoing contact with the base radio dispatcher located at the Towerline Facility. The radio dispatcher, along with the Supervisors, can assist the drivers during their routes with any concerns or issues.

The SCCMHA Transportation department already covers a large portion of Saginaw County, and as new programs/ projects arise within the agency, they are ready to assist and provide services from Frankenmuth to Freeland, from Merrill to Reese, and everything in between.

For more information on transportation services offered to SCCMHA consumers, visit www.sccmha.org.



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Early Head Start, launched in 1995, provides support to low-income infants, toddlers, pregnant women and their families.

EHS programs enhance children’s physical, social, emotional, and intellectual development; assist pregnant women to access comprehensive prenatal and postpartum care; support parents’ efforts to fulfill their parental roles; and help parents move toward self-sufficiency.

Together Head Start and Early Head Start have served tens of millions of children and their families.

At Saginaw ISD Head Start our attentive staff is available Monday through Friday to answer all your questions and make every effort to ensure you are 100% satisfied.

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**For additional information
concerning Saginaw ISD Head Start
visit:
www.saginawheadstart.org**

Source: www.saginawheadstart.org



**Sabrina
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Saginaw ISD
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“Head Start graduates are more likely to graduate from high school and less likely to need special education, repeat a grade, or commit crimes in adolescence.”

Joe Baca, Congressman

“Our mission is to provide **high quality services**, developing **school readiness** and **family empowerment** for prenatal to age five children and families by working in partnership with parents and the community.”

-Saginaw ISD HE/EHS

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SCCMHA Community Ties North & South Day Programs Providing Opportunities to Connect and Learn

By Jennifer Rieck-Martin, Community Ties North Supervisor & Julie Bitterman, Community Ties South Supervisor



The Community Ties North (CTN) and Community Ties South (CTS) programs are voluntary day programs for people with developmental and other disabilities. The individuals who attend have a willingness to participate, to join and share with others. The program is “Person Centered” driven in order to support consumers as they fully experience life by providing opportunities for meaningful activities, exercising choice, building relationships and community partnership, provide learning and skill development opportunities to facilitate quality of life, honor individual choice and enhance “a life like everyone else”.

The CTN program offers not only activities within the domains such as holiday crafts, story time, working on motor skills, running a snack shop, working on letters and numbers, but it also has courses consumers can attend such as swimming, scrapbooking, horticulture at the Saginaw Zoo, cooking/baking, art class, music class, bowling, beauty shop, barber shop, photo club, woodshop, and Spanish. Activities at CTS include bowling, BBQ grilling, horticulture, painting, arts and crafts, and more. The courses change every 10 weeks so everyone has an opportunity to attend the courses they want to.

The Occupational (OT) and Physical Therapy (PT) services provided at these day programs focus on preserving and promoting the mobility and independence of participating individuals - this includes development of gross and fine motor coordination. Services also include sensory stimulation techniques to help maximize an individual’s ability to attend and participate in purposeful activities.

These programs encourage health and wellness by having the consumer involved with physical fitness activities every morning, community integration by going on several field trips and out to work sites, and consumer choice. Consumers can choose their activities every day that they would like to be involved in.

For more information on the CTN and CTS Day Programs, visit the SCCMHA website at www.sccmha.org.



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Celebrate **MENTAL HEALTH AWARENESS MONTH** with a Look Inside Saginaw Community Mental Health's Service Delivery Departments

By Melissa Lee, Saginaw MAX Social Marketing Coordinator



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Saginaw MAX System of Care is a proud partner of Saginaw County Community Mental Health Authority (SCCMHA), and has the honor of working closely together with the agency to serve the youth and families in our community with mental health challenges. While many people in the community have a general knowledge of the work that SCCMHA does, the complexity and variety of services and supports offered can be overwhelming to understand. Throughout this issue, in honor of Mental Health Awareness Month, we wanted to highlight a few departments at SCCMHA and share some of the hard work being done in an effort to build a happier, healthier, stigma

free community. The departments highlighted on the following pages are only a sampling of the many services and supports offered by SCCMHA. For a more comprehensive overview of services provided, please visit the SCCMHA website at www.sccmha.org.

SCCMHA is the local, separate governmental unit serving Saginaw County, a Community Mental Health Services Program (CMHSP), which provides and manages publicly funded specialty mental health and substance use disorder services.

SCCMHA is headquartered at 500 Hancock Street in Saginaw and provides numerous services including evaluations,

screenings, treatments and referrals. SCCMHA assists approximately 5,000 Saginaw County citizens each year.

Saginaw MAX System of Care was developed to help meet the unique needs of youth with complex emotional and behavioral challenges. It is a partnership of all the child- and family-serving agencies that can provide the necessary services to these youth. It is designed to provide tightly coordinated care — a system that maximizes resources, maximizes teamwork and maximizes results.

From Page 3, SCCMHA Autism Program

Supports Coordinators develop the person centered plan, visit individuals regularly, ensures the plan is being followed, and is the “hub”; linking, coordinating, advocating, monitoring, and assessing. The Psychologist performs diagnostic evaluations, completes cognitive and behavioral assessments, and performs annual re-evaluations.

The core of the program is the benefit of Applied Behavior Analysis allotted children and adults ages 18 months to 21 years that have the diagnosis and meet medical necessity criteria. Applied Behavior Analysis involves the principles of learning theory. That is, the contingent use of reinforcement and other important principles to increase behaviors, generalize learned behaviors, or reduce undesirable behaviors. This treatment is evidenced based, meaning there is research to support it works in changing developmental trajectories for individuals with autism spectrum disorder. Supports Coordinators assist individuals in facilitating the Applied Behavior Analysis treatment amongst 6 different providers across the county.



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The differences that have been seen after treatment are astounding. One child served didn't acknowledge you when you walked in the room, averted eye gaze, and was unable to be held. A short while after treatment, he was looking you in the eye and holding his arms up to be picked up. As you can see, our program strives to create opportunities for individuals with autism spectrum disorder. Also, to work towards SCCMHA's mission, embracing the potential each individual has.

For more information on the SCCMHA Autism Program, visit www.sccmha.org.

SCCMHA Psychological Services – Using Technology to Serve the Community More Effectively

By Dr. Ann Tadeo, Medical Director

Psychological Services at SCCMHA provides services and supports in the community far beyond therapy and medication management for mental health. We involve not just the consumer, but reinforce support systems they already have in place or help them build support systems if they don't have one available.

Psychological services at SCCMHA have also been utilizing GeneSight Testing as a tool in assisting our psychiatrists making decisions regarding medication management based on individual's DNA. This avoids the delay in treatment because of the “trial and error method”, starting one medication only to find out that the consumer is allergic or sensitive to it, or that one medication may be more effective than the other.

We have also integrated our care with Health Delivery, Inc., so our consumers' primary care provider and psychiatrists co-manage their health in a holistic approach - improving quality of care by addressing health problems without delay soon as they are recognized. The new Health Home at SCCMHA and the Pathways program have been clear indicators that SCCMHA is not just focused on mental health, but is also an advocate for physical health and wellbeing.

For more information on psychological services provided by SCCMHA, visit www.sccmha.org.

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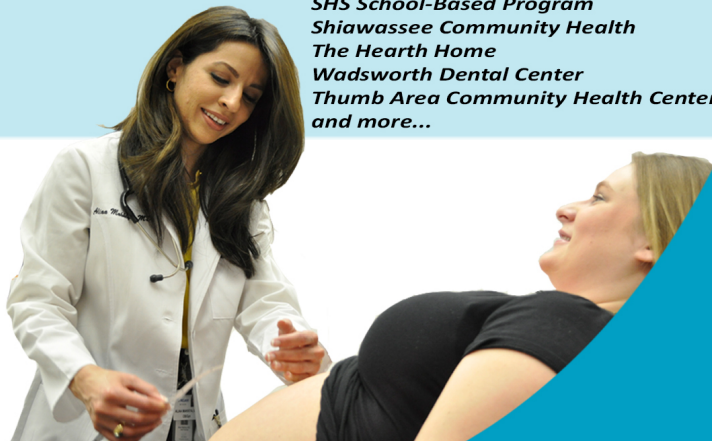
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SCCMHA Wellness Program – Addressing the Body, Mind and Spirit of Those We Serve

By Mary Baukus, Wellness Coordinator

The Saginaw County Community Mental Health Authority Wellness program is made up of Mary Baukus, MSW, LMSW, Wellness Coordinator. As part of the Wellness program, the Wellness coordinator receives additional support and contributions from an employee wellness committee that is made up of representatives from across the agency and also guidance from a Wellness Leadership team. Mary has been working in the mental health field for nearly twenty years and has been focusing specifically on wellness for the last four. The SCCMHA Wellness program has a focus that is based on the eight dimensions of wellness from the Substance Abuse and Mental Health Services Administration (SAMHSA).

The SCCMHA Wellness program

targets SCCMHA employee, network service provider, and consumer wellness with the goal of developing productive and healthy individuals as well as healthy environments, and increasing the adoption of healthy behaviors. Health and Wellness are key components of the SCCMHA strategic plan. The mission of the SCCMHA Wellness program is to promote health and wellness across the SCCMHA system by encouraging individuals to come together to build a community that will provide a foundation for effective mental and physical development.

For more information on the Wellness Program and educational opportunities, visit the SCCMHA website at www.sccmha.org.



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The **8** Dimensions of Wellness include:

Emotional -	Coping well with life and creating fulfilling relationships
Financial -	Satisfaction with current and future financial circumstances
Social -	Cultivating a sense of connection, belonging, and a well-honed support system
Spiritual -	Increasing our sense of purpose and meaning in life
Occupational -	Finding personal meaning and opportunity for growth with one's work
Physical -	Understanding the need for physical activity, healthy foods and sleep
Intellectual -	Identifying creative abilities and finding ways to grow knowledge and skills
Environmental -	Good health by spending time in pleasant, stimulating environments that support well-being



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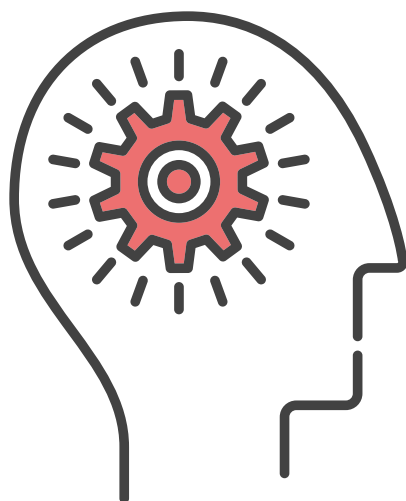


SCCMHA Continuing Education – Never Stop Learning, Never Stop Growing

By Dawn Heje, Continuing Education Supervisor

Continuing Education, one of the units within the Network Services & Public Policy Department at SCCMHA, directly provides initial and continuing education for SCCMHA's network of direct care, professional and support staff as well as monitors and oversees training and conference activities attended outside of SCCMHA.

The overall goal of the SCCMHA Continuing Education Unit is to support a highly competent workforce that serves people with behavioral health needs and developmental disabilities and to look for opportunities to combat the stigma surrounding mental illness in the Saginaw community.



For more information on the Continuing Education Department and upcoming available training opportunities, visit the SCCMHA website at www.sccmha.org.



Under the guidance of the Continuing Education Committee, the CE Unit coordinates and schedules:

- Case Management Core Skills Training
- Community Health Worker Training
- Direct Care Worker Group Home Training
- Substance Use Disorders and Substance Use Related Training
- Training on Chronic Health Conditions
- Sessions for those working with children and young adults
- Training in the area of supporting the LGBTQ population
- Supervisor Skill Enhancement Training
- Adult Mental Health First Aid and Youth Mental Health First Aid – Training for the Saginaw community and surrounding counties as well as law enforcement
- Trauma Informed Care Training



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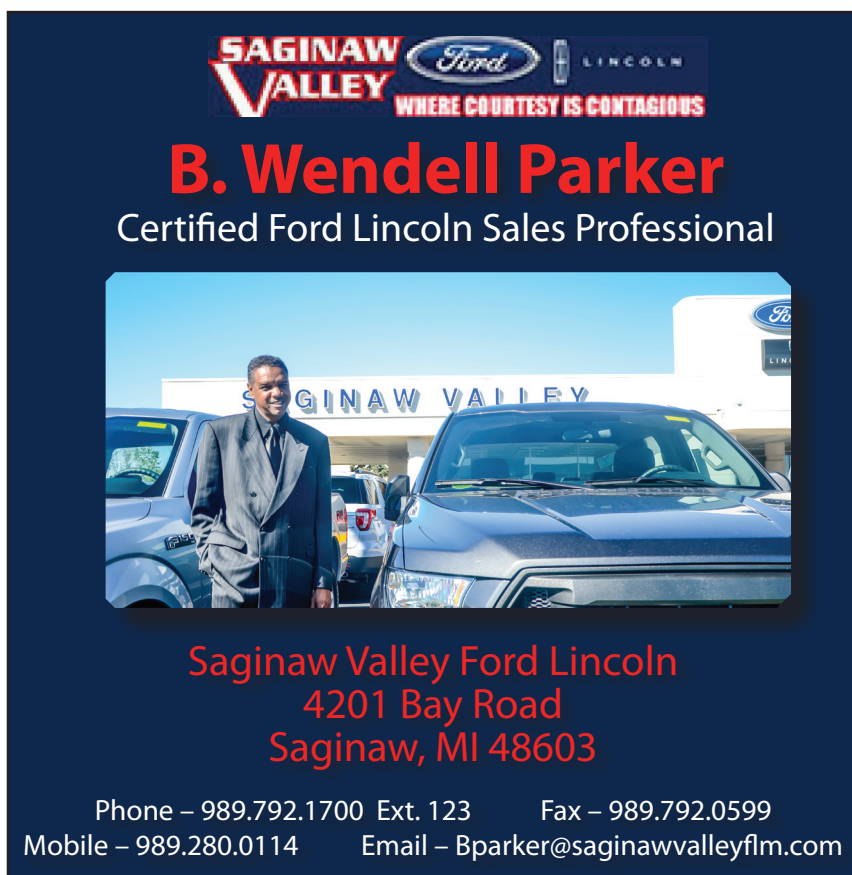
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Dylan Hernandez selected as the Student of the Year; Kierra Washington named 100th Student of the Month by Judge Marable

FLINT---67th District--Fifth (Flint) Division Judge Herman Marable, Jr. and his Citizens Advisory Committee announced that Dylan Hernandez of Flint has been selected as the Judge Marable Student of the Year for the 2014-2015 school year. Dylan, 17, is a current junior at Powers Catholic High School in Flint. He was selected by Judge Marable's Citizens Advisory Committee on the basis of his application and essay. It was also announced that the Student of the Month program has reached the milestone of the 100th student being selected--Kierra Washington. She is a sophomore at Flint Northwestern High School.

Dylan intends to pursue an engineering and business dual degree. His extracurricular activities include varsity soccer, National Honor Society, DECA business club, and engineering and business pre-college programs at the University of Michigan in Ann Arbor. In addition he volunteers with YMCA's Youth Volunteer Corps, mentors in YMCA's Y Safe Places, and participates in YMCA's Youth in Government. He is also a Kagle Leadership Scholar at Kettering University and in the Mott Foundation's Committed to Excellence and Opportunity program. In 2015 he spent a summer semester at Phillips Exeter Academy boarding school in New Hampshire and will attend a university boarding program in the summer of 2016.

Kierra, who is the Judge Marable Student of the Month for January 2016 is interested in becoming a veterinarian, and becoming a professional musician. She is involved in band, soccer, volleyball and bowling at school.

As a Judge Marable Student of the Year, Dylan receives a \$500.00 award, trophy, and certificate. His name has been engraved on a plaque on permanent display at the McCree District Courthouse. Kierra receives a \$75.00 award and will be in the running for 2015-2016 Student of the Year.

Judge Marable commented on the significance of these milestones; "When we started our program, there were those who thought it was a flash in the pan. I am happy to say that we have impacted the lives of over 100 young people in a positive way, and carried our message forward about the importance of focusing on education and career goals. Many of the kids we had in the beginning have moved on to successful careers and educational pursuits".

The Judge Marable Student of the Month/Year program was established in 2004 by Judge Marable and his Citizens Advisory Committee to encourage Genesee County high school students to focus on academic achievement and career goals. Each month during the school year (September-June) a 10th grade student is recognized and awarded

a \$75.00 prize, trophy, and certificate based on the completion of an application and essay about their career goals.

Tenth grade students who are city of Flint or Genesee County residents, or who attend public, charter, or private schools located in Genesee County are eligible to apply for the Judge Marable Student of the Month/Year Award.



Courtesy Photo - (l-r) Dylan Hernandez, Judge Herman Marable, Jr., Kierra Washington

Further information on the Judge Marable Student of the Month/Year Award and applications are available on line from www.judgemarable.net or from high school guidance counselors, principals, or from the office of Judge Herman Marable, Jr., Courtroom 1, 67th District Court, 630 S. Saginaw Street, Flint, Michigan 48502, Phone (810) 597-7795.

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"Disproportionality Rates for Children of Color in Foster Care," Technical Assistance Bulletin, May 2012

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FRANKENMUTH, MI—Special Days Camps, a nonprofit dedicated to providing traditional summer camp experiences to children with cancer and their siblings, is hosting the first annual Lip Sync Battle at the Frankenmuth River Place Shops on Saturday, May 21, 2016 from 4:00-8:00 p.m. Registration for performers, sponsorships, and volunteering opportunities are available on their website. Local celebrity, Johnny Burke will be the emcee for this inaugural event.

“Special Days underwrites the camping experience for all campers, and because Lip sync battles are really popular right now, our committee decided this would be a fun way to raise funds” said Frankenmuth resident Lynne Kindy, board member for Special Days Camps. “It is great because you don’t have to be a good singer, you just have to enjoy music and performing, while at the same time helping kids with cancer.”

“Singers” will compete in one of four categories, Youth (ages 12 & younger), Young Adult (age 13-17), Adult (18 & up), and Open (2 or more, any age). There is no fee to register to perform and the person with the most votes from the audience wins; votes can be purchased at the event for a \$1, or receive five votes with General Admission which is \$5.00. Props, costumes, and exciting performances are strongly encouraged.

For more information visit
<http://specialdays.camp/2016/03/2016-lip-sync-battle/>

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Cover Story | **Unleash Your Inner Artist at U Me Paint**



Courtesy Photo

Ms. Ray began her life's journey toward entrepreneurship in Saginaw, where she was born to Sheila Ray and Myron Thompson. Her village included teachers and administrators from Salina and Morley Elementary Schools, South Middle, Arthur Eddy, Arthur Hill and Buena Vista. She gives credit to the diverse experiences she had living and/or playing in all Saginaw neighborhoods, including the South Side, North Side, East Side, Bridgeport and Buena Vista. Kujuanna is proud of her Saginaw roots and believes that Saginaw is a nesting ground with unlimited potential. She has returned to Saginaw after many years in the corporate world, to raise her twin sons, Myles and Myron Murray, in the nurturing environment that influenced her in many positive ways.

Kujuanna believes that art is a way of expressing one's emotions. She grew up with her brother Myron, who tended to act out

her emotions for her. When he was violently murdered, she was forced to address her emotions without his assistance. As children, they were inseparable. They often dreamed of collaborating to meet the needs of people in the Saginaw community. Myron often told Kujuanna to stay away from "dream killers". She took his advice when she moved back to Saginaw, despite recommendations from some of her friends to launch her idea in a more metropolitan area. Kujuanna was determined to give back to the community that means so much to her. The process has not been easy, but she believes that God has called her to bless the Saginaw community with U Me Paint. She credits her strength and perseverance to her faith in God.

Ms. Ray's spiritual roots run deep in the community, having grown up in the New Mount Calvary Baptist Church under the leadership of her grandfather, the late Pastor M.T. Thompson. Later, she attended Coleman Temple COGIC, prior to moving away to attend college. Kujuanna became a member of Perfecting Church - Pastor Marvin L. Winans. She graduated from School of Ministry from Perfecting Church and served as the Youth Pastor's Assistant and founded GAA Youth Step Team. She traveled as the armor bearer to Elect Lady Miranda Faye Pope; it is here Kujuanna learned that the Spirit of Excellence should rest in everything you do.

Ms. Ray is now a member of Saint Paul Baptist Church and serves the Youth Department and Women of Excellence. She has been a member of Sigma Theta Sorority Inc. for more than 20 years and recently joined the Saginaw Alumni Chapter. She is also a member of Great Lakes Bay Region Women in Leadership.

She was raised to love the Lord and be a servant of God, and she is teaching her sons the same lessons. She graduated from Buena Vista High School and Oakland University, where she received a Bachelor of Science in Human Resources with a Labor Relations minor. While working in corporate America, she was introduced to the Paint & Sip Industry. As a human resources professional, she began to conceptualize various ways that employers and employees could benefit from a place that could be used by teams to mix and mingle, foster employee engagement, as a form of team building as well as providing creative therapeutic stress relief (knowing that stress is the #1 reason for low productivity, low employee morale, and poor attendance). Her entrepreneurial spirit kicked in and U Me Paint was born!

Kujuanna is the recipient of the Saginaw Soup Award, a competition for entrepreneurs through SEDC and Saginaw Future and was featured on Soul Issue hosted by Linda Holoman, and in the Saginaw News. She is excited about the encouragement and support that she has received from the Saginaw community, as she works to fulfill her purpose –to improve the quality of life for people in the Saginaw community. She often states, "Saginaw is the hub for brilliance and the land of opportunity."

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Tri-Star Trust Bank Welcomes New Employee!



Courtesy Photo

MIDLAND, Mich. - Tri-Star Trust Bank welcomes Katie Young to its Midland office location. Young joins the Tri-Star team as Receptionist for the Midland office. Prior to coming to Tri-Star, she served as a Receptionist for the Professional Educational Services Group and also as a Paraprofessional aide to students of special needs in Midland County.

Young received her Bachelor of Business Administration magna cum laude from Northwood University, with

an emphasis in business management.

She is currently pursuing her Master Gardener Certification through the Michigan State University Extension in Flint, with which she hopes to use to do more extensive volunteer work in Midland County and sharing her passion for the environment.

Originally from Farmington Hills, Young has lived in Midland with her family for the past four years. She enjoyed her time working at the former Hamilton Pastries and is glad to be back on Main Street. Young had this to say about joining the Tri-Star team, "I look forward to becoming a more active member of the Midland community working at Tri-Star." In her spare time, Young enjoys gardening, cooking, and traveling to all 50 states.

For more information, please contact Larry Preston at (989) 492-7620 larrypreston@tristartrust.com

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DEPARTMENT OF PUBLIC HEALTH

Committed to Buena Vista Township

More than just a plan...
TRUSTED LEADERSHIP • PROVEN EXPERIENCE

The Protector of Buena Vista Charter Township
Dwayne Parker is the eyes, ears and voice of Buena Vista Township. He works hard to get results, and that shows in his accomplishments. When townships, cities and school districts were going under, Dwayne Parker has kept BVCT protected, financially solvent and safe.



Dwayne Parker DEMOCRAT
Buena Vista Charter Township
SUPERVISOR

Paid for by the Committee to Re-Elect Dwayne A. Parker • 2910 Arlington Drive, Saginaw, MI 48601

Dwayne Parker Buena Vista Charter Township SUPERVISOR

**PLEASE VOTE
Tuesday, August 2**

Bold Action... Big Impact!

Campaign Accomplishments


- ★ Ushered in the Arlington & Rheinbold District new drain and road project.
- ★ Founder of Buena Vista Charter Township "Shoes that Fit" Chapter - now in its 6th year. Responsible for donating over 2,500 new pairs of shoes to Buena Vista Charter Township children.
- ★ Co-founder of the monthly Senior Citizen Pancake Breakfast.
- ★ Created the "Fight the Blight" and Habitat for Humanity partnership. Addressing the abandon house and home rehabilitation issue with Saginaw County Land Bank. Over 175 houses demolished and 65 home improvements since 2013.
- ★ Founder of the Buena Vista Business Association (BVBA) and author of the "Buy BV First" initiative. Established www.buybvfirst.com.
- ★ Secured the remaining lot of Buena Vista high school sports trophies and memorabilia from decay and looters.

"When other board authorities were going under, I have kept Buena Vista protected and safe."

Experienced, Dedicated and Ready to Serve

ELECT
Barbara A.
Montgomery
for
Buena Vista Township
Clerk

"More than 10 years experience"
Vote Tuesday August 2, 2016




Paid for by the committee to elect Barbara A. Montgomery 1601 Prueter Rd 48601

VOTE TO ELECT

GREGORY K. CARTER
Buena Vista Charter Township Clerk

VOTE TUES. AUGUST 2ND

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POLITICS & PUBLIC POLICY

Gov. Rick Snyder signs legislation increasing penalties for intentionally damaging traffic control devices



Courtesy Photo - Gov. Rick Snyder

LANSING, Mich. – Higher penalties are now in place for the intentional destruction or removal of traffic control devices under legislation signed today by Gov. Rick Snyder.

“The safety of all motorists is critically important, and this bill helps to deter vandalism to traffic control devices by increasing the penalties for repeat offenses,” Snyder said.

HB 4187, sponsored by state Rep. Fred Durhal, strengthens penalties for the intentional damage, destruction or removal of a traffic control device by increasing the fine amount for repeat offenses by adding a tiered-misdemeanor. It is now Public Act 111 of 2016.

Snyder also signed five additional bills: Senate Bill 331, sponsored by state Sen. Rick Jones, will reduce the resale of stolen tires and wheels by requiring commercial buyers to track

purchases. In addition, parts dealers may not purchase these items with cash. It is now PA 112.

House Bill 4793, sponsored by state Rep. Peter Lucido, requires that petition filings and clinical certificates in situations when a person seeks to have someone committed by a court for mental health treatment must be held by the court as a confidential record. It is now PA 113.

HB 4636, sponsored by state Rep. Bruce Rendon, amends the Insurance Code to allow self-service storage facilities to offer insurance to their customers without an insurance producer license. It is now PA 114.

HB 5278, sponsored by state Rep. Ben Glardon, gives the drain commissioner and intercounty drain drainage boards equal ability to assess charges for preliminary costs when projects are terminated before they are completed. It is now PA 115. HB 5163,

sponsored by state Rep. Kurt Heise, repeals the Urban Land Assembly Act and requires the State Treasurer to transfer all money in the Urban Land Assembly Fund to the Land Bank Fast Track Fund, closing the Urban Land Assembly Fund. The Michigan Land Bank promotes economic growth through the acquisition, assembly and disposal of public property, including tax reverted property, in a coordinated manner to foster the development of that property, and to promote and support land bank operations at the county and local levels. It is now PA 116.

For more information on this and other legislation, please visit www.legislature.mi.gov.

SHERIFF WILLIAM L. FEDERSPIEL

Endorsed By:

Saginaw County Commissioners

Michael J. Hanley
Cheryl M. Hadsall
Katie A. Kelly
Kirk W. Kilpatrick
Susan A. McInerney
Carl E. Ruth
Chuck Stack
James G. Theisen
Robert Woods Jr.

Saginaw County Register of Deeds

Mildred M. Dodak

Saginaw County Prosecutor

John McColgan

Saginaw County Public Works Commissioner

Brian Wendling

Saginaw County Treasurer

Timothy M. Novak

United Association Local 85



KEEP FEDERSPIEL SHERIFF

Keep our Community Safe

	2009	2010	2011	2012	2013	2014	2015	% Decrease
Weapons Offenses	8	11	21	15	12	13	9	57.1 over four years
Drunk Driving	175	195	166	139	125	130	90	53.8 over five years
Burglary	111	114	150	117	92	79	70	53.3 over four years

(Source: Michigan State Police-State Records Management)

Success. Shared.



MOBILIZING
YOUR
WORLD™



NON-PROFIT DIRECTORY

CAN Council Saginaw County

1311 N. Michigan Avenue
Saginaw, MI 48602
(989) 752-7226 / fax (989) 752-277
www.cancouncil.org

The Ezekiel Project

ezeielprojectnow@yahoo.com
P.O. Box 3470
Saginaw, MI 48605-3470
Phone: 989-755-1620
Fax: 989-755-4038

Good Neighbors Mission

1318 Cherry Street
Saginaw, MI 48601
989-399-9918

Great Lakes PACE

3378 Fashion Square Blvd.
Saginaw, MI 48603
Phone: 989 272-7610
Fax: 989 272-7669
Website: www.greatlakespace.org
jdarby@greatlakespace.org

Health Delivery, Inc.

501 Lapeer Ave.
Saginaw, MI 48607
989-759-6400
Houghton-Jones Task Force
1708 Johnson Street
Saginaw, MI
989-752-1660

Lighthouse Outreach Center

808 Janes Street
Saginaw, MI 48601
989-928-9096

Mobile Medical Response

834 S. Washington Ave.
Saginaw, MI 48601
989.758.2900

Michigan Banner Outreach

1400 W. Genesee
Saginaw, MI 48602
989-714-2240

Pit and Balcony Theatre

805 N. Hamilton
Saginaw, MI 48602
www.pitandbalconytheatre.com
989-754-6587
pitandbalconytheatre@yahoo.com

**Public Libraries of Saginaw
Butman-Fish, Hoyt, Wickes & Zael
Libraries**

505 Janes Avenue
Saginaw, MI 48607
989-755-0904
www.saginawlibrary.org

Restoration Community Outreach

1205 Norman
Saginaw, MI 48601
(989) 753-1886 / fax (989) 753-2880
Email: rcosag@yahoo.com

**Saginaw County Business &
Education Partnership**

1213 South Washington Ave.
Saginaw, MI 48601
989.399.0016

**Saginaw County Community
Action Agency, Inc. (CAC)**

2824 Perkins Street
Saginaw, MI 48601
989-753-7741

**The Saginaw Community
Foundation**

1 Tuscola, Suite 100
Saginaw, MI 48607
989-755-0545

Women of Colors

P.O. Box 5525
Saginaw, MI 48603
989-399-9275 or 989-737-9286

Saginaw-Shiawassee Habitat for Humanity Welcomes All!



Saginaw-Shiawassee
**Habitat
for Humanity®**

Habitat has an open-door policy: All who desire to be a part of this work are welcome, regardless of religious preference or background. We have a policy of building with people in need regardless of race or religion. For more information please visit www.sshfh.org.

*"Therefore welcome
one another as
Christ has
welcomed you, for
the glory of God."
— Romans 15:7*



FAITH BASED DIRECTORY

Bethel AME Church

Pastor P. David Saunders
535 Cathay St.
Saginaw, MI 48601
(989) 755-7011

Bread of Life Harvest Center

Senior Pastor Rodney J. McTaggart
3726 Fortune Blvd.
Saginaw, MI 48603
(989) 790-7933

Christ Disciples Baptist Church

Founder Pastor Eddie Benson
Pastor Genevieve Benson
3317 Lapeer Street
Saginaw, MI 48601
(989) 754-2444

Christ Fellowship Baptist Church

Rev. Robert Davis, Jr.
818 N. Washington Ave.
Saginaw, MI 48601
989.754.4435
PastorD818@gmail.com

Corinthian Baptist Church

Pastor Roy L. Manning
104 S. 10th St.
Saginaw, MI 48601
(989) 754-1820

Faith Harvest Church

Bishop Ronald E. Chipp
1734 N. Mason
Saginaw, MI 48602
(989) 799-4200
Website: www.faithharvestministry.org
E-mail: office@faithharvestministry.org

Grace Chapel Church

Pastor James Nelson
2202 Janes Ave.
Saginaw, MI 48601
(989) 755-3212

Greater Williams Temple

Bishop H.J. Williams
4095 Windmere Dr.
Saginaw, MI 48603
(989) 755-5291

Jacob's Ladder

Pastor Dempsey Allen
1926 Fairfield Street
Saginaw, MI 48602
(989) 799-6601

Life in Christ Ministries

Pastor Dennis Cotton, Sr.
2915 S. Washington Road
Saginaw, MI 48601
(989) 401-4465
LifeInChristMinistries07@gmail.com

Messiah Missionary Baptist Church

2615 Williamson Road
Saginaw, MI 48601
Pastor Otis Washington
Phone: (989) 777-2636
Fax: (989) 777-2640
E-mail: messiahmbc@att.net
Website: www.messiahsag.org

Mt. Olive Baptist Church

Pastor Marvin T. Smith
1114 N. 6th Street
Saginaw, MI 48601
(989) 752-8064

New Beginnings Life Changing Ministries

Pastor Otis Dickens
2312 S. Washington Ave.
Saginaw, MI 48601
(989) 755-3650

New Birth Missionary Baptist

Pastor Larry D. Camel
3121 Sheridan
Saginaw, Michigan
989.327.1755

New Covenant Christian Center

Pastor Ron Frierson
523 Hayden
Saginaw, MI
752-8485

New Hope Missionary Baptist Church

Rev. Dr. Willie F. Casey
1721 Tuscola Street
Saginaw, MI 48601
(989) 753-7600

New Life Baptist Church

Pastor Rufus Bradley
1401 Janes St.
Saginaw, MI 48601
(989) 753-1151

New Mt. Calvary Baptist Church

Pastor Alfred "AJ" Harris Jr.
3610 Russel St.
Saginaw, MI 48601
(989) 754-0801

Ninth Street Community Church

Pastor William L. Scott Jr.
Assistant Pastor Rex Jones
1118 N. 9th Street
Saginaw, MI 48601
(989) 752-7366

Prince of Peace Baptist Church

825 North 24th Street
Saginaw, MI 48601
(989) 754-2841
Pastor Robert B. Corley Jr.

St. John Ev. Luthern Church

Pastor Connie Sassanella
915 Federal Avenue
Saginaw, MI 48607
Phone: (989) 754-0489
Worship: 9:30 AM
stjohnluthernelcasaginaw.weebly.com

Saginaw Valley Community

Pastor Richard Sayad
3660 Hermansau
Saginaw, MI 48603
(989) 752-4769

St. Lukes CME Church

1121 Tusola
Saginaw, MI 48607
(989) 755-0351

The Potters Touch Ministries

Pastor Kareem J. Bowen
1402 North 6th Street
Saginaw, MI 48601
(989) 755-48601
[facebook.com/ThePottersTouch](https://www.facebook.com/ThePottersTouch)

Transforming Life Ministries

Pastor William Brown
3024 South Washington Avenue
Saginaw, MI 48601-4353
(989) 754-9573

True Vine Baptist Church

Pastor Paul E. Broaddus
2930 Janes Street
Saginaw, MI 48601
(989) 752-0751

Victorius Believers Ministries Church

Rev. Christopher V. Pryor
624 S. Outer Dr.
Saginaw, MI
(989) 755-7692

Wolverine State Baptist Convention

615 S. Jefferson Ave.
Saginaw, MI 48607

World Outreach Campus of Greater Coleman Temple Ministries

Supt. H.J. Coleman Jr.
2405 Bay Rd.
Saginaw, MI 48602
(989) 752-7957

Zion Missionary Baptist Church

Pastor Rodrick Smith
721 Johnson
Saginaw, MI 48607
(989) 754-9621

OBITUARIES AND MEMORIALS

To Celebrate a life Call 989.753.3475, or email themichiganbanner@gmail.com

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Connecting Families, Schools, and Communities

Promoting Early Childhood Social and Emotional Learning and Development

Promoting Positive Mental, Emotional And Behavioral Health

Substance Use Prevention and Health Promotion

Creating Safe Schools



Safe Schools Healthy Students



Lisa Coney
Project Manager

Saginaw Public Schools Safe Schools/Healthy Students Initiative is dedicated to collaborating with community partners to promote, implement and sustain safe and healthy schools and communities that support student success.

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Florence Alexander
Saginaw, Michigan

Inspiring servant leaders for future generations.

As a senior awaiting graduation from SVSU, Florence Alexander says she couldn't feel more excited and prepared for the challenges that lie ahead. "The passionate faculty, students and staff have challenged me and allowed me to make a huge impact in the local communities," she said. "I have had the privilege of becoming a mentor for the Saginaw Community Foundation's Youth First program, which provides Saginaw County's at-risk youth with dozens of recreational and development programs. I am also able to help the Saginaw community through my involvement with Project Safe Neighborhoods, a federally funded national initiative to reduce violent crimes. These experiences have inspired me to travel the world and explore ways to advocate equality and acceptance."

We inspire each other to embrace a strong culture of growth and opportunity at SVSU.

